

A3.7**CHINESE, BEIJING, PRC****DEMOGRAPHY****A3.Table 7.1. Descriptive statistics for age by group and gender.**

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	80	45	124	56
Mean	63.76	75.40	62.38	76.39
SD	3.06	4.73	3.76	5.62
Minimum	57.00	70.00	53.00	70.00
5%	59.50	70.00	56.00	70.00
25%	61.00	71.00	60.00	71.50
50%	64.00	75.00	63.00	75.50
75%	66.00	78.00	65.00	79.00
95%	69.00	85.00	68.00	86.00
Maximum	69.00	88.00	69.00	95.00

A3.Table 7.2. Marital status by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Never	1.3	0.0	0.0	3.6
Married	91.0	66.6	75.0	35.7
Widowed	7.7	31.1	23.4	58.9
Divorced/separated	0.0	0.0	0.8	0.0
Not sure	0.0	2.2	0.8	1.8
Numbers of subjects(n)	80	45	124	56

A3.Table 7.3. B9. "Including yourself, how many persons are dependent on your financial support?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
None	0.0	0.0	1.6	7.1
1	80.0	80.0	92.7	87.5
2	17.5	17.8	5.6	5.4
3	2.5	0.0	0.0	0.0
4	0.0	2.2	0.0	0.0
Numbers of subjects(n)	80	45	124	56

A3.Table 7.4. B12. "Compared to 10 years ago, is your family's economic status now better or worse than that time?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Better	87.5	84.4	85.5	66.1
No	12.5	15.6	14.5	33.9
No different	0.0	0.0	0.0	0.0
Numbers of subjects(n)	80	45	124	56

A3.Table 7.5. B12A. "If better, what are the reasons you attribute this to?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Income increased	71.2	60.0	71.0	35.7
Children no longer need support	0.0	8.9	6.5	3.6
Getting support from children	87.5	82.2	81.5	58.9
Parent(s) no longer need support	25.0	28.9	35.5	42.9

A3.Table 7.6. B12B. "If worse, what are the reasons you attribute this to?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Decrease in income	10.0	8.9	7.3	23.2

More spending on health care	0.0	0.0	0.0	3.6
Loss of spouse	2.5	0.0	7.3	21.4

A3.Table 7.7. D14A. "What kind of work did you do most of your working life?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Professional	16.3	22.2	16.9	10.7
Administrative	32.9	15.6	8.1	7.1
Clerical	2.5	11.1	0.8	1.8
Worker in transport or communications	1.3	0.0	0.0	0.0
Tradesman	40.0	46.7	51.8	19.6
Service	3.8	0.0	2.4	0.0
Member of armed service	3.7	2.2	0.0	1.8
Housewife	0.0	0.0	20.0	58.9
Not applicable	0.0	2.2	0.0	0.0
Numbers of subjects(n)	80	45	124	56

A3.Table 7.8. D14T. "What type of institution did you work for (before retirement)?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
State-run	96.2	95.6	58.9	30.4
Collective	2.5	2.2	17.7	8.9
Private	0.0	0.0	0.0	0.0
Not applicable	1.3	2.2	23.4	60.7
Numbers of subjects(n)	80	45	124	56

A3.Table 7.9. D15. "Do you work now?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Yes	42.5	28.9	18.5	8.9
No	57.5	71.1	81.5	91.1
Numbers of subjects(n)	80	45	124	56

A3.Table 7.10. D15Y. "If yes, specify the type of work?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Professional	6.2	8.9	0.0	1.8
Administrative	6.2	2.2	3.2	1.8
Clerical	2.5	2.2	0.0	0.0
Worker in transport or communications	1.3	0.0	0.0	0.0
Tradesman	6.2	4.4	2.4	0.0
Service	16.3	8.9	4.0	1.8
Member of armed services	0.0	0.0	0.0	0.0
Housewife	0.0	0.0	0.0	0.0
Community worker	0.0	2.2	8.9	1.8
Not applicable	61.2	71.1	81.5	92.9
Numbers of subjects(n)	80	45	124	56

A3.Table 7.11. D15T. "What type of institution do you work for?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
State-run	30.0	22.2	2.4	1.8
Collective	2.5	4.4	16.1	5.4
Private	6.2	2.2	0.8	1.8
Not applicable	61.2	71.1	80.6	91.1
Numbers of subjects(n)	80	45	124	56

HEALTH STATUS

A3.Table 7.12. I 30. "Do you have any of the following health problems?" by age group and gender.

CBJ	Men (%)	Women (%)
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	< 70	70 +	< 70	70 +
Reported disease	68.4	71.1	72.8	78.6
Diabetes	8.9	8.9	6.5	3.6
Hypertension	39.2	33.3	37.1	30.9
Heart disease	11.4	15.6	21.6	21.8
Circulation problem	0.0	2.2	1.6	3.6
Stroke	7.6	2.2	2.4	1.8
Arthritis or reumatism	1.3	4.4	9.6	7.1
Stomach ulcer	6.3	4.4	2.4	1.8
Emphysema, asthma or bronchitis	10.1	11.1	15.3	16.7
Glaucoma	1.3	0.0	0.8	0.0
Cataracts	2.5	0.0	3.2	12.7
Tumor or growth cancer	1.3	2.2	0.0	1.8
Liver trouble or jaundice	1.3	2.2	0.0	0.0
Gall bladder trouble	1.3	0.0	4.8	1.8
Kidney trouble	5.1	0.0	1.6	0.0
Prostate problem	1.3	0.0	0.0	0.0
Nervousness tenseness	0.0	4.4	5.6	1.8
Osteoprosis	0.0	0.0	0.8	0.0
Hearing problem	0.0	6.7	1.6	7.1
Hyperthyroidism	1.3	0.0	0.8	0.0
Neuropsychiatric	0.0	0.0	2.4	1.8
TB	0.0	2.2	0.0	0.0

A3.Table 7.13. Health condition by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Hypertension	37.2	33.3	37.1	30.9
Diabetes	8.9	8.9	6.5	3.6

A3.Table 7.14. I 31. "Are you taking any medications?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Yes	34.2	51.1	41.9	48.2
No	65.8	48.9	60.0	51.8
Numbers of subjects(n)	80	45	124	56

A3.Table 7.15. I 31YES. "List the names of western medicines you are taking now (including vitamins)?" by age group and gender.

CBJ	Men (%)		Women (%)		
	< 70	70 +	< 70	70 +	
Not taking any medicine	65.8	48.9	60.0	51.8	
Arthritis medications	0.0	0.0	1.6	3.6	
Pain killer	0.0	2.2	0.8	1.8	
Hypertension drugs	15.0	8.9	12.8	14.3	
Digitalis pill for heart	0.0	2.2	1.6	1.8	
Nitroglycerin tablets chest pain		6.2	17.8	12.0	8.9
Blood thinner medicine	2.5	2.2	0.8	1.8	
Drugs to improve circulation	1.3	0.0	0.8	0.0	
Insulin	1.3	0.0	0.8	0.0	
Pills for diabetes	3.7	4.4	4.0	3.6	
Ulcer medication	0.0	2.2	0.8	0.0	
Thyroid pills	1.3	0.0	0.0	1.8	
Cortisone pills or injection	0.0	0.0	1.6	0.0	
Antibiotics	1.3	0.0	1.6	0.0	
Sleeping pills	0.0	2.2	5.6	0.0	
Allergy medication	0.0	0.0	0.0	0.0	
Drugs for bronchitis & asthma	1.3	2.2	4.0	5.4	
Vitamins	10.1	24.4	12.0	14.0	
Digestant	5.0	6.7	3.2	10.7	
Anti-depression drugs	0.0	0.0	3.2	5.4	
Anti-TB medication	0.0	2.2	0.80	0.0	
Seizure medication	0.0	0.0	0.00	1.8	
Duretics	1.3	2.2	0.0	0.0	
Constipation	0.0	2.2	0.0	0.0	
Anti-cancer medicine	0.0	2.2	0.0	0.0	

A3.Table 7.16. I 32A. "Number of outpatient visits during the last year?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
None	30.0	24.4	23.4	35.7
1	45.0	46.7	44.4	37.5
2	20.0	20.0	20.2	17.9
3	5.0	8.9	11.3	8.9

4	0.0	0.0	0.8	0.0
Numbers of subjects(n)	80	45	124	56

A3.Table 7.17. I 32B. "Number of inpatient visits during the last year?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
None	95.0	97.8	100.0	100.0
1	5.0	2.2	0.0	0.0
Numbers of subjects(n)	80	45	124	56

A3.Table 7.18. I 32C. "Days stay in hospital during last year?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
None	96.2	97.8	100.0	100.0
20	1.3	0.0	0.0	0.0
30	1.3	0.0	0.0	0.0
45	1.3	2.2	0.0	0.0
Numbers of subjects(n)	80	45	124	56

A3.Table 7.19. I 33. "Comparing to other people of your age, how do you judge your current health status?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Better than others	55.0	66.7	44.4	58.9
Similar to others	20.0	15.6	29.8	21.4
Worse than others	16.3	13.3	11.3	14.3
Don't know	8.8	4.4	14.5	5.4
Numbers of subjects(n)	80	45	124	56

A3.Table 7.20. I 34. "Your health care is covered by which of the following health care programme?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Government/labour insurance program	100.0	95.6	64.0	33.9
Partial Government/labour insurance	0.0	2.2	24.8	35.7
Self-paid	0.0	2.2	11.2	30.4
Numbers of subjects(n)	80	45	124	56

A3.Table 7.21. I 34P. "If you are on a partial insurance program or self-paid, how much did you spend on health care during the last year?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Less than 50 yuan	1.3	4.4	21.0	17.9
50 - 100 yuan	0.0	0.0	5.6	8.9
101 - 150 yuan	1.3	0.0	5.6	1.8
151 - 200 yuan	1.3	0.0	3.2	1.8
200 and over	0.0	0.0	4.8	5.4
Not applicable	96.2	95.6	59.7	64.3
Numbers of subjects(n)	80	45	124	56

FOOD INTAKE

A3.Table 7.22. Descriptive statistics for eggs (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	44.29	46.14	36.65	39.38
SD	43.56	39.90	43.55	34.80
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	10.00	0.00	0.00	0.00
50%	55.00	55.00	50.00	55.00
75%	66.30	75.00	55.00	55.00

95%	120.00	110.00	125.00	110.00
Maximum	140.00	130.00	205.00	140.00

A3.Table 7.23. Descriptive statistics for milk and dairy products (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	89.36	136.82	107.42	125.36
SD	137.47	125.45	144.34	125.80
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	250.00	0.00	125.00
75%	250.00	250.00	250.00	250.00
95%	260.00	250.00	250.00	250.00
Maximum	500.00	250.00	750.00	250.00

A3.Table 7.24. Descriptive statistics for fish and fish dish (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	16.03	24.45	20.46	12.45
SD	37.89	58.48	61.46	30.24
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	101.00	192.00	150.00	100.00
Maximum	200.00	250.00	350.00	130.00

A3.Table 7.25. Descriptive statistics for shellfish and crustaceans (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	70.76	51.95	45.72	36.27
SD	74.70	56.53	51.94	45.85
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	50.00	50.00	30.00	25.00
75%	115.00	83.00	75.00	50.00
95%	200.00	140.00	160.00	141.00
Maximum	345.00	250.00	210.00	200.00

A3.Table 7.26. Descriptive statistics for lamb, veal and beef (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	17.49	27.35	9.27	12.14
SD	42.80	84.50	31.16	32.79
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	120.00	125.00	60.00	80.00
Maximum	200.00	500.00	200.00	150.00

A3.Table 7.27. Descriptive statistics for pork and mixed dish (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	24.09	18.49	16.04	11.70
SD	67.80	36.94	54.84	26.82
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00

25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	150.00	100.00	80.00	80.00
Maximum	420.00	150.00	430.00	100.00

A3.Table 7.28. Descriptive statistics for chicken (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	4.18	0.93	3.66	3.04
SD	18.72	6.10	15.59	13.34
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	30.00	0.00	30.00	30.00
Maximum	120.00	40.00	100.00	90.00

A3.Table 7.29. Descriptive statistics for chicken and turkey mixed dish (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	0.76	0.00	0.00	0.54
SD	6.75	0.00	0.00	4.01
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	0.00	0.00	0.00	0.00
Maximum	60.00	0.00	0.00	30.00

A3.Table 7.30. Descriptive statistics for organ meats (g/day) by age group and

gender.				
CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	1.90	3.49	1.22	0.36
SD	16.88	22.87	10.05	2.67
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	0.00	0.00	0.00	0.00
Maximum	150.00	150.00	100.00	20.00

A3.Table 7.31. Descriptive statistics for root vegetables (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	32.85	39.14	41.55	30.98
SD	71.34	95.63	75.61	66.05
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	30.00	30.00	60.00	35.00
95%	250.00	225.00	203.00	150.00
Maximum	325.00	480.00	455.00	355.00

A3.Table 7.32. Descriptive statistics for green leafy vegetables (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	39.00	40.70	25.61	33.48
SD	67.57	79.64	55.96	57.73
Minimum	0.00	0.00	0.00	0.00

5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	71.00	60.00	0.00	62.50
95%	180.00	175.00	150.00	125.00
Maximum	250.00	400.00	300.00	300.00

A3.Table 7.33. Descriptive statistics for marrow-like vegetables (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	8.73	2.33	7.46	1.52
SD	28.07	15.25	27.38	11.36
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	85.00	0.00	63.00	0.00
Maximum	150.00	100.00	150.00	85.00

A3.Table 7.34. Descriptive statistics for flower vegetables (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	12.78	5.58	6.59	9.61
SD	41.37	23.51	29.32	34.22
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	125.00	10.00	25.00	120.00
Maximum	200.00	120.00	200.00	150.00

A3.Table 7.35. Descriptive statistics for other vegetables (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	224.56	129.19	163.01	141.57
SD	197.21	116.47	138.30	122.72
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	100.00	0.00	50.00	67.50
50%	150.00	105.00	150.00	100.00
75%	325.00	225.00	225.00	200.00
95%	580.00	300.00	425.00	400.00
Maximum	580.00	380.00	700.00	550.00

A3.Table 7.36. Descriptive statistics for vegetable mixed dish (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	12.85	3.02	7.07	10.50
SD	47.15	15.82	28.70	33.50
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	125.00	0.00	100.00	100.00
Maximum	265.00	100.00	150.00	150.00

A3.Table 7.37. Descriptive statistics for legumes (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	39.04	35.47	37.44	26.16

SD	61.43	63.13	78.02	51.12
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.0
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	50.00	50.00	50.00	45.00
95%	200.00	175.00	150.00	170.00
Maximum	275.00	250.00	250.00	250.00

A3.Table 7.38. Descriptive statistics for bread (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	189.56	141.16	149.43	92.68
SD	155.49	123.14	115.70	82.75
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	100.00	25.00	75.00	12.50
50%	175.00	110.00	125.00	100.00
75%	250.00	200.00	200.00	137.50
95%	500.00	400.00	350.00	275.00
Maximum	650.00	450.00	750.00	350.00

A3.Table 7.39. Descriptive statistics for pasta and noodles (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	18.16	6.40	10.77	8.04
SD	43.66	23.84	29.18	24.82
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	100.00	75.00	100.00	100.00
Maximum	250.00	100.00	100.00	100.00

A3.Table 7.40. Descriptive statistics for rice and rice noodles (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	134.94	82.09	88.25	95.14
SD	121.26	83.79	78.58	76.41
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	30.00	0.00	25.00	50.00
50%	100.00	75.00	75.00	76.50
75%	200.00	125.00	150.00	145.00
95%	350.00	200.00	225.00	275.00
Maximum	600.00	300.00	400.00	300.00

A3.Table 7.41. Descriptive statistics for cereals (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	11.01	13.95	15.08	10.71
SD	39.76	46.71	37.45	28.15
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	100.00	100.00	100.00	100.00
Maximum	250.00	200.00	200.00	100.00

A3.Table 7.42. Descriptive statistics for cakes, biscuits, pastries, etc. (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56

Mean	22.47	29.07	18.74	7.32
SD	44.14	55.08	49.83	21.78
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	25.00	50.00	0.00	0.00
95%	150.00	100.00	100.00	75.00
Maximum	150.00	250.00	350.00	100.00

A3.Table 7.43. Descriptive statistics for desserts, puddings, custards (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	0.63	0.00	1.22	0.00
SD	5.63	0.00	13.53	0.00
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	0.00	0.00	0.00	0.00
Maximum	50.00	0.00	150.00	0.00

A3.Table 7.44. Descriptive statistics for fruits (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	96.84	147.33	118.82	160.12
SD	124.36	133.78	131.87	135.27
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	75.00	0.00	80.00
50%	75.00	120.00	100.00	127.50
75%	150.00	200.00	200.00	216.25
95%	455.00	455.00	360.00	455.00

Maximum	455.00	480.00	590.00	680.00
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A3.Table 7.45. Descriptive statistics for fruit juices (ml/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	0.00	0.70	0.41	0.00
SD	0.00	4.57	4.51	0.00
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	0.00	0.00	0.00	0.00
Maximum	0.00	30.00	50.00	0.00

A3.Table 7.46. Descriptive statistics for nuts, dips, snacks, etc. (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	17.11	13.95	19.27	15.04
SD	32.32	21.17	35.75	33.61
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	30.00	25.00	25.00	25.00
95%	100.00	55.00	80.00	90.00
Maximum	150.00	75.00	225.00	187.00

A3.Table 7.47. Descriptive statistics for soft drinks and cordials (ml/day) by age group and gender.

CBJ	Men	Women
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	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	0.38	0.81	0.00	0.36
SD	3.38	4.07	0.00	2.67
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	0.00	0.00	0.00	0.00
Maximum	30.00	25.00	0.00	20.00

A3.Table 7.48. Descriptive statistics for tea (ml/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	1.95	1.26	0.80	0.73
SD	3.33	2.19	1.87	1.72
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	5.00	3.00	0.00	0.00
95%	10.00	5.00	5.00	5.00
Maximum	14.00	8.00	8.00	8.00

A3.Table 7.49. Descriptive statistics for sugar, jam, honey, sweets (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	2.68	2.21	1.33	3.30
SD	8.81	5.27	4.27	10.41
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00

75%	0.00	0.00	0.00	0.00
95%	15.00	15.00	10.00	25.00
Maximum	50.00	20.00	25.00	60.00

A3.Table 7.50. Descriptive statistics for processed meat (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	7.85	1.40	1.99	1.34
SD	24.76	6.39	8.39	5.92
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	50.00	0.00	20.00	20.00
Maximum	130.00	30.00	50.00	35.00

A3.Table 7.51. Descriptive statistics for fungi (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	10.15	1.84	5.09	3.27
SD	39.26	7.94	21.44	13.16
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	82.00	5.00	30.00	50.00
Maximum	250.00	50.00	150.00	63.00

A3.Table 7.52. Descriptive statistics for soups (g/day) by age group and gender.

CBJ	Men	Women
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	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	31.18	29.92	29.59	29.87
SD	15.62	13.10	10.30	12.85
Minimum	14.80	5.60	9.80	11.10
5%	15.60	11.10	15.60	16.30
25%	23.80	23.80	22.20	21.50
50%	29.00	29.00	27.80	29.00
75%	37.00	33.30	33.30	33.30
95%	53.30	50.00	50.00	44.40
Maximum	116.70	83.30	66.70	100.00

A3.Table 7.53. Descriptive statistics for other food intake (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	12.70	6.28	6.72	6.79
SD	25.93	15.55	16.61	11.96
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	20.00	0.00	5.00	12.50
95%	55.00	35.00	30.00	30.00
Maximum	140.00	75.00	120.00	50.00

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A3.Table 7.54. Descriptive statistics for total protein intake (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +

N	79	43	123	56
Mean	79.29	63.86	61.38	52.82
SD	22.40	21.86	21.77	19.28
Minimum	37.59	18.43	23.47	24.89
5%	46.40	34.43	32.23	26.93
25%	63.24	53.96	47.05	38.63
50%	75.49	62.20	56.64	53.50
75%	93.09	73.49	74.15	63.53
95%	120.97	98.91	102.74	97.85
Maximum	148.37	136.24	157.88	101.27

A3.Table 7.55. Descriptive statistics for animal protein intake (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	28.33	26.46	21.37	22.44
SD	14.89	16.60	16.89	15.50
Minimum	4.13	6.52	1.98	3.71
5%	7.92	6.73	5.67	6.50
25%	18.72	15.99	11.13	12.08
50%	26.35	23.51	18.98	19.98
75%	36.77	35.46	28.43	30.81
95%	63.14	49.78	55.93	57.50
Maximum	71.41	99.20	121.14	81.60

A3.Table 7.56. Descriptive statistics for total fat intake (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	91.28	78.68	74.08	65.84
SD	37.26	27.48	29.42	26.84
Minimum	36.27	35.68	14.73	19.56
5%	44.92	41.52	35.14	31.68
25%	64.55	55.23	53.71	45.29
50%	86.04	71.04	71.80	57.64

75%	109.22	94.91	88.12	81.45
95%	163.49	128.44	122.56	121.20
Maximum	242.90	137.12	173.55	125.16

A3.Table 7.57. Descriptive statistics for animal fat intake (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	41.69	33.40	28.96	26.10
SD	27.18	19.20	22.44	19.56
Minimum	3.81	4.82	3.10	4.54
5%	7.49	8.00	5.37	5.74
25%	19.98	21.50	11.09	13.36
50%	32.45	31.43	23.87	20.05
75%	61.47	41.39	42.05	32.20
95%	93.22	74.50	71.66	75.87
Maximum	127.65	100.50	125.50	92.75

A3.Table 7.58. Descriptive statistics for energy intake (Kcal/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	2480.37	1990.84	1910.39	1619.55
SD	652.60	522.18	544.67	480.00
Minimum	1308.93	1068.98	934.06	847.21
5%	1532.07	1340.13	1259.25	937.82
25%	2006.12	1609.84	1530.60	1266.03
50%	2370.78	1905.28	1815.20	1549.22
75%	2908.69	2285.23	2202.08	1925.38
95%	3693.30	2833.16	2864.56	2431.90
Maximum	4743.38	3673.59	4213.60	3075.79

A3.Table 7.59. Descriptive statistics for energy intake (KJ/day) by age group and

gender.				
CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	10377.87	8329.70	7993.08	6776.19
SD	2730.47	2184.79	2278.89	2008.31
Minimum	5476.60	4472.60	3908.10	3544.70
5%	6410.20	5607.10	5268.70	3923.90
25%	8393.60	6735.60	6404.00	5297.10
50%	9919.40	7971.70	7594.80	6481.95
75%	12170.00	9561.40	9213.50	8055.75
95%	15452.80	11853.90	11985.30	10175.1
Maximum	19846.30	15370.30	17629.70	12869.1

A3.Table 7.60. Descriptive statistics for energy from fat (Kcal) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	821.52	708.11	666.69	592.51
SD	335.31	247.31	264.80	239.26
Minimum	326.40	321.10	132.60	176.04
5%	404.26	373.67	316.29	285.15
25%	580.94	497.03	483.39	407.57
50%	774.36	639.34	646.18	518.72
75%	982.94	854.19	793.09	733.07
95%	1471.39	1155.99	1103.05	1090.84
Maximum	2186.08	1234.10	1561.91	1126.41

A3.Table 7.61. Descriptive statistics for carbohydrate intake (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	317.04	240.86	246.30	203.84
SD	93.06	82.69	86.27	68.88
Minimum	153.54	64.50	59.34	47.90

5%	197.95	117.87	144.10	101.07
25%	256.30	181.39	192.45	154.26
50%	299.90	232.94	231.48	197.95
75%	372.91	296.04	287.43	244.10
95%	524.79	379.07	408.76	315.11
Maximum	577.60	473.60	592.12	409.68

A3.Table 7.62. Descriptive statistics for fibre intake (g/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	10.87	8.90	9.29	8.08
SD	4.80	5.28	4.37	8.76
Minimum	2.97	1.74	1.96	1.75
5%	4.78	2.09	4.16	2.82
25%	6.86	4.96	6.17	4.64
50%	9.86	7.98	8.67	6.87
75%	13.44	11.73	11.32	8.24
95%	20.73	19.91	16.60	14.73
Maximum	21.66	26.42	23.95	67.90

A3.Table 7.63. Descriptive statistics for thiamin intake (mg/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	1.38	1.12	1.05	0.87
SD	0.61	0.40	0.44	0.31
Minimum	0.43	0.37	0.35	0.33
5%	0.71	0.56	0.51	0.38
25%	0.99	0.85	0.72	0.65
50%	1.27	1.08	0.99	0.83
75%	1.54	1.29	1.24	1.02
95%	2.96	1.80	1.82	1.70
Maximum	3.54	2.50	3.28	1.87

A3.Table 7.64. Descriptive statistics for riboflavin intake (mg/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	0.98	0.88	0.82	0.78
SD	0.45	0.31	0.49	0.42
Minimum	0.27	0.21	0.29	0.24
5%	0.43	0.53	0.35	0.26
25%	0.68	0.62	0.53	0.52
50%	0.94	0.86	0.77	0.76
75%	1.22	1.08	1.00	0.95
95%	1.68	1.49	1.36	1.40
Maximum	3.34	1.59	4.87	2.50

A3.Table 7.65. Descriptive statistics for vitamin A intake (mg/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	220.00	179.20	189.96	179.10
SD	109.79	101.15	269.38	152.54
Minimum	21.78	3.20	0.00	0.00
5%	24.50	42.21	30.74	20.81
25%	104.88	117.04	83.50	94.65
50%	176.23	177.60	164.02	143.09
75%	247.88	258.07	242.65	218.43
95%	398.69	380.55	417.91	524.94
Maximum	546.89	450.22	2526.22	803.60

A3.Table 7.66. Descriptive statistics for carotenoid intake ($\mu\text{g}/\text{day}$) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	1581.49	1498.78	1240.13	1087.00

SD	2210.70	1683.54	1254.25	1316.81
Minimum	85.00	200.03	99.60	27.40
5%	150.38	221.72	152.06	83.66
25%	369.60	301.95	336.51	341.19
50%	674.90	678.48	694.91	573.42
75%	1727.20	2266.88	1793.49	1255.76
95%	7541.80	5522.31	3817.82	4566.79
Maximum	110884.10	6024.40	6303.3	5506.65

A3.Table 7.67. Descriptive statistics for vitamin C intake (mg/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	88.06	67.03	75.06	68.30
SD	65.16	47.43	49.25	35.94
Minimum	2.60	5.36	0.00	0.96
5%	25.97	8.85	13.42	19.55
25%	42.58	31.97	39.85	42.48
50%	72.31	52.29	66.78	63.20
75%	115.50	89.38	98.26	91.32
95%	207.61	164.35	162.68	150.91
Maximum	424.61	196.66	258.70	168.24

A3.Table 7.68. Descriptive statistics for niacin intake (mg/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	16.64	12.13	12.93	10.33
SD	5.90	4.81	6.10	4.72
Minimum	7.83	4.20	3.50	3.61
5%	8.46	5.80	5.71	4.73
25%	12.23	8.79	8.87	6.83
50%	15.41	11.96	11.33	9.36
75%	20.01	14.16	15.06	12.36
95%	29.77	23.92	25.16	20.84

Maximum	34.15	25.68	33.79	23.99
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A3.Table 7.69. Descriptive statistics for sodium intake (mg/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	947.89	610.55	600.72	646.05
SD	804.90	506.07	463.95	719.87
Minimum	185.87	148.01	96.75	39.26
5%	230.75	183.33	139.67	109.05
25%	404.13	263.60	295.55	256.69
50%	619.82	439.22	457.52	379.43
75%	1256.27	735.24	732.01	792.39
95%	2538.98	1938.42	1577.36	2230.55
Maximum	3975.31	2152.34	2365.99	4554.63

A3.Table 7.70. Descriptive statistics for calcium intake (mg/day) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	476.46	473.12	413.73	433.40
SD	257.94	265.55	350.72	319.38
Minimum	111.47	109.88	92.92	100.13
5%	164.89	142.86	135.57	123.10
25%	275.97	254.31	236.40	258.65
50%	432.93	424.36	369.55	413.07
75%	612.30	634.13	508.87	509.97
95%	946.00	995.25	735.39	985.12
Maximum	1789.82	1239.25	3720.30	1869.80

A3.Table 7.71. Descriptive statistics for iron intake (mg/day) by age group and gender.

CBJ	Men	Women
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	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	20.86	16.77	16.10	12.76
SD	8.38	7.65	6.38	4.27
Minimum	6.28	5.62	6.23	5.17
5%	10.80	7.15	8.48	5.97
25%	15.41	12.84	11.78	9.41
50%	19.31	15.68	15.23	12.47
75%	24.02	18.77	19.59	15.26
95%	37.58	28.06	27.95	21.05
Maximum	51.28	49.97	48.38	23.79

A3.Table 7.72. Descriptive statistics for fibre (g/MJ) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	1.05	1.06	1.18	1.30
SD	0.39	0.59	0.51	2.05
Minimum	0.45	0.30	0.31	0.26
5%	0.54	0.37	0.59	0.49
25%	0.74	0.66	0.87	0.79
50%	0.95	0.96	1.05	0.99
75%	1.30	1.27	1.38	1.28
95%	1.81	2.07	2.12	1.77
Maximum	2.02	3.11	3.45	16.12

A3.Table 7.73. Descriptive statistics for protein (g/MJ) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	7.69	7.69	7.66	7.82
SD	1.22	1.84	1.62	1.94
Minimum	4.12	2.86	4.41	4.67
5%	5.92	5.63	5.73	5.78
25%	6.81	6.38	6.55	6.77
50%	7.66	7.37	7.39	7.47
75%	8.30	8.75	8.36	8.33

95%	10.20	10.47	10.77	11.89
Maximum	10.91	13.23	15.92	16.86

A3.Table 7.74. Descriptive statistics for total fat (g/MJ) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	8.73	9.52	9.24	9.66
SD	2.11	2.55	2.44	2.30
Minimum	4.05	4.65	3.13	4.65
5%	5.63	5.43	5.18	4.82
25%	7.10	7.90	7.28	8.17
50%	8.55	9.28	9.37	9.47
75%	10.43	11.57	10.96	11.31
95%	12.85	14.68	13.57	13.99
Maximum	14.40	15.00	15.92	15.29

A3.Table 7.75. Descriptive statistics for carbohydrate (g/MJ) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	30.78	28.71	30.91	30.19
SD	5.16	5.80	6.27	5.84
Minimum	18.28	9.98	13.00	11.37
5%	21.51	18.93	20.52	20.78
25%	27.22	25.19	27.37	26.64
50%	31.26	29.53	31.09	30.99
75%	34.87	32.43	35.33	33.75
95%	38.40	36.20	41.48	40.59
Maximum	42.02	40.25	46.29	43.47

A3.Table 7.76. Descriptive statistics for sodium (mg/MJ) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +

N	79	43	123	56
Mean	46.92	58.68	51.30	62.62
SD	24.94	35.57	27.22	33.36
Minimum	12.10	16.99	12.65	20.53
5%	20.35	18.89	19.46	23.35
25%	29.25	32.97	30.22	38.93
50%	41.11	55.34	48.11	63.94
75%	61.45	76.04	67.23	74.23
95%	88.87	150.06	88.56	117.45
Maximum	167.91	169.53	211.02	188.33

A3.Table 7.77. Descriptive statistics for calcium (mg/MJ) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	91.43	74.40	77.13	97.69
SD	68.20	65.51	58.84	104.72
Minimum	17.29	17.43	11.10	8.15
5%	23.18	20.55	20.89	23.40
25%	39.26	35.50	37.82	40.50
50%	65.30	59.65	59.79	60.52
75%	135.11	83.68	94.59	106.15
95%	242.10	208.63	189.16	312.71
Maximum	275.47	368.02	311.53	543.03

A3.Table 7.78. Descriptive statistics for iron (mg/MJ) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	2.01	1.99	2.02	1.92
SD	0.60	0.60	0.59	0.52
Minimum	1.02	0.87	1.00	1.03
5%	1.26	1.31	1.33	1.31
25%	1.59	1.54	1.69	1.55
50%	1.86	1.87	1.88	1.81
75%	2.25	2.30	2.22	2.20
95%	3.28	3.18	3.26	3.36

Maximum	4.01	3.64	5.23	3.44
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A3.Table 7.79. Descriptive statistics for retinol (mg/MJ) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	18.40	22.30	23.65	25.20
SD	9.98	12.42	36.55	17.72
Minimum	0.00	0.00	0.00	0.00
5%	2.87	4.16	3.70	3.07
25%	12.39	14.54	11.27	13.84
50%	17.78	22.34	17.73	22.40
75%	22.48	29.10	29.94	31.24
95%	37.38	40.97	43.38	73.08
Maximum	51.48	55.14	396.38	78.98

A3.Table 7.80. Descriptive statistics for carotene (µg/MJ) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	137.53	138.97	124.31	149.50
SD	230.12	165.12	148.48	198.44
Minimum	8.52	20.32	6.96	1.55
5%	16.65	21.91	17.81	14.73
25%	37.13	37.56	35.35	42.17
50%	60.55	63.34	69.66	73.11
75%	139.15	163.93	157.35	156.65
95%	585.55	462.52	395.03	694.83
Maximum	1482.00	735.80	1027.96	976.61

A3.Table 7.81. Descriptive statistics for retinol equivalent (RE mg/MJ) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56

Mean	41.32	45.46	44.37	50.12
SD	40.10	31.41	45.89	35.85
Minimum	6.16	11.07	6.62	7.60
5%	8.21	12.58	12.76	10.22
25%	23.64	25.85	24.50	27.01
50%	30.57	38.43	36.11	36.53
75%	44.34	47.76	48.87	69.11
95%	109.68	110.71	89.77	115.80
Maximum	279.83	160.51	462.22	187.85

A3.Table 7.82. Descriptive statistics for thiamin (mg/MJ) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	0.13	0.14	0.13	0.13
SD	0.04	0.04	0.04	0.03
Minimum	0.07	0.06	0.06	0.06
5%	0.09	0.08	0.08	0.08
25%	0.11	0.11	0.11	0.11
50%	0.13	0.13	0.13	0.13
75%	0.14	0.16	0.15	0.14
95%	0.20	0.20	0.20	0.18
Maximum	0.30	0.26	0.37	0.20

A3.Table 7.83. Descriptive statistics for riboflavin (mg/MJ) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	0.10	0.11	0.10	0.11
SD	0.04	0.04	0.05	0.05
Minimum	0.04	0.03	0.04	0.04
5%	0.05	0.06	0.06	0.05
25%	0.07	0.08	0.07	0.07
50%	0.09	0.10	0.09	0.11
75%	0.11	0.13	0.12	0.14
95%	0.15	0.17	0.17	0.23
Maximum	0.33	0.22	0.33	0.25

A3.Table 7.84. Descriptive statistics for niacin (mg/MJ) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	1.62	1.46	1.60	1.50
SD	0.45	0.49	0.55	0.43
Minimum	0.82	0.65	0.46	0.78
5%	0.99	0.86	0.97	0.91
25%	1.35	1.15	1.27	1.22
50%	1.55	1.38	1.45	1.41
75%	1.83	1.62	1.79	1.73
95%	2.49	2.52	2.82	2.52
Maximum	3.01	3.10	3.52	2.61

A3.Table 7.85. Descriptive statistics for niacin equivalent (mg NE/MJ) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	2.85	2.69	2.83	2.75
SD	0.59	0.72	0.73	0.55
Minimum	1.65	1.11	1.48	1.78
5%	1.96	1.90	2.15	1.98
25%	2.46	2.21	2.34	2.38
50%	2.72	2.58	2.65	2.64
75%	3.11	2.93	3.03	3.00
95%	4.21	4.30	4.43	3.89
Maximum	4.59	4.88	5.48	4.11

A3.Table 7.86. Descriptive statistics for vitamin C (mg/MJ) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	8.43	8.09	9.82	10.62

SD	5.89	5.31	7.03	5.79
Minimum	0.23	0.53	0.00	0.12
5%	2.74	0.96	1.49	3.51
25%	4.65	4.33	5.65	6.12
50%	7.78	6.66	8.79	9.86
75%	10.08	10.72	12.21	14.46
95%	16.68	17.64	20.02	21.59
Maximum	39.83	21.17	46.44	25.80

ANTHROPOMETRY

A3.Table 7.87. Descriptive statistics for stature (cm) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	161.56	161.61	155.72	154.60
SD	4.40	3.88	4.10	3.83
Minimum	153.63	153.63	145.09	146.80
5%	155.34	155.34	148.51	148.51
25%	158.75	159.18	153.63	152.78
50%	162.17	161.75	155.34	154.91
75%	163.88	164.31	158.75	157.05
95%	169.86	168.58	163.02	162.17
Maximum	175.83	169.00	165.59	163.02

A3.Table 7.88. Descriptive statistics for weight (kg) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	66.75	63.15	61.92	55.14
SD	11.25	9.17	12.51	9.00
Minimum	43.00	44.00	39.50	37.00
5%	52.00	50.00	46.00	40.00
25%	59.50	56.00	53.00	50.00

50%	65.00	64.00	60.25	55.50
75%	71.00	69.50	69.50	61.00
95%	88.00	78.00	81.50	71.00
Maximum	110.00	89.00	130.00	75.00

A3.Table 7.89. Descriptive statistics for body mass index (kg/m²) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	25.53	24.20	25.51	23.01
SD	3.83	3.50	5.04	3.53
Minimum	17.83	18.23	17.53	15.68
5%	20.58	19.18	18.99	16.76
25%	22.91	21.08	22.34	20.58
50%	25.07	24.08	25.28	23.27
75%	27.19	26.99	27.77	24.98
95%	31.46	29.66	34.43	30.08
Maximum	40.96	33.84	55.70	31.08

A3.Table 7.90. Descriptive statistics for tricep skinfold thickness (mm) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	54
Mean	11.13	12.41	24.03	18.30
SD	5.56	6.54	9.20	8.15
Minimum	3.00	2.50	2.50	5.00
5%	4.50	3.00	11.00	7.00
25%	7.50	7.75	17.00	11.50
50%	10.00	10.75	22.50	18.00
75%	14.00	16.75	31.00	23.00
95%	21.00	23.00	41.50	32.00
Maximum	37.50	29.50	49.00	39.00

A3.Table 7.91. Descriptive statistics for arm circumference (cm) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	27.68	26.20	28.47	26.65
SD	2.48	2.89	3.41	3.14
Minimum	23.00	20.00	18.00	20.00
5%	23.50	21.50	23.50	21.50
25%	26.00	24.50	26.00	24.50
50%	27.50	26.25	28.00	27.00
75%	29.00	28.00	30.50	29.00
95%	32.00	31.00	34.00	31.50
Maximum	35.00	32.00	38.50	34.00

A3.Table 7.92. Descriptive statistics for arm muscle circumference (cm) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	24.19	22.31	20.93	20.94
SD	2.24	2.63	2.38	1.92
Minimum	17.73	14.72	13.72	17.79
5%	20.49	18.28	17.65	18.01
25%	22.98	21.04	19.35	19.08
50%	24.23	22.07	21.15	20.80
75%	25.29	23.90	22.14	22.85
95%	27.92	26.55	24.68	23.81
Maximum	30.05	29.12	29.22	24.58

A3.Table 7.93. Descriptive statistics for arm muscle area (cm²) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	46.97	40.16	35.31	35.20

SD	8.63	9.34	8.05	6.41
Minimum	25.01	17.25	14.99	25.20
5%	33.42	26.60	24.80	25.81
25%	42.03	35.24	29.80	28.98
50%	46.75	38.78	35.61	34.45
75%	50.92	45.46	39.02	41.56
95%	62.06	56.11	48.51	45.13
Maximum	71.88	67.50	67.96	48.08

A3.Table 7.94. Descriptive statistics for estimated fat free mass (kg) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	47.55	44.45	35.84	30.86
SD	5.18	3.88	5.47	4.35
Minimum	35.50	34.90	20.72	20.78
5%	40.60	39.00	28.65	23.25
25%	44.41	41.31	31.73	28.41
50%	46.88	44.49	35.21	30.67
75%	50.03	46.77	39.45	33.31
95%	57.98	51.12	43.73	38.68
Maximum	65.82	54.60	61.76	39.61

A3.Table 7.95. Descriptive statistics for estimated total body fat (kg) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	19.23	18.71	26.13	24.28
SD	6.33	5.57	7.34	4.95
Minimum	6.69	9.10	8.78	13.75
5%	11.28	10.33	16.77	15.34
25%	15.46	14.38	21.74	20.89
50%	18.27	18.69	25.57	24.57
75%	22.01	23.21	30.16	27.69
95%	29.39	26.88	38.02	34.46

Maximum	44.18	34.40	68.24	35.39
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A3.Table 7.96. Descriptive statistics for estimated % body fat by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	28.11	29.00	41.59	43.78
SD	4.60	4.77	3.56	2.75
Minimum	15.37	19.88	29.78	37.16
5%	21.22	20.69	35.09	38.40
25%	25.21	25.18	39.59	42.38
50%	28.40	29.29	42.12	44.01
75%	31.01	32.94	43.80	45.37
95%	34.86	35.44	46.81	48.05
Maximum	40.16	38.65	52.49	51.08

A3.Table 7.97. Descriptive statistics for estimated % fat free mass by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	76.46	77.37	79.47	81.35
SD	2.30	2.51	3.66	3.45
Minimum	70.08	72.17	68.55	75.42
5%	73.05	73.90	74.27	75.92
25%	75.12	75.36	77.28	79.21
50%	76.31	77.08	78.99	80.53
75%	78.10	79.76	81.51	83.28
95%	80.07	81.63	85.38	88.67
Maximum	82.84	82.27	95.71	90.64

A3.Table 7.98. Descriptive statistics for age adjusted fat free mass (kg) by age group and gender.

CBJ	Men	Women
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	64	75	62	76
N	80	45	124	56
Mean	47.17	44.50	37.60	32.90
SD	0.14	0.65	1.07	2.11
Minimum	46.93	43.76	35.71	25.92
5%	46.93	43.76	35.99	29.30
25%	47.07	43.90	36.85	31.92
50%	47.16	44.45	37.42	33.24
75%	47.30	44.86	38.27	34.74
95%	47.38	45.82	39.41	35.30
Maximum	47.49	46.24	40.27	35.30

A3.Table 7.99. Descriptive statistics for age adjusted total body fat (kg) by age group and gender.

CBJ	Men		Women	
	64	75	62	76
N	80	45	124	56
Mean	19.61	18.65	24.33	22.04
SD	0.06	1.17	0.18	1.12
Minimum	19.46	17.32	24.01	18.35
5%	19.52	17.32	24.06	20.13
25%	19.55	17.56	24.21	21.52
50%	19.61	18.55	24.30	22.21
75%	19.65	19.29	24.45	23.01
95%	19.72	21.03	24.64	23.31
Maximum	19.72	21.77	24.78	23.31

A3.Table 7.100. Descriptive statistics for age adjusted % body fat by age group and gender.

CBJ	Men		Women	
	64	75	62	76
N	80	45	124	56
Mean	28.77	29.06	38.30	39.63
SD	0.30	0.99	0.42	0.28
Minimum	28.11	27.93	37.26	39.31
5%	28.35	27.93	37.59	39.31
25%	28.50	28.14	38.04	39.39

50%	28.79	28.98	38.37	39.59
75%	28.99	29.60	38.60	39.77
95%	29.28	31.07	38.93	40.12
Maximum	29.28	31.69	39.04	40.57

BIOLOGICAL MEASUREMENTS

A3.Table 7.101. Descriptive statistics for systolic blood pressure (mmHg) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	144.15	151.24	48.40	158.60
SD	26.71	39.81	26.94	23.38
Minimum	100.00	110.00	105.00	120.00
5%	110.00	110.00	110.00	120.00
25%	120.00	135.00	130.00	142.50
50%	140.00	146.00	150.00	157.50
75%	160.00	178.00	165.00	170.00
95%	198.00	210.00	200.00	200.00
Maximum	230.00	260.00	236.00	225.00

A3.Table 7.102. Descriptive statistics for diastolic blood pressure (mmHg) by age group and gender.

CBJ	Men		Women	
	< 70	70 +	< 70	70 +
N	79	43	123	56
Mean	85.18	82.61	85.38	84.80
SD	15.37	11.32	13.22	11.69
Minimum	60.00	65.00	55.00	64.00
5%	62.00	65.00	65.00	65.00
25%	75.00	72.00	77.00	76.00
50%	85.00	84.00	85.00	84.50
75%	95.00	90.00	92.00	91.00

95%	110.00	100.00	110.00	105.00
Maximum	130.00	102.00	120.00	110.00

SOCIAL & LIFESTYLE FACTORS

A3.Table 7.103. B 10. "Which of the following durable goods does your household have?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
TV set	100.0	100.0	100.0	96.4
Refrigerator	95.0	91.1	93.5	89.3
Washing machine	82.5	71.1	75.8	71.4
VCR	10.0	8.9	12.1	14.3
Stereo	3.7	6.7	4.8	5.4
Phone	6.2	8.9	8.9	7.1

A3.Table 7.104. E 18. "With whom do you live?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Spouse	92.5	64.4	75.8	33.9
Son	67.5	33.3	53.2	28.6
Daughter	22.5	8.9	24.2	30.4
Daughter-in-law	51.2	20.0	38.7	21.4
Son-in-law	6.2	4.4	12.1	25.0
Grandchild 1	61.2	48.9	59.7	51.8
Grandchild 2	10.0	11.1	12.9	17.9
Relatives	5.0	0.0	1.6	1.8

A3.Table 7.105. E 18A. "If you are living alone, how often do your children and relatives come to visit you?" by age group and gender.

CBJ	Men (%)	Women (%)
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	< 70	70 +	< 70	70 +
More than once a week	32.5	53.3	41.1	46.4
Once or twice a month	0.0	4.4	1.6	0.0
Less than once a month	0.0	0.0	0.0	0.0
Not sure	67.5	42.2	57.3	53.6
Numbers of subjects(n)	80	45	124	56

A3.Table 7.106. F 19. "Are you living in an apartment?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Yes	88.7	93.3	90.3	91.1
No	11.3	6.7	9.7	8.9
Numbers of subjects(n)	80	45	124	56

A3.Table 7.107. F 19YES. "If yes, indicate your living condition?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
1 family living in 1 apt alone	52.5	44.4	39.5	39.3
2 families share 1 apt (2/3 bedrooms)	20.0	17.8	31.5	26.8
3 families share 1 apt (3 bedrooms)	15.0	28.9	16.1	21.4
Others	1.3	2.2	3.2	3.6
Not applicable	11.3	6.7	9.7	8.9
Numbers of subjects(n)	80	45	124	56

A3.Table 7.108. F 19NO. "If not, describe the kind of house in which you live?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Self-built	2.5	0.0	0.0	0.0
Flat house(built by government)	0.0	0.0	0.8	0.0
Rooms in a building	7.5	6.7	8.1	3.6
Others	0.0	0.0	0.0	0.0
Not applicable	90.0	93.3	91.1	96.4

Numbers of subjects(n)	80	45	124	56
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A3.Table 7.109. F 20. "Total living area (square metre) of whole family?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
8	0.0	2.2	0.0	0.0
10	0.0	0.0	0.8	0.0
12	1.3	0.0	1.6	0.0
13	1.3	0.0	0.8	1.8
14	0.0	2.2	0.8	3.6
14.2	0.0	2.2	0.8	0.0
15	3.7	8.9	4.8	7.1
16	1.3	4.4	1.6	5.4
17	1.3	0.0	1.6	0.0
18	6.2	2.2	7.3	5.4
19	0.0	4.4	0.8	5.4
20	6.2	15.6	5.6	5.4
21	2.5	4.4	5.6	0.0
22	3.7	2.2	4.8	3.6
23	5.0	8.9	3.2	3.6
24	3.7	2.2	5.6	0.0
26	7.5	4.4	2.4	1.8
27	2.5	0.0	0.8	0.0
28	6.2	6.7	12.1	8.9
29	1.3	4.4	0.8	0.0
30	2.5	6.7	5.6	8.9
31	2.5	0.0	2.4	1.8
32	6.2	6.7	6.5	7.1
33	1.3	0.0	1.6	0.0
34	6.2	2.2	5.6	3.6
35	3.7	0.0	1.6	3.6
36	0.0	4.4	0.8	1.8
37	1.3	2.2	0.8	0.0
38	3.7	0.0	2.4	2.6
39	1.3	0.0	0.0	0.0
40	1.3	0.0	0.0	0.0
42	1.3	0.0	0.8	0.0
45	2.5	0.0	1.6	0.0
46	0.0	0.0	0.8	0.0

48	1.3	0.0	0.0	1.8
49	2.5	0.0	0.8	0.0
50	1.3	0.0	0.8	1.8
52	2.5	2.2	2.4	3.6
53	1.3	4.4	0.0	7.1
54	1.3	0.0	0.8	0.0
56	1.3	0.0	0.0	0.0
57	0.0	0.0	0.8	0.0
60	1.3	0.0	0.8	0.0
62	0.0	0.0	0.8	0.0

A3.Table 7.110. F 21. "Number of rooms?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
1	20.0	42.2	25.8	33.9
2	56.2	48.9	58.9	39.3
3	21.3	8.9	12.9	26.8
4	1.3	0.0	2.4	0.0
5	1.3	0.0	0.0	0.0
Numbers of subjects(n)	80	45	124	56

A3.Table 7.111. F 22. "Living space for subject?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Own all apartment	6.2	17.8	8.1	10.7
Has a bedroom	63.7	53.3	54.8	50.0
Share bedroom w/ grandchild	12.5	15.6	21.8	26.8
Share bedroom with child	10.0	6.7	10.5	5.4
Share bedroom w/ child's family	7.5	6.7	4.0	5.4
No permanent living space	0.0	0.0	4.0	1.8
Others	0.0	0.0	0.8	0.0
Numbers of subjects(n)	80	45	124	56

A3.Table 7.112. G 23. "How often do you participate in social activities related to your position?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Very often	38.7	42.2	46.0	35.7
Sometimes	15.0	20.0	16.9	10.7
Occasionally	31.3	33.3	23.4	39.3
Never	13.8	4.4	12.9	14.3
Not sure	1.3	0.0	0.8	0.0
Numbers of subjects(n)	80	45	124	56

A3.Table 7.113. G 24. "How often do your freinds and relatives come to visit you?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Very often	62.50	62.20	62.90	53.60
Sometimes	26.30	24.40	23.40	19.60
Occasionally	10.00	11.10	11.30	25.00
Never	1.30	2.20	2.40	1.80
Numbers of subjects(n)	80	45	124	56

A3.Table 7.114. G 25. "Do you ever feel lonely?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Never	77.50	82.20	79.80	62.50
Sometimes	11.30	8.90	8.90	17.90
Occasionally	6.20	6.70	8.10	17.90
Very often	5.00	2.20	3.20	1.80
Numbers of subjects(n)	80	45	124	56

A3.Table 7.115. H 26. "Did you participate in any kind of sport or physical exercise when you were young?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Very often	72.5	75.6	42.7	46.4
Sometimes	10.0	8.9	22.6	28.6
Occasionally	17.5	15.6	26.6	16.1

Never	0.0	0.0	8.1	8.9
Numbers of subjects(n)	80	45	124	56

A3.Table 7.116. H 27. "Do you participate in any physical exercises now?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Very often	78.7	86.7	61.3	57.1
Sometimes	13.8	6.7	10.5	12.5
Occasionally	6.2	6.7	22.6	26.8
Never	1.3	0.0	5.6	3.6
Numbers of subjects(n)	80	45	124	56

A3.Table 7.117. H 27YES. "If yes, what kind of exercise do you participate in the most now?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Walking	62.5	60.0	59.7	64.3
Riding	3.7	4.4	2.4	0.0
Running	3.7	0.0	3.2	0.0
Tai Qi	1.3	4.4	0.0	0.0
Qi Kon	2.5	0.0	0.0	1.8
Indoor exercise	2.5	4.4	2.4	0.0
Body fitness	0.0	0.0	0.0	0.0
Walking/Riding	5.0	2.2	0.8	0.0
Walking/Running	1.3	2.2	1.6	3.6
Walking/Tai Qi	6.3	6.6	3.2	1.8
Walking/Qi Kon	5.0	2.2	0.8	1.8
Walking/Indoor ex.	0.0	2.2	0.8	0.0
Walking/Body fitness	0.0	0.0	0.8	0.0
Running/Tai Qi	1.3	0.0	0.0	0.0
Tai Qi/Qi Kon	0.0	2.2	0.0	0.0
Walking/Riding/Running	0.0	2.2	0.0	0.0
Walking/Riding/Tai Qi	1.3	0.0	0.0	0.0
Walking/Running/Qi Kon	0.0	0.0	0.8	0.0
Not applicable	6.2	6.7	23.4	26.8
Numbers of subjects(n)	80	45	124	56

A3.Table 7.118. H 28. "Do you often go outside of your house?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Very often	88.7	82.2	87.1	66.1
Sometimes	1.3	2.2	8.9	8.9
Occasionally	1.3	8.9	2.4	23.2
Never	0.0	0.0	0.0	0.0
Not sure	8.8	6.7	1.6	1.8
Numbers of subjects(n)	80	45	124	56

A3.Table 7.119. H 28YES. "If yes, what do you do?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Community work	8.8	11.1	33.9	23.2
Physical exercise	81.2	82.2	66.9	69.6
Grocery shopping	83.7	80.0	95.2	69.6
Taking grandchild to school or daycare	5.0	0.0	8.9	0.0
Visiting friends	58.7	64.4	53.2	46.4
Others	-	-	-	-

A3.Table 7.120. H 28YES B. "If you go out, how do you get there?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Walking	60.0	55.6	87.1	82.1
Riding a bicycle	27.5	26.7	8.1	3.6
Taking buses	5.0	6.7	1.6	0.0
Others	0.0	0.0	0.0	0.0
Not sure	7.5	11.1	3.2	14.3
Numbers of subjects(n)	80	45	124	56

A3.Table 7.121. H 291. "How much time reading do you spend daily?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
None	38.7	37.8	65.3	69.6
1 hour	28.8	26.7	18.5	14.3
2 hours	25.0	26.7	14.5	8.9
3 hours	1.3	8.9	1.6	3.6
4 hours	3.7	0.0	0.0	3.6
6 hours	2.6	0.0	0.0	0.0
Number of subjects(n)	80	45	124	56

A3.Table 7.122. H 292. "How much time do you spend watching TV or listening to the radio daily?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
None	5.0	4.4	6.5	12.5
1 hours	11.3	13.3	24.2	14.3
2 hours	22.5	26.7	23.4	32.1
3 hours	38.7	51.1	38.7	35.7
4 hours	21.3	2.2	6.5	5.4
6 hours	1.3	2.2	0.0	0.0
8 hours	0.0	0.0	0.8	0.0
Numbers of subjects(n)	80	45	124	56

A3.Table 7.123. H 293. "How much time do you spend doing housework daily?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
None	38.8	24.4	5.6	8.9
1 hour	8.8	26.7	8.1	5.4
2 hours	18.8	22.2	12.9	32.1
3 hours	27.5	24.4	44.4	28.6
4 hours	6.2	2.2	19.4	23.2
5 hours	0.0	0.0	8.1	1.8
6 hours	0.0	0.0	1.6	0.0

Numbers of subjects(n)	80	45	124	56
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A3.Table 7.124. H 294. "How much time do you spend taking care of a grandchild daily?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
None	91.2	100.0	79.0	92.9
1 hour	3.7	0.0	5.6	0.0
2 hours	2.5	0.0	4.0	5.4
3 hours	1.3	0.0	3.2	1.8
4 hours	0.0	0.0	4.0	0.0
5 hours	0.0	0.0	0.8	0.0
6 hours	0.0	0.0	3.2	0.0
Numbers of subjects(n)	80	45	124	56

A3.Table 7.125. H 295. "How much time do you spend exercising daily?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
None	8.8	17.8	33.9	33.9
1 hour	55.0	55.6	44.4	57.1
2 hours	28.8	15.6	17.7	7.1
3 hours	3.7	8.9	2.4	1.8
4 hours	2.5	2.2	1.6	0.0
6 hours	1.3	0.0	0.0	0.0
Numbers of subjects(n)	80	45	124	56

A3.Table 7.126. H 296. "How much time do you spend playing cards, chess, mahjong, etc. daily?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
None	78.7	82.2	90.3	94.6
1 hour	5.0	0.0	3.2	0.0
2 hours	7.5	8.9	4.0	3.6
3 hours	7.5	6.7	1.6	1.8

4 hours	1.3	2.2	0.8	0.0
Numbers of subjects(n)	80	45	124	56

A3.Table 7.127. J 35. "Have you ever smoked regularly, at least one cigarette/cigar/pipe a day?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Smoke regularly	46.9	35.6	22.1	19.5
Used to smoke, now stop	21.5	20.0	4.0	3.9
Never smoked	31.7	44.4	74.2	76.6
Occasional smoker	0.0	0.0	0.0	1.8
Not sure	0.0	0.0	0.8	1.8
Numbers of subjects(n)	80	45	124	56

A3.Table 7.128. J 35 NO. "If you have stopped smoking, how many years ago did you stop smoking?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
None	78.8	91.1	96.0	96.4
1	5.0	2.2	1.6	0.0
2	3.8	2.2	0.0	1.8
3	5.0	0.0	0.8	1.8
4	3.7	2.2	0.0	0.0
5	1.3	0.0	0.8	0.0
6	0.0	0.0	0.8	0.0
7	1.3	2.2	0.0	0.0
Numbers of subjects(n)	80	45	124	56

A3.Table 7.129. J 36. "Do you ever drink?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Drink regularly	35.0	37.8	8.8	3.6
Used to drink, now stop	1.3	6.7	0.8	0.0
Never drink	62.5	55.6	90.4	96.4

Numbers of subjects(n)	80	45	124	56
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A3.Table 7.130. J 36B. "If yes, how much do you drink per day?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
0.0	62.5	62.2	91.1	96.4
0.2	0.0	0.0	0.8	0.0
0.4	0.0	0.0	0.8	0.0
0.5	7.5	8.9	0.8	1.8
0.6	3.7	0.0	0.0	0.0
0.8	6.2	4.4	1.6	0.0
1.0	10.0	11.1	2.4	0.0
1.5	1.3	4.4	0.8	0.0
1.6	3.7	2.2	0.8	1.8
2.0	2.5	4.4	0.8	0.0
2.4	0.0	2.2	0.0	0.0
3.0	1.3	0.0	0.0	0.0
5.0	1.3	0.0	0.0	0.0
Numbers of subjects(n)	80	45	124	56

A3.Table 7.131. J 36C. "If yes, what kind of alcohol do you drink?" by age group and gender.

CBJ	Men (%)		Women (%)	
	< 70	70 +	< 70	70 +
Liquor	33.7	24.4	6.5	0.0
Wine	0.0	4.4	0.8	0.0
Beer	0.0	0.0	0.0	3.6
Liquor/wine	0.0	4.4	1.6	0.0
Liquor/Beer	0.0	2.2	0.0	0.0
Not applicable	66.2	64.4	91.1	96.4
Numbers of subjects(n)	80	45	124	56

