

## CURRICULUM VITAE

**NAME** WAHLQVIST, Mark Lawrence

**DATE OF BIRTH** 5 February 1942

**NATIONALITY** Australian

**MARITAL STATUS** Married, with two children

### DEGREES

1963 BMedSc(Hons)(Adelaide)

1966 MB, BS (Adelaide)

1970 MD(Adelaide) for the thesis 'Arterial wall metabolism and atherogenesis'

1972 MD(Uppsala) for the thesis 'Substrate and hormone inter-relationships in human myocardial metabolism'.

### DIPLOMAS

1975 MRACP (*Member, Royal Australasian College of Physicians*)

1978 FRACP (*Fellow, Royal Australasian College of Physicians*)

1982 FAIFST (*Fellow, Australian Institute of Food Science & Technology*)

1988 FACN (*Fellow of American College of Nutrition*)

1993 FAFPHM (*Fellow, Australasian Faculty of Public Health Medicine*)

2002 FSTE (*Fellow, Australian Academy of Technological Sciences & Engineering*)

### AWARDS

Charlotta Medal, Sweden, 1994

Australian Institute of Food Science & Technology – Food Industry Innovation Award, 1998

Officer of the Order of Australia (AO), Australia Day, 26<sup>th</sup> January 2000

Life Honorary Member, British Nutrition Society

### APPOINTMENTS

1966 Resident Medical Officer, Royal Adelaide Hospital

1967 Research Assistant, Department of Physiology, University of Melbourne

1967-1969 Tutor in Physiology, University College, University of Melbourne

1968-1970 Research Fellow, National Heart Foundation of Australia, Department of Physiology, University of Melbourne.

1970-1971 Overseas Research Fellow, Life Insurance Medical Research Fund of Australia & New Zealand, King Gustaf Research Institute, Karolinska Hospital, Stockholm, Sweden.

1971-1972 Research Fellow, Department of Geriatrics, University of Uppsala, Sweden.

1972 Visiting Fellow, Department of Clinical Science, John Curtin School of Medical Research, Australian National University.

1973-1975 Honorary Fellow and Registrar, Department of Clinical Science, Australian National University, Canberra Hospital.

1975 Physician to the Diabetic Clinic, Endocrine Department, Woden Valley, Hospital, Australian Capital Territory.

1976-1977 Senior Lecturer, Department of Medicine, Monash University, Prince Henry's Hospital, Melbourne.

- 1976- Visiting In-patient and Out-patient Physician, Prince Henry's Hospital, Melbourne.  
Diabetic Physician and Lipid Clinic Physician, Prince Henry's Hospital, Melbourne.  
Physician, Clinical Nutrition & Metabolism Unit, Prince Henry's Hospital and  
Monash Medical Centre, Melbourne
- 1978-1987 Foundation Professor of Human Nutrition, Department of Human Nutrition, Division  
of Biological and Health Sciences, Deakin University, Geelong, Victoria, Australia.
- 1978- Consultant Physician (Endocrine and Diabetes), Prince Henry's Hospital, Melbourne.  
1978-1982 Consultant Nutritionist, Alcoa of Australia.
- 1979- Honorary Consulting Physician, Geelong Hospital, Geelong, Victoria.
- 1979-1986 Clinical Teacher, Faculty of Medicine, Monash University.
- 1979-1986 Associate, Department of Medicine, Monash University, Melbourne.
- 1980- Consultant Nutritionist, ADAB, Department of Foreign Affairs, Australian  
Government.
- 1982-1986 Chairman, Dietitians Board of Victoria.
- 1982- Director, Clinical Nutrition & Metabolism Unit, Prince Henry's Hospital.
- 1982-1996 Consultant Physician, Bethlehem Hospital, Melbourne
- 1983-1986 Honorary Senior Associate, National Research Institute of Gerontology & Geriatric  
Medicine, Melbourne.
- 1983- Honorary Clinical Nutritionist, Bethlehem Hospital, Melbourne.
- 1985-1987 Director, Deakin Institute of Human Nutrition.
- 1987-2002 Professor of Medicine, Monash University, Melbourne.
- 1987- Honorary Consultant Physician, Little Company of Mary Hospital, Melbourne
- 1987-1994 Chairman, Division of Medicine, Monash Medical Centre Hospital
- 1990- Professorial Associate, Deakin Institute of Human Nutrition
- 1994-1996 Visiting Professor, Department of Medicine, Faculty of Medicine, University of  
Indonesia
- 1999-2002 Associate Dean, International Health and Development, Faculty of Medicine,  
Monash University
- 1999- Chair, Asia Pacific Health and Nutrition Centre, Monash Asia Institute, Monash  
University, Melbourne, Australia
- 1999- Chair, FAO (*Food & Agriculture Organization of UN*) Centre of Excellence, Monash  
University
- 2002- Professor, Health & Behavioural Sciences, Deakin University
- 2002- Visiting Professor in Food Science, Biotechnology & Environmental Engineering,  
Hangzhou University of Commerce, China.
- 2003- Honorary Professor, Epidemiology & Preventive Medicine, Faculty of Medicine,  
Monash University
- 2005- Visiting Professor in Medicine, Zhejiang University, Zhejiang Province, China

**OCCASIONAL PAPERS**

1. Wahlqvist ML. The role of nutrition education in the realisation of a nutrition policy, for Australia. In: Towards a national nutrition policy. Aust.Assoc.Diet./Diet. Ass. NSW, 1978; 43-50.
2. Wahlqvist ML. Diabetes and lipids. Diabetes Foundation (Victoria) Symposium 'Diabetes Education', Melbourne, 3 November 1979.
3. Rogers J, Truswell AS. & Wahlqvist ML. Dieting. Choice (Journal of the Australian Consumers Association), June 1979; pp182.
4. Wahlqvist ML. Diagnosis and management of hyperlipidaemia. P 47 in Recent Advances in Internal Medicine : Endocrinology, Diabetes and Metabolism for Physicians. Royal Aust. College of Physicians, Prince Henry's Hospital, Melbourne, October 1980.
5. Wahlqvist ML. Towards a slimmer Australia - The dimensions of obesity. Culinary News, Journal of the Australian Guild of Professional Cooks Ltd. 1981; 1(1).
6. Wahlqvist ML. Towards a slimmer Australia - The dimensions of obesity. Proceedings H.B.A. Symposium, Melbourne, June 1981.
7. White S & Wahlqvist ML. Questions about nutrition : An interview with Professor Mark L. Wahlqvist. Social Biology Resources Centre Bulletin 1981; 5(3/4):2-3.
8. Wahlqvist ML. Changes needed in the Australian Diet. Impulse, Winthrop Laboratories, Sydney, 1982; 21(14):1.
9. Wahlqvist ML. Dietary affluence in Medical students? Monash University, Department of Social & Preventive Medicine, 2nd year MB, BS, 1982.
10. Wahlqvist ML. Dietary influences on dental caries -diet and general health. In Proceedings Diet and Dental Caries Symposium, Department of Conservative Dentistry, University of Melbourne, May 1982.
11. Wahlqvist ML. Food for the diabetic. Diabetes Conquest, pp 21-23, January 1982.
12. Wahlqvist ML. Pp 74-81 in Is there life after processing? Proceedings Food Forum 82: Exploring the nutritional virtues of processed food. Surfers Paradise, Queensland, 9-12 May 1982.
13. Wahlqvist ML. Myths and controversies -Nutrition, health and disease. Australian Nutrition Foundation/Victorian Medical Postgraduate Foundation course 'Nutrition in Medical Practice', Melbourne, 17-18 July 1982; pp311.
14. Wahlqvist ML. Nutritional aspects of disease. Prince Henry's Hospital, visit University of Southern California Internists, Melbourne, 1982.
15. Wahlqvist ML. Nutritional considerations in the use of softdrinks. Proceedings Aust.

- Council of Soft Drink Manufacturers, 36th Annual Conference, Melbourne, September 1982; pp36-43.
16. Wahlqvist ML & Flint-Richter DM. Nutritional problems in the long term care of elderly Australians. Proceedings Annual State Conference on extended Care, Ballarat, Health Commission of Victoria, November, 1982.
  17. Wahlqvist ML. Nutritional value of nuts. Victorian Nut Grower: Technical report series December 1982; pp1-9.
  18. Wahlqvist ML. Should Australians change their diet? Proceedings Seminar Early Diagnosis of Bowel Cancer, Colo-rectal Project, Concord Hospital, Sydney, 1982; pp5-8.
  19. Wahlqvist ML. Diet during pregnancy and lactation. Nursing Mothers of Australia Seminar, Breast Feeding - The Natural Beginning. Melbourne, 15 October 1983.
  20. Wahlqvist ML. Diets, vitamins and all that junk! Proceedings Update in Gastroenterology, Melbourne, July 1983.
  21. Wahlqvist ML. Human nutrition for pharmacists in Australia - an overview. Keynote address to the Pharmaceutical Society of Australia (Victorian Branch), Nutrition Course, Melbourne, 19-23 February 1983.
  22. Wahlqvist ML. Alcohol consumption and blood pressure. March 1984.
  23. Wahlqvist ML. Allied health professionals and nutrition and the Australian community. Address, Prince Henry's Hospital, Melbourne, 25th July 1984.
  24. Wahlqvist ML. Dietary guideline No-Noes-Fat, Sugar and Salt - A nutritionist's viewpoint. Pp. 14-18 in Agriculture & Human Nutrition. Eds. H. Glasson & R. Wise. Department of Agriculture, New South Wales, 1984.
  25. Wahlqvist ML. Fruit and Nut Trees and Nutrition. Pp 21-35 in Tree Crops - 84. Growing Up. Ed. N. Oates. Proceedings of the 2nd Australasian Conference on Tree and Nut Crops. University of Melbourne, Victoria. August 1984.
  26. Dennis P & Wahlqvist ML. Nutritional and biochemical aspects of alcohol and related disease. Lecture Five in Grand Rounds 1983. Ed. Shirley Roberts. Prince Henry's Hospital, Melbourne, 1984.
  27. Wahlqvist ML. Nutritional management of diabetes. Presented at The Prince Henry's Hospital An Evening of Diabetes, Melbourne, 27 March 1984.
  28. Wahlqvist ML. Nutrition and Diabetes. Care 45. Journal of St. Andrews Hospital, East Melbourne 1984.
  29. Wahlqvist ML. Nutrition towards 2000 : An educationist's view. Food Forum 84, Brisbane, June 1984.
  30. Wahlqvist ML. Diet and Obesity. In update in Gastroenterology. Gastroenterological Society of Australia, Canberra, September 1985.

31. Wahlqvist ML. Vitamins and food fads: Facts and fallacies. Gastroenterological Society of Australia, Canberra, September 1985.
32. Wahlqvist ML. Eggs, Nutrition and Health. - The Australian View. Proceedings of Fifth Australian Egg Industry Review, Day, Melbourne, May 1985.
33. Wahlqvist ML. Ethics in Health Research, Training and Care : A Personal View. Pp. 1-4 in Forum on the Role of the Ethics Committee. Deakin University, Office of the Vice Chancellor, June 1985.
34. Wahlqvist ML. Food intake, in Australian society-Anorexia and obesity. Pp. 3-6 in Anorexia and Obesity. The University of Melbourne, Faculty of Medicine, continuing medical education program, May 1985.
35. Wahlqvist ML. How to make good decisions about diet and arthritis. Pp. 4-5 in News Reviews, Journal of the Arthritis Foundation of Victoria, November 1985.
36. Wahlqvist ML. How to measure obesity. Update in Gastroenterology. Gastroenterology Society of Australia, Melbourne, October 1985.
37. Wahlqvist ML. Leave it to the diet. Interview. Pp. 1-2 in The Vitamin Debate ... a balanced view. Australian Doctor, 4th April 1985 (suppl.).
38. Wahlqvist ML. Nutrition. Interview. Pp. 29-30 in Extra. The HBA Magazine of Healthy Living, April 1985.
39. Wahlqvist ML. Nutritional pathways to coronary heart disease and their management. Prince Henry's Hospital Week, Melbourne, August 1985.
40. Wahlqvist ML. You should consider a nutritional assessment. Interview. P. 8 in The Vitamin Debate ... a balanced view. Australian Doctor, 4th April 1985 (suppl.).
41. Wahlqvist ML & Briggs DR. What's in Food? Update in Gastroenterology. Gastroenterology Society of Australia, Melbourne, October 1985.
42. Crotty PA & Wahlqvist ML. Nutritional assessment and management of obesity. Pp 19-32 in Nutrition '85 - Facts, Fads & Fallacies. Readings in Pathology 1985, Series 2. Macquarie Pathology Services, Sydney, 1985.
43. Wahlqvist ML. Current Issues in Human Nutrition. Pp 22-25 in Home Economics in an Information Society. Home Economics Association of Australia Inc. 8th Triennial Conference, January 1986.
44. Wahlqvist ML. Starvation and Obesity. Lecture at University of Melbourne, Physiological aspects of nutrition and metabolism, Department of Physiology, 1986.
45. Wahlqvist ML. Vitamin Supplements: Safety and Toxicity. Report to the Therapeutics Goods Compliance Branch, Commonwealth Department of Health, Canberra, 1986.
46. Wahlqvist ML. Nutrition. Personnel Today. Institute of Personnel Management Australia,

Incorporating Victorian Division, May 1987.

47. Wahlqvist ML. Restaurant Review in The Age "Good Food Guide ". Ed. C. Forell and R. Ehrlich 1987/88."
48. Wahlqvist ML. Dieting can be dangerous. *Dance Australia* 35 : April -May 1988.
49. Wahlqvist ML, Kouris A. Health Eating in Later Life. In: University of the Third Age. First National Conference Life-Long Learning. University of Melbourne, 22-23 August 1988.
50. Wahlqvist ML. Nutrition and vascular disease in the elderly. In: Health Management of the Elderly. National Heart Foundation of Australia, 1988; pp5-6.
51. Wahlqvist ML. Food & Nutrition in Development. In: D Goldsworthy, ed. Development studies in Australia: Themes & Issues. Monash Development Studies Centre, 1988; pp123-126.
52. Wahlqvist ML. A prudent and lipid lowering way of eating. *The Chinese Australian* 1989; 1(1): 30-31.
53. Wahlqvist ML. Dietary Fibre in health and disease: "How and how much dietary fibre should we eat?" Proceeding Nutrition Update Symposium, Westmead Hospital, Sydney, October 1989, Modern Medicine of Australia Pty Ltd, pp 82-85.
54. Wahlqvist ML. Decision Making in the Investigation and Management of Hyperlipidaemia. Encapsulator, 1991.
55. Tienboon P, Wahlqvist ML, Rutishauser IHE. Determinants of fatness and coronary risk factor status at adolescence. *Heinz Sight* 1991; 34.
56. Danforth E, Wahlqvist M, Dwyer T. Weight Management: New Directions. *Clinical Update*, No.1, July 1991.
57. Wahlqvist ML. The thinking diner's guide to good diet. Spring 1991.
58. Wahlqvist ML. "Nutrition and Ageing-Food Habits in Later Life" - History of the "International Union of Nutritional Sciences (IUNS)" cross-cultural project "Food Habits and Health in Later Life". IUNS Annual Report, 1991.
59. Wahlqvist ML. Food variety the new health flavor. *Australian Dr Weekly* 1992.
60. Wahlqvist ML. Lifestyle issues in nutrition. Eating away from home. *Australian Dr Weekly*. Nutrition Today, March 1992.
61. Wahlqvist ML. Dishing up the past in a new Australia. *Time*, 22 June 1992.
62. Wahlqvist ML. Variety the spice of life. National Heart Foundation of Australia, June 1992 Issue No.7.
63. Helman T, Wahlqvist ML and Lukito W. Nutrition in the elderly. Part I:Diagnosis. *Family Physician* 1992; 21(10).

64. Wahlqvist ML. Changes in macronutrient intake and eating patterns over the last 50 years, consequences for body fatness, and implications for clinical management. *Treating Eating Patterns Nutrition and Overweight*, Issue 6, Servier Laboratory (Aust) Pty Ltd, 1991; pp 15-19.
65. Wahlqvist ML. Food Variety and coronary heart disease. "Nutrition News" National Heart Foundation Australia.
66. Wahlqvist ML. Consultant's review of the submission of Roche Products Pty Ltd. National Food Authority 1993; pp 146-154.
67. Wahlqvist ML. The Ageing Man - Nutritional & Metabolic Perspective. Topics in Men's Health Seminar, Melbourne, April 1993.
68. Wahlqvist ML. Report for the WHO Anthropometry Sub-committee on the elderly studies on anthropometry and aging. World Health Organisation 1993.
69. Wahlqvist ML. Clinical Nutrition as a discipline and cardiovascular disease. *Heartbeat* 1993; 1: 4-6.
70. Wahlqvist ML. Traditional, functional and medical food: a view of the draft revised Australian Standards on Vitamins and Minerals. *In Touch* 1993; 10(4): 1 & 3.
71. Wahlqvist ML. Chinese & Health in Australia: A personal view. Chinese Health Foundation 1994.
72. Specht RL and Wahlqvist ML. A minority within a minority - Duderstadt Emigrants. Proceedings of 7th Australasian Congress on Genealogy and Family History, University of Queensland, Brisbane, Queensland, Australia, 7-10 July 1994, pp 47.1-47.6.
73. Wahlqvist ML. Healthy lifestyle may not be healthy at all. *Business Victoria*, June/July 1994, Vol. 4, No.,4, pg. 5.
74. Wahlqvist ML. Food-based dietary guideline: diet-related health problems between non-communicable diseases and macronutrients. Proposed joint WHO/FAO consultation on preparation and use of food-based dietary guidelines. Cyprus, 2-7 March 1995.
75. Wahlqvist ML. Preventive nutrition and health: an Asia Pacific perspective. "Current trends in nutrition: an international perspective" Medical Symposium. Kuala Lumpur, Malaysia, 7th April 1995, pp27-58.
76. Wahlqvist ML. Dietary advice in primary care is of limited effectiveness. *Modern Medicine* 1995.
77. Barter P, Colquhoun D, Lloyd B, Nestel P, Simons L, Sullivan D. and Wahlqvist ML. 1995 Lipid Teaching Faculty Resource Materials. Merck Sharp & Dohme, 1995.
78. Member of Australian Science and Technology Council Roundtable on Matching Science and Technology to Future Needs. Key Issues for Australia to 2010. Report No. 5, December 1995. Commonwealth of Australia 1995.

79. Wahlqvist ML. Nutrition and ageing. *Nutridata* 1995; 6 (1): 1-5.
80. Wahlqvist ML. Food based dietary guidelines (FBDGs). Australian Nutrition Foundation Inc. Newsletter 1995, 25:1-2.
81. Wahlqvist ML and Savage G. Photodegradation of vitamins in milk and as assessment of the significance of milk as a source of vitamins within the Australian diet: a literature review. The Market Milk Federation of Australia Incorporated 1996. Report for Dairy Industry and National Food Authority 1996.
82. Wahlqvist ML. New directions for the ANF. Australian Nutrition Foundation Newsletter, March 1996, 26:1.
83. Wahlqvist ML. Food and Nutrition ‘Policy into Action’ Forum: Newsletter No.1, July 1996. Human Services. pp 11-17.
84. Darnton-Hill I, Wahlqvist ML & Uauy R. The scientific basis for diet, nutrition and health relationships. In: Preparation and use of food-based dietary guidelines. Report of a joint FAO/WHO consultation, Nicosia, Cyprus. Geneva: World Health Organization, 1996; 51-92. (*Mark L. Wahlqvist is as a member of Working Party on Preparation and use of food-based dietary guideline*).
85. Wahlqvist ML. The breakfast report. The Rowland Company, March 1997, pp3-4.
86. Wahlqvist ML. The future of probiotics. *Probiotica* 1997; 1 (Autumn): 1-2.
87. Wahlqvist ML. New direction in nutrition and cancer: phytochemicals. MMC Update, Winder 1997.
88. Wahlqvist ML. Cross-cultural medicine in medical education: opportunities for cohesive health care. *Changing Medical Education & Medical Practice* 1997; 11: 26-27.
89. Wahlqvist ML. Colour as a contributor to food choice-Discussion paper for ANZFA. ANF National Newsletter, August 1997, pp 4-5.
90. Wahlqvist ML. Perspectives in nutrition and cancer. Report of an Australian Nutrition Foundation Symposium, Sydney, Melbourne and Canberra, September 1997.
91. Wahlqvist ML. The fats debate- the need to consider lifestyle and food context. *Pabulum Newsletter*, Australian Nutrition Foundation 1997; 31: 1.
92. Wahlqvist ML. Foreword. *Food Secrets*. Edited by George Fisher and Judy Walker. Australian Nutrition Foundation (Qld. Div.) Inc., Queensland, Australia, 1997.
93. Wahlqvist ML. The state and future of medical nutrition in ASEAN. (Preface). *Medical Briefing: ASEAN*
94. Wahlqvist ML. Illness and phytoestrogens. In: *Clinical Pearls 1997 with the Experts Speak*. Edited by Kristine Roberson, Jodi Ensuna, Tammy Freytag, Amy Levy. IT Services Health Associates Medical Group, Sacramento, California, USA, pp308-309.



95. Wahlqvist ML. Illness and Phytoestrogens. (Interview). Clinical Pearls 1997 with the Experts Speak; Clinical Pearls News, February 1998, pp 19-21.
96. Wahlqvist ML. Weight management code administration Council of Australia. National Heart Foundation of Australia, Nutrition News, 1998; 25: 2.
97. World Health Organization Regional Office for the Western Pacific (member: ML Wahlqvist). Report on Working Group on integrated prevention and control of cardiovascular diseases and diabetes. (Kuala Lumpur, Malaysia, 17-21 November 1997). World Health Organization Regional Office for the Western Pacific, Manila, Philippines, April 1998.
98. Wahlqvist ML. The risk of breast cancer is influenced by the type of fat in the diet. Modern Medicine of Australia, March 1998; pp 11.
99. Wahlqvist ML. Health claims and novel foods – a progressive swot analysis. Australian Nutrition Foundation 1998, pp 1.
100. Savige GS, Wahlqvist ML. Nutrition and physical activity in ageing. The 8<sup>th</sup> Asian Congress of Nutrition Satellite Symposium. Exercise & Nutrition for Health Promotion, Konkuk University, Seoul, Korea, 28 August 1999; pp 23-44.
101. Wahlqvist ML. Nutrition, Aging and the Aged. 8<sup>th</sup> Asian Congress of Nutrition, Seoul, 29 August – 2 September 1999; pp 76-77.
102. Lukito W, Gross R, Schultink W, Wahlqvist ML. Nutrition and Aging in South-East Asia. 8<sup>th</sup> Asian Congress of Nutrition, Seoul, 29 August-2 September 1999; pp 78-79.
103. Wahlqvist ML. Committee II/4 Nutrition and Ageing. Food Habits in Later Life (FHILL) Program Report 1999. SCN News; 19:53-55.
104. Kouris-Blazos A, Wahlqvist ML. Morbidity-Mortality Paradox of Greek-born Australians: is it possible to develop a ‘benign’ form of obesity? Obesity Australia Newsletter. December 1999.
105. Wahlqvist ML. The Nutrition Science, Safety Considerations and Future Directions for Functional Foods. Vitafoods International Conference 2000, Switzerland, 3-5 May 2000.
106. Wahlqvist ML. Nutrition and the heart. Conference dinner ISHR (Australasian Section), Melbourne, 5 August 2000.
107. Wahlqvist ML, Setter TL, Savige GS, Kouris-Blazos, A. The Role of Physical Activity in Ensuring Nutritional Well-Being in the Elderly. 4<sup>th</sup> International Conference on Nutrition and Fitness: Plan of Action for the 21<sup>st</sup> Century, Greece, 25-29 May 2000; pp32-33.
108. Wahlqvist ML. Special message. Malaysian Journal of Nutrition 2001; 7(1&2):v-vi.
109. Wahlqvist ML, Kouris-Blazos A. Healthyatingclub.com. Asia Pacific Journal of Clinical Nutrition 2003; 12(1):2.

110. Wahlqvist M. Foreword. Food additives and labels. Murdoch Books.
111. Wahlqvist ML. Nutrition education through health professionals. Voedings Magazine 2004; 3:2.
112. Wahlqvist ML. From Quadrennium to Quadrennium: The IUNS. Opening Speech, Nutrition Safari for Innovative Solutions, 18<sup>th</sup> International Congress of Nutrition, 19-23 September 2005, ICC, Durban, South Africa.
113. Wahlqvist ML. Role of international nutrition science in human development and planetary health. Nutriview 2005/3. (+ Malaysian Journal of Nutrition 2005; 11(2): vii-ix)
114. Wahlqvist ML. Food, nutrition and atherothrombosis. REACH Newsletter 2005; 11:2-3.

**MONOGRAPHS & REPORTS**

1. Truswell AS & Wahlqvist ML (eds). International Symposia on Nutrition and Obesity. The State of the Science. Medical Journal of Australia 142(7)(Special Supplement), 1985.
2. Wahlqvist ML & Best P. Nutrition and the Australian diet: A monograph for doctors. The Medical Journal of Australia, Supplement, 1986.
3. Wahlqvist ML & Dugdale AE (eds). Nutrition and adolescents. Proceedings International Symposia on the state of the science. Supplement to Medical Journal of Australia (148): S1-S33, 1988.
4. Wahlqvist ML and Best P. Some answers to patients' questions about food. Australia Medical Association 1989.
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6. Wahlqvist ML and Strauss B. Nutrition Diagnosis and Management in General Practice. Sydney: Kelloggs, 1989.
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8. Hodgson JM and Wahlqvist ML. Koori Nutrition and Health: A Victorian Review. National Better Health, 1993
9. Ruth D, Farish S, Hawke K & Wahlqvist M. An area guide to hospital admissions for preventable conditions. Southern Metropolitan Region 1989-90 to 1991-92. Health and Community Services, 1994.
10. Lester I and NHMRC Expert Panel on National Food & Nutrition Monitoring and Surveillance Strategy. Australia's Food & Health. Canberra: Australian Institute of Health and Welfare, 1994.
11. National Consultative Committee on the Weight Loss Industry (Chairperson: Professor Mark Wahlqvist). Final Report "Balancing the scales", May 1994
12. Briggs D, Head R, Hull R, Steele S, Wahlqvist M & Walsh B. Functional Foods. Policy Discussion Paper, July 1994. Canberra: National Food Authority, 1994
13. Wahlqvist ML. Nutrition and cardiovascular disease: a strategic approach for Malaysia. World Health Organization, 1995.
9. Wahlqvist ML. Nutrition and Cardiovascular Disease: A focus on diabetes. World Health Organisation and Ministry of Health Malaysia, 9 August - 1 September 1995, Kuala Lumpur, Malaysia
10. World Health Organization (member: M.L. Wahlqvist). Physical Status: The Use and

- Interpretation of Anthropometry. Geneva: World Health Organization, 1995.
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  12. World Health Organization (member: ML Wahlqvist). Food-based dietary guidelines for the Western Pacific: Nutrition in transition. World Health Organization, 1997.
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  14. World Health Organization (Member: ML Wahlqvist). Preparation and use of food-based dietary guidelines. Report of a Joint FAO/WHO Consultation (1995: Nicosia, Cyprus). Geneva: World Health Organization, 1998.
  15. Wahlqvist ML and ACIL Consulting. Human Nutrition R&D. A Report to the Dairy Research and Development Corporation. November 1998.
  16. Wahlqvist ML. Nutritional Guidelines for the Elderly. WHO/TUFTS University Consultation, Boston, May 26-29, 1998.
  17. Wahlqvist ML. Development of Food-Based Dietary Guidelines for the Western Pacific Region. World Health Organization. June 1999.
  18. Wahlqvist ML. Prospects for the Future: Nutrition, Environment and Sustainable Food Production. Proceedings of the FAO Conference on International Food Trade Beyond 2000: Science-Based Decisions, Harmonization, Equivalence and Mutual Recognition. Melbourne, 11-15 October 1999. ([www.fao.org/docrep/meeting/x2638e.htm](http://www.fao.org/docrep/meeting/x2638e.htm))
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  20. World Health Organization (Member: ML Wahlqvist). Diet, nutrition and the prevention of chronic diseases. Report of a Joint WHO/FAO Expert Consultation. WHO Technical Report Series 916. Geneva: World Health Organisation, 2003.

## ABSTRACTS

1. Wahlqvist ML, Cameron DP, Peak HJ, Shanahan EA & Wilmshurst EG. The handling of immunoreactive insulin by the myocardium. Proceedings Australian Society for Medical Research 1976; 9: 10.
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7. Wahlqvist ML, Lim SP, Shanahan EA & Outch K. Role of glucocorticoid in cardiac metabolism in vivo. Journal of Molecular and Cellular Cardiology 1978; 10(Suppl 1): 129.
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9. Lim SP, Wahlqvist ML & Johnston CI. Effect of blood pressure on indices of myocardial ischaemia in the dog. Proceedings Australian Society for Medical Research 1978; 11: 67.
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17. Flint DM, Wahlqvist ML, Richards B & Dryde P. Plasma zinc and serum albumin concentrations of community and institutionalised elderly. Proceedings Nutrition Society of Australia 1979; 4: 140.
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