

A3.5 SWEDES, GOTHENBURG, SWEDEN

DEMOGRAPHY

A3.Table 5.1. Descriptive statistics for age by group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	52	21	80	64
Mean	74.02	84.43	74.56	84.34
SD	3.26	3.17	2.98	3.36
Minimum	69.00	80.00	69.00	80.00
5%	70.00	80.00	70.00	80.00
25%	71.00	81.00	72.00	82.00
50%	74.00	85.00	75.00	84.00
75%	77.00	86.00	77.00	86.00
95%	79.00	89.00	79.00	90.00
Maximum	79.00	91.00	79.00	96.00

A3.Table 5.2. DC 24A. "As a child did you live in a rural or urban community?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Urban	73.1	71.4	75.0	62.5
Rural	26.9	28.6	25.0	37.5
Number of subjects (n)	52	21	80	64

A3.Table 5.3. DC 25A. "As an adult did you live in a rural or urban community?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Urban	98.1	100.0	96.2	98.4
Rural	1.9	0.0	3.7	1.6
Number of subjects (n)	52	21	80	64

A3.Table 5.4. Marital status by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Divorced	7.70	14.3	7.5	6.2
Married/defacto	89.3	42.9	35.0	12.5
Never married	11.5	4.8	23.8	23.4
Widowed	11.5	38.1	33.7	57.8
Number of subjects (n)	52	21	80	64

A3.Table 5.5. DC 28. "For how many years did you have full-time education?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
4 years	0.0	0.0	1.3	0.0
5 years	0.0	0.0	0.0	1.6
6 years	9.6	4.8	2.5	6.2
7 years	11.5	19.0	20.0	15.6
8 years	7.7	19.0	12.5	12.5
9 years	17.3	19.0	11.3	15.6
10 years	7.7	0.0	6.2	7.8
11 years	5.8	4.8	17.5	14.1
12 years	30.8	23.8	16.3	12.5
13 years	1.9	4.8	7.5	9.4
14 years	5.8	4.8	0.0	0.0
15 years	1.9	0.0	1.3	4.7
16 years	0.0	0.0	2.5	0.0
20 years	0.0	0.0	1.3	0.0
Number of subjects (n)	52	21	80	64

A3.Table 5.6. DC 29. "Did you undertake studies beyond secondary school?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	21.2	23.8	17.5	12.5
No	78.8	76.2	82.5	87.5
Number of subjects (n)	52	21	80	64

A3.Table 5.7. DC 32A. "What kind of work did you do most of your working life?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Professional/ Administrative	25.0	19.0	18.8	25.0
Clerical/Sales	26.9	28.6	47.5	35.9
Transport/Service	5.8	4.8	11.3	10.9
Tradesman/Factory	21.2	9.5	2.5	4.7
House duties	0.0	0.0	17.5	21.9
Others	21.2	38.1	2.5	1.6
Number of subjects (n)	52	21	80	64

A3.Table 5.8. DC 32B. "Do you work now?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	15.4	4.8	3.7	0.0
No	84.6	95.2	96.2	100.0
Number of subjects (n)	52	21	80	64

A3.Table 5.9. ECO 103A. "What is your main source of income?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
1 pension	9.6	0.0	7.5	12.5
2 pensions	34.6	33.3	28.8	21.9
1 pension & others	5.8	9.5	7.5	10.9

2 pensions & others	48.1	52.4	46.2	39.1
Pension and benefit	1.9	4.8	10.0	12.5
No pension	0.0	0.0	0.0	3.1
Number of subjects (n)	52	21	80	64

HEALTH STATUS

A3.Table 5.10. H 34. "How would you rate your overall health at the present time?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Poor	5.8	9.5	7.5	20.3
Fair	25.0	28.6	33.7	39.1
Good	40.4	38.1	38.7	23.4
Excellent	28.8	23.8	20.0	17.2
Number of subjects (n)	52	21	80	64

A3.Table 5.11. H 35. "Is your health now better, about the same, or not as good as it was three years ago?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Not as good	26.9	4.9	32.5	51.6
Same	65.4	28.6	55.0	35.9
Better	7.7	28.6	12.5	12.5
Number of subjects (n)	52	21	80	64

A3.Table 5.12. H 36. "Do your health problems stand in the way of your doing the things you want to do?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
A great deal	19.2	23.8	17.5	51.6

A little	17.3	23.8	18.8	17.2
Not at all	63.5	52.4	63.7	31.3
Number of subjects (n)	52	21	80	64

A3.Table 5.13. H 37. "Would you say your health is better, about the same or not as good as most people your age?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Not as good	9.6	4.8	5.0	9.4
Same	53.8	19.0	51.2	37.5
Better	36.5	76.2	43.7	53.1
Number of subjects (n)	52	21	80	64

A3.Table 5.14. H 38. "How many times did you see any type of doctor (not including while in hospital) during the past 12 months?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
> 13 times	3.8	0.0	3.7	1.6
3 - 12 times	34.6	42.9	41.2	57.8
0 - 2 times	61.5	57.1	55.0	40.6
Number of subjects (n)	52	21	80	64

A3.Table 5.15. H 39. "How many days have you spent in hospital during the past 12 months?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
> 22 days	5.8	9.5	6.2	6.2
1 - 21 days	9.6	23.8	12.5	21.9
None	84.6	66.7	81.2	71.9
Number of subjects (n)	52	21	80	64

A3.Table 5.16. H 40. "About how many days during the past 12 months have you

been sick in bed all or most of the day?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
> 14 days	5.8	4.8	2.5	6.2
1 - 14 days	5.8	4.8	20.0	15.6
None	88.5	90.5	77.5	78.1
Number of subjects (n)	52	21	80	64

A3.Table 5.17. H 43. "In the past year have you had the following?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Diabetes	3.8	0.0	7.5	7.8
Hypertension	15.4	23.8	17.5	26.6
Heart trouble	30.8	33.3	2.5	43.7
Circulation problem	25.0	38.1	21.3	43.7
Paralysed-stroke	1.9	0.0	1.3	1.6
Other effect stroke	1.9	4.8	2.5	3.1
Arthritis/rheumatism	5.8	9.5	6.2	10.9
Ulcer	9.6	9.5	5.0	9.4
Emphysema/asthma	7.7	4.8	6.2	9.4
Glaucoma	3.8	9.5	5.0	10.9
Cataracts	3.8	14.3	15.0	48.4
Tumor/cancer	0.0	23.8	1.3	9.4
Liver trouble	1.9	0.0	2.5	0.0
Gallbladder problem	1.9	4.8	5.0	6.2
Kidney trouble	1.9	0.0	2.5	4.7
Bladder trouble	5.8	4.8	2.5	15.6
Broken hip	1.9	0.0	2.5	1.6
Other broken bones	7.7	9.5	12.5	14.1
Anaemia	1.9	24.8	5.0	14.9
Parkinsons	0.0	0.0	1.5	3.1
Troubles in sleeping	19.2	14.3	30.0	37.5
Nerves/tense	7.7	19.5	26.3	17.2
Prostate problem	26.9	19.0	0.0	0.0
Osteoporosis	3.8	0.0	2.5	1.6
Urine tract infected	1.9	4.8	8.8	12.5
Uric acid/gout	7.7	0.0	5.0	0.0
Constipated	1.9	4.8	15.0	14.1

Stomach/GI problem	1.9	0.0	8.8	15.6
Bronchitis	13.5	33.3	18.8	15.6

A3.Table 5.18. H 43X. "How old were you when you had your first menstrual period?" by age group.

SWE	Women (%)	
	70 - 79	80+
10 years	2.6	0.0
11 years	5.1	3.4
12 years	9.0	6.9
13 years	23.1	24.1
14 years	30.8	27.6
15 years	20.5	25.9
16 years	5.1	8.6
17 years	3.8	3.4
18 years	0.0	0.0
Number of subjects (n)	80	64

A3.Table 5.19. H 43Y. "How old were you when your menstrual periods stopped (menopause)?" by age group.

SWE	Women (%)	
	70 - 79	80+
33 years	1.3	0.0
34 years	1.3	0.0
35 years	1.3	0.0
37 years	1.3	0.0
40 years	0.0	5.2
43 years	1.3	5.2
44 years	2.6	3.4
45 years	9.1	5.2
46 years	3.9	3.4
47 years	6.5	3.4
48 years	7.8	8.6
49 years	3.9	13.8
50 years	31.2	15.5
51 years	3.9	1.7
52 years	7.8	6.9

53 years	2.6	1.7
54 years	6.5	8.6
55 years	5.2	10.3
56 years	1.3	3.4
57 years	0.0	1.7
58 years	1.3	0.0
60 years	0.0	1.7
Number of subjects (n)	80	64

A3.Table 5.20. H 44. "Do you take any of the following regularly?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Mx arthritis	0.0	4.8	3.7	3.1
Mx pain killer	15.4	4.8	16.3	29.7
Aspirin	13.5	28.6	23.8	29.7
Mx hypertension	15.4	14.3	17.5	34.4
Mx diuretics	7.7	38.1	15.0	35.9
Mx heart	7.7	19.0	7.5	21.9
Mx chest pain	15.4	4.8	7.5	14.1
Mx anticoagulant	9.6	4.8	5.0	3.1
Mx circulation	7.7	0.0	3.7	4.7
Insulin injection	0.0	0.0	1.3	1.6
Mx diabetes	3.8	0.0	5.0	1.6
Mx ulcers	5.8	9.5	2.5	4.7
Mx seizures	3.8	0.0	2.5	3.1
Mx thyroid	0.0	4.8	7.5	15.6
Mx cortisone	0.0	0.0	3.7	4.7
Mx antibiotic	1.9	0.0	8.8	1.6
Mx tranquilizer	13.5	4.8	17.5	20.3
Mx sleeping	13.5	14.3	21.3	31.3
Mx hormones	0.0	0.0	12.5	7.8
Mx depression	5.8	9.5	8.8	9.4
Mx glaucoma	3.8	14.3	1.3	6.2
Mx muscle relax	0.0	0.0	2.5	6.2
Mx allergy	3.8	4.8	3.7	4.7
Mx constipated	0.0	0.0	6.2	6.2
Mx gout	7.7	4.8	5.0	4.7

A3.Table 5.21. H 45. "Have you taken any herbal medicines or vitamins in the past year?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	40.4	42.9	47.5	45.3
No	59.6	57.1	52.5	54.7
Number of subjects (n)	52	21	80	64

A3.Table 5.22. H 45Y. "Do you use more than one vitamin supplement?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	9.6	9.5	15.0	15.6
No	90.4	90.5	85.0	84.4
Number of subjects (n)	52	21	80	64

A3.Table 5.23. H 47. "Do you use any of the following aids?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Use cane	1.9	23.8	15.0	42.2
Use walker	0.0	4.8	6.2	26.6
Use wheelchair	0.0	9.5	2.5	9.4
Use leg brace	0.0	4.8	5.0	4.7
Use back brace	3.8	0.0	3.7	0.0
Uave hearing aid	11.5	19.0	2.5	25.0
Uave pacemaker	1.9	0.0	1.3	0.0
Uave colostomy	0.0	0.0	0.0	0.0
Uave catheter	0.0	0.0	0.0	0.0
Geriatric chair	1.9	0.0	5.0	1.6
Use glasses	88.5	100.0	85.0	96.9
Use artificial limb	0.0	0.0	0.0	0.0
Use dialysis machine	1.9	23.8	10.0	20.3

A3.Table 5.24. Descriptive statistics for memory score by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	52	21	80	64
Mean	4.63	4.52	4.75	4.48
SD	0.77	1.08	0.58	1.02
Minimum	1.00	1.00	1.00	0.00
5%	4.00	2.00	4.00	2.00
25%	4.00	5.00	5.00	4.00
50%	5.00	5.00	5.00	5.00
75%	5.00	5.00	5.00	5.00
95%	5.00	5.00	5.00	5.00
Maximum	5.00	5.00	5.00	5.00

A3.Table 5.25. Descriptive statistics for well-being score by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	52	21	80	64
Mean	6.04	6.10	5.45	5.14
SD	1.20	1.22	1.75	1.71
Minimum	1.00	2.00	1.00	1.00
5%	4.00	5.00	2.00	2.00
25%	6.00	6.00	5.00	4.00
50%	6.00	6.00	6.00	5.00
75%	7.00	7.00	7.00	6.50
95%	7.00	7.00	7.00	7.00
Maximum	7.00	7.00	7.00	7.00

A3.Table 5.26. Descriptive statistics for self-health score by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	52	21	80	64
Mean	9.50	9.62	9.36	8.22
SD	2.30	2.29	2.17	2.45
Minimum	4.00	4.00	4.00	4.00
5%	5.00	5.00	5.50	4.00

25%	8.00	8.00	7.00	7.00
50%	10.00	10.00	10.00	8.00
75%	11.00	12.00	11.00	11.00
95%	13.00	12.00	12.00	12.00
Maximum	13.00	12.00	13.00	12.00

A3.Table 5.27. Descriptive statistics for health behaviour score by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	52	21	80	64
Mean	8.25	8.00	8.01	7.77
SD	1.20	1.30	1.19	1.16
Minimum	3.00	4.00	4.00	5.00
5%	6.00	6.00	5.50	5.00
25%	8.00	7.00	8.00	7.00
50%	9.00	8.00	8.00	8.0
75%	9.00	9.00	9.00	9.0
95%	9.00	9.00	9.00	9.00
Maximum	9.00	9.00	9.00	9.00

A3.Table 5.28. Descriptive statistics for health condition score by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	52	21	80	64
Mean	43.90	43.24	43.41	42.05
SD	1.86	2.00	1.87	1.99
Minimum	40.00	38.00	38.00	36.00
5%	40.00	40.00	40.00	38.00
25%	43.00	43.00	42.00	41.00
50%	44.00	43.00	44.00	42.00
75%	46.00	45.00	45.00	43.00
95%	46.00	46.00	46.00	45.00
Maximum	46.00	46.00	46.00	46.00

A3.Table 5.29. Descriptive statistics for total health score by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	52	21	80	64
Mean	63.65	62.76	62.76	59.94
SD	4.30	4.93	4.32	4.48
Minimum	53.00	51.00	53.00	50.00
5%	55.00	51.00	54.50	53.00
25%	61.00	60.00	59.50	56.50
50%	64.00	64.00	64.00	60.00
75%	67.00	66.00	66.00	63.00
95%	68.00	69.00	68.00	67.00
Maximum	69.00	69.00	69.00	67.00

DIETARY HABITS

A3.Table 5.30. DH 58. "How often do you eat with others?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Eat alone	17.0	47.4	45.7	78.8
2 - 3 week	8.5	15.8	10.0	3.8
Daily	74.5	36.8	44.3	17.3
Number of subjects (n)	47	19	70	52

A3.Table 5.31. DH 60A. "How often do you eat away from home (e.g. friend's home restaurant, tavern)?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
> 3 times/week	14.9	21.1	7.1	0.0
1 - 2 times/week	14.9	26.3	25.7	21.2
1 - 2 times/month	40.4	36.8	35.7	30.8

< 1 time/month	25.5	10.5	28.6	34.6
Never	4.3	5.3	2.9	13.5
Number of subjects (n)	-	19	70	52

A3.Table 5.32. DH 60B. "In what type of place do you normally eat?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Not sure	4.3	5.3	2.9	15.4
Restaurant	23.4	31.6	11.4	9.6
Friend's home	61.7	57.9	82.9	71.2
Pub/others	10.6	5.3	2.9	3.8
Number of subjects (n)	47	19	70	52

A3.Table 5.33. DH 60C. "When you go out, what kind of food do you usually eat?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Not sure	4.3	5.3	2.9	15.4
Snack	8.5	5.3	15.7	7.7
Main meal	83.0	84.2	80.0	73.1
Tripe/others	4.3	5.3	1.4	3.8
Number of subjects (n)	47	19	70	52

A3.Table 5.34. DH 61A. "What proportion of the food you eat comes from your garden or land?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
All/most	4.3	5.3	2.9	1.9
Some	27.7	21.1	21.4	5.8
None	68.1	73.7	75.7	92.3
Number of subjects (n)	47	19	70	52

A3.Table 5.35. DH 61B. "What proportion of the food you eat comes from a shop?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
All	80.9	73.7	84.3	96.2
Most	17.0	26.3	14.3	3.8
Some/none	2.1	0.0	1.4	0.0
Number of subjects (n)	47	19	70	52

A3.Table 5.36. DH 61C. "Are the shops where you can purchase food within walking distance?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	91.5	78.9	94.3	71.2
No	8.5	21.1	5.7	28.8
Number of subjects (n)	47	19	70	52

A3.Table 5.37. DH 62WHY. "If you do not do any shopping for food, why not?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Not sure	91.5	78.9	92.9	71.2
Someone else goes	6.4	10.5	0.0	5.8
Too weak to go	2.1	5.3	5.7	17.3
Shops far away/other	0.0	5.3	1.4	5.8
Number of subjects (n)	47	19	70	52

A3.Table 5.38. DH 62 WHO. "If you do not do any shopping for food, who goes shopping for you?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Not sure	89.4	78.9	92.9	71.2
Spouse	10.6	5.3	1.4	3.8
Children	0.0	0.0	0.0	3.8

Grandchildren/friends	0.0	0.0	1.4	0.0
Paid for help	0.0	15.8	4.3	21.2
Number of subjects (n)	47	19	70	52

A3.Table 5.39. DH65. "Do you have any of the following?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Have stove	100.0	100.0	100.0	100.0
Have oven	100.0	100.0	100.0	100.0
Have fridge	100.0	100.0	100.0	100.0
Have TV	95.7	100.0	97.1	94.2
Have radio	100.0	100.0	98.6	100.0
Have phone	100.0	100.0	100.0	100.0
Have toilet	100.0	100.0	100.0	100.0
Have hot water	100.0	100.0	100.0	100.0
Have microwave	17.0	5.3	8.6	7.7
Have freezer	48.9	78.9	90.0	76.9

A3.Table 5.40. DH 68. "Do you eat the fat on meat?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Usually	29.8	31.6	20.0	17.3
Occasionally	14.9	21.1	8.6	9.6
Rarely	55.3	47.4	71.4	73.1
Number of subjects (n)	47	19	70	52

A3.Table 5.41. DH 69. "Do you eat the skin on chicken?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Usually	34.0	31.6	28.6	25.0
Occasionally	14.9	5.3	14.3	9.6
Rarely	51.1	63.2	57.1	65.4
Number of subjects (n)	47	19	70	52

A3.Table 5.42. DH 70. "Do you add salt or stock cubes to food while cooking?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
No	4.3	10.5	4.3	5.8
Sometimes	17.0	10.5	20.0	17.3
Most of times	78.7	78.9	75.7	76.9
Number of subjects (n)	47	19	70	52

A3.Table 5.43. DH 71. "Do you add salt to your food at the table?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
No	51.1	52.6	62.9	55.8
Sometimes	31.9	36.8	30.0	30.8
Most of times	17.0	10.5	7.1	13.5
Number of subjects (n)	47	19	70	52

A3.Table 5.44. DH 75. "How do you usually cook or eat vegetables and meat/ fish/ chicken?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Vegetable-boiled	87.2	94.7	92.9	96.2
Vegetable-steamed	4.3	10.5	5.7	5.8
Vegetable-microwaved	6.4	0.0	1.4	5.8
Vegetable-casserole	59.6	63.2	57.1	57.7
Vegetable-fried	4.3	0.0	5.7	5.8
Vegetable-roasted	14.9	5.3	11.4	15.4
Vegetable-salad	91.5	89.5	88.6	78.8
Meat-boiled	87.2	89.5	85.7	100.0
Meat-steamed	2.1	0.0	0.0	3.8
Meat-microwaved	6.4	0.0	2.9	3.8
Meat-casserole	76.6	68.4	62.9	63.5
Meat-fried	91.5	89.5	88.6	84.6
Meat-roasted	70.2	68.4	64.3	46.2

Meat-grilled	13.8	14.3	10.5	15.4
Meat-BBQ	6.4	0.0	0.0	3.8

A3.Table 5.45. DH76A. "Do you drink alcohol at least once a month?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	91.5	84.2	77.1	63.5
No	8.5	15.8	22.9	36.5
Number of subjects (n)	47	19	70	52

A3.Table 5.46. APP53 No. "Do you enjoy your food as much as you used to and if not, why not?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Enjoy food	89.4	94.7	88.6	84.6
Food are not interest	4.3	5.3	4.3	9.6
No company	0.0	0.0	2.9	5.8
Lost interest in cooking	6.4	0.0	10.0	11.5
Appetite is smaller	10.6	5.3	7.1	13.5
Food do not taste good	6.4	5.3	2.9	9.6
Food do not smell good	2.1	5.3	2.9	3.8

A3.Table 5.47. APP54. "How would you describe your appetite?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Poor to fair	19.1	10.5	11.4	28.8
Good	51.1	52.6	54.3	51.9
Very good	29.8	36.8	34.3	19.2
Number of subjects (n)	47	19	70	52

A3.Table 5.48. APP55T. Dental status by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
False teeth	10.6	36.8	21.4	26.9
Own teeth	80.9	57.9	72.9	67.3
Few teeth	8.5	5.3	5.7	5.8
Number of subjects (n)	47	19	70	52

A3.Table 5.49. APP55. "Do you have problems with any of the following?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Poorly fit dentures	6.4	10.5	5.7	11.5
Foods too acid	0.0	21.1	15.7	15.4
Difficult in chewing	2.1	10.5	5.7	9.6
Difficult in swallowing	2.1	10.5	4.3	9.6
Heartburn	10.6	21.1	20.0	36.5
Sore mouth	4.3	15.8	1.4	5.8
Dry mouth	12.8	15.8	25.7	48.1

FOOD INTAKES

A3.Table 5.50. Descriptive statistics for eggs (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	17.30	16.19	12.48	19.42
SD	19.58	19.74	13.34	22.93
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	1.83	1.83	3.67	5.50
50%	7.86	15.71	7.86	15.71
75%	23.57	15.71	15.71	23.57
95%	55.00	78.57	47.14	78.57

Maximum	82.50	78.57	55.00	110.00
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A3.Table 5.51. Descriptive statistics for milk and dairy products (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	444.04	408.90	423.62	436.21
SD	251.02	262.99	242.13	228.47
Minimum	6.00	35.71	34.00	50.00
5%	56.22	35.71	67.89	75.00
25%	301.85	217.32	256.43	301.84
50%	430.00	350.69	400.30	446.67
75%	587.86	639.40	568.52	525.14
95%	687.86	1084.57	846.68	950.00
Maximum	1470.50	1084.57	1078.57	1131.00

A3.Table 5.52. Descriptive statistics for fish and fish dish (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	92.82	95.35	66.43	77.27
SD	55.82	64.25	50.25	47.60
Minimum	0.00	21.43	0.00	8.57
5%	14.26	21.43	4.00	14.00
25%	49.27	52.86	27.99	43.59
50%	90.45	74.14	51.38	66.09
75%	127.86	123.57	92.69	108.14
95%	194.55	276.30	172.05	144.43
Maximum	245.07	276.30	209.14	229.29

A3.Table 5.53. Descriptive statistics for shellfish and crustaceans (g/day) by age group and gender.

SWE	Men	Women
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	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	6.56	4.78	4.95	3.34
SD	6.81	4.81	6.70	3.76
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.99	1.15	0.33	0.00
50%	4.00	4.00	2.00	2.00
75%	8.57	8.00	8.00	4.29
95%	18.00	18.00	17.14	9.00
Maximum	25.71	18.00	38.57	17.14

A3.Table 5.54. Descriptive statistics for lamb, veal and beef (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	26.39	30.08	16.00	15.41
SD	28.88	29.27	17.05	19.47
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	9.00	10.32	4.93	5.00
50%	18.00	19.66	10.60	10.89
75%	36.66	35.03	22.07	18.71
95%	74.05	108.86	46.17	66.33
Maximum	158.17	108.86	89.79	95.48

A3.Table 5.55. Descriptive statistics for lamb, veal and beef mixed dish (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	33.80	27.93	22.52	29.10
SD	20.12	16.25	17.43	21.56
Minimum	0.00	4.93	0.00	0.99
5%	7.14	4.93	0.55	4.00
25%	18.57	17.14	8.57	13.57

50%	28.67	28.00	18.57	23.43
75%	43.14	38.48	30.00	40.29
95%	77.86	68.29	56.05	75.90
Maximum	97.71	68.29	73.71	87.71

A3.Table 5.56. Descriptive statistics for pork and mixed dish (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	18.81	20.47	16.11	11.31
SD	13.36	16.96	14.56	13.46
Minimum	0.00	2.96	0.00	0.00
5%	0.00	2.96	0.00	0.00
25%	8.00	6.60	4.00	2.96
50%	18.00	17.14	12.00	6.30
75%	25.71	25.71	25.71	17.14
95%	51.43	68.57	51.43	51.43
Maximum	51.43	68.57	77.14	60.00

A3.Table 5.57. Descriptive statistics for chicken and turkey (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	8.72	7.44	5.68	7.49
SD	8.62	8.62	8.69	9.26
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	2.40	0.49	0.00	0.66
50%	6.49	4.66	2.40	4.00
75%	12.00	12.00	8.00	12.00
95%	24.49	26.70	21.31	32.42
Maximum	38.57	26.70	49.80	37.14

A3.Table 5.58. Descriptive statistics for chicken and turkey mixed dish (g/day) by age

group and gender.				
SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	0.84	0.82	0.88	0.88
SD	2.26	2.06	3.22	2.33
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	8.33	8.40	5.67	5.67
Maximum	8.33	8.40	24.29	12.86

A3.Table 5.59. Descriptive statistics for rabbit and game birds (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	0.93	1.77	0.73	0.63
SD	3.82	3.75	3.70	2.38
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.33	2.22	0.00	0.16
95%	2.71	12.00	1.64	2.22
Maximum	25.71	12.00	28.57	12.00

A3.Table 5.60. Descriptive statistics for organ meats (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	16.95	13.23	13.86	15.49
SD	18.45	13.58	13.59	15.67
Minimum	0.00	0.00	0.00	0.00

5%	0.00	0.00	0.00	0.00
25%	2.96	3.51	2.47	2.00
50%	12.00	8.86	11.32	11.70
75%	26.71	15.43	20.00	22.22
95%	63.43	47.71	43.84	47.71
Maximum	81.71	47.71	59.11	65.00

A3.Table 5.61. Descriptive statistics for root vegetables (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	173.99	153.39	137.44	133.21
SD	94.86	71.07	68.99	63.25
Minimum	53.33	35.71	28.57	14.29
5%	69.64	35.71	56.67	58.24
25%	95.71	105.00	89.41	90.11
50%	167.86	147.86	125.48	117.32
75%	221.43	210.00	173.93	173.57
95%	338.07	305.00	258.81	254.11
Maximum	504.96	305.00	397.79	350.00

A3.Table 5.62. Descriptive statistics for green leafy vegetables (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	0.41	0.00	0.28	0.54
SD	2.19	0.00	1.75	3.64
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.00	0.00	0.00	0.00
95%	0.00	0.00	0.55	0.55
Maximum	14.29	0.00	14.29	25.71

A3.Table 5.63. Descriptive statistics for marrow-like vegetables (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	19.85	11.90	25.30	23.46
SD	25.05	15.66	32.68	27.27
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	1.67	0.00	3.33	1.67
50%	7.14	3.33	14.29	13.81
75%	28.57	21.43	42.86	42.86
95%	64.29	52.19	100.82	57.14
Maximum	100.00	52.19	151.64	128.57

A3.Table 5.64. Descriptive statistics for flower vegetables (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	35.73	25.13	31.67	27.97
SD	39.30	35.31	32.08	28.46
Minimum	1.03	0.00	0.00	0.00
5%	1.67	0.00	1.44	0.00
25%	7.50	5.00	10.00	5.41
50%	26.67	10.71	21.43	19.16
75%	39.14	34.76	35.82	45.00
95%	142.86	136.43	115.95	76.43
Maximum	150.00	136.43	136.43	111.88

A3.Table 5.65. Descriptive statistics for other vegetables (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50

Mean	95.97	72.81	98.70	88.78
SD	94.03	65.23	72.82	94.94
Minimum	0.00	5.85	7.48	3.33
5%	4.91	5.85	12.25	7.14
25%	30.45	34.48	38.23	27.43
50%	65.09	52.24	92.05	52.17
75%	115.19	111.36	137.37	128.75
95%	314.67	279.51	225.89	359.29
Maximum	353.59	279.51	353.59	401.33

A3.Table 5.66. Descriptive statistics for vegetable mixed dish (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	25.70	20.35	35.41	23.25
SD	25.08	18.25	51.99	27.25
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	10.00	0.00	9.98	2.67
50%	20.83	20.00	21.81	13.86
75%	40.00	31.67	42.86	33.31
95%	52.50	69.64	85.71	70.95
Maximum	139.29	69.64	302.23	128.57

A3.Table 5.67. Descriptive statistics for legumes (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	26.99	25.37	18.12	16.08
SD	24.75	24.92	19.69	16.04
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	8.33	10.00	2.74	1.37
50%	20.00	20.00	11.67	11.03
75%	43.33	30.00	22.79	26.67
95%	73.33	109.05	59.73	44.50

Maximum	89.73	109.05	89.39	61.58
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A3.Table 5.68. Descriptive statistics for bread (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	142.51	127.31	108.72	122.02
SD	87.01	63.49	56.47	56.30
Minimum	24.00	28.67	24.00	21.43
5%	68.00	28.67	40.00	50.57
25%	86.00	74.57	66.71	79.43
50%	122.86	120.29	104.00	114.36
75%	160.00	177.00	132.69	142.00
95%	274.00	290.00	222.00	243.67
Maximum	584.00	290.00	300.00	283.43

A3.Table 5.69. Descriptive statistics for pasta and noodles (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	11.55	5.91	7.74	5.85
SD	24.42	12.46	12.32	10.09
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	4.17	0.68	4.17	1.37
75%	12.50	8.33	8.33	6.67
95%	31.25	53.57	37.50	25.00
Maximum	160.71	53.57	53.57	53.57

A3.Table 5.70. Descriptive statistics for rice and rice noodles (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+

N	47	19	70	50
Mean	25.23	10.00	12.09	13.17
SD	32.70	11.48	15.00	14.34
Minimum	0.00	0.00	0.00	0.00
5%	1.51	0.00	0.00	0.00
25%	5.48	0.00	4.17	2.19
50%	13.33	7.84	8.33	9.69
75%	33.71	17.86	15.38	17.86
95%	107.14	37.50	36.79	54.80
Maximum	160.71	37.50	107.14	66.07

A3.Table 5.71. Descriptive statistics for other cereals (e.g. breakfast cereals) (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	70.68	122.94	71.20	105.12
SD	115.65	141.72	90.78	118.31
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	11.43	0.00	6.30
50%	20.34	72.14	37.86	55.08
75%	60.83	264.17	109.81	161.07
95%	325.00	400.00	262.50	342.86
Maximum	510.71	400.00	344.63	400.36

A3.Table 5.72. Descriptive statistics for cakes, biscuits, pastries, etc. (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	73.52	74.46	62.13	66.51
SD	56.12	45.37	56.63	66.45
Minimum	0.00	6.45	0.00	0.00
5%	2.33	6.45	4.00	6.00
25%	22.86	26.21	18.73	26.67
50%	62.86	78.10	45.53	54.56

75%	124.57	108.57	83.29	82.86
95%	160.95	168.00	150.43	161.33
Maximum	205.43	168.00	318.00	354.29

A3.Table 5.73. Descriptive statistics for desserts, puddings, custards (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	33.55	74.57	43.66	59.42
SD	48.17	100.09	62.14	82.34
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	7.67	3.29	8.67
50%	6.67	40.50	15.68	27.02
75%	61.17	133.57	63.81	85.48
95%	132.67	371.43	185.58	238.45
Maximum	175.54	371.43	320.95	400.55

A3.Table 5.74. Descriptive statistics for fruits (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	229.73	176.49	241.40	228.42
SD	178.75	102.29	187.35	121.16
Minimum	0.00	0.00	3.66	0.00
5%	18.45	0.00	33.83	28.88
25%	120.24	97.36	122.02	134.64
50%	190.34	162.27	171.96	209.46
75%	307.11	264.44	330.83	302.32
95%	549.50	375.20	663.39	453.71
Maximum	843.57	375.20	900.83	487.63

A3.Table 5.75. Descriptive statistics for fruit juices (ml/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	44.28	28.51	47.03	49.43
SD	98.47	66.88	93.99	79.07
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	64.00	0.00	34.29	99.43
95%	144.00	240.00	240.00	240.00
Maximum	600.00	240.00	480.00	240.00

A3.Table 5.76. Descriptive statistics for nuts, dips, snacks, etc. (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	5.12	0.19	2.76	1.23
SD	22.18	0.54	12.23	5.93
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	0.50	0.11	0.00	0.00
95%	15.00	2.36	14.29	0.67
Maximum	150.00	2.36	80.00	30.00

A3.Table 5.77. Descriptive statistics for soft drinks and cordials (ml/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	67.12	31.47	49.41	80.11
SD	155.07	63.48	140.31	182.70
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00

25%	0.00	0.00	0.00	0.00
50%	0.00	0.00	0.00	0.00
75%	41.14	34.29	34.29	34.29
95%	480.00	240.00	240.00	480.00
Maximum	792.00	240.00	960.00	888.00

A3.Table 5.78. Descriptive statistics for tea (ml/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	?	?	?	?
SD	?	?	?	?
Minimum	?	?	0.00	0.00
5%	?	?	0.00	0.00
25%	?	?	0.00	0.00
50%	?	?	0.29	0.15
75%	?	?	1.00	1.00
95%	?	?	3.50	4.00
Maximum	?	?	8.00	4.00

A3.Table 5.79. Descriptive statistics for coffee (ml/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	3.47	2.37	2.89	2.88
SD	2.20	1.98	1.56	1.93
Minimum	0.00	0.00	0.00	0.00
5%	?	?	0.43	0.00
25%	?	?	2.00	2.00
50%	?	?	3.00	2.00
75%	?	?	4.00	4.00
95%	?	?	5.00	7.00
Maximum	8.00	8.00	8.00	8.00

A3.Table 5.80. Descriptive statistics for water (ml/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	377.51	576.69	547.86	664.00
SD	362.91	435.53	403.29	592.73
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	100.00	200.00	200.00	400.00
50%	200.00	600.00	425.00	500.00
75%	600.00	800.00	800.00	800.00
95%	1100.00	1400.00	1200.00	2000.00
Maximum	1400.00	1400.00	2000.00	3000.00

A3.Table 5.81. Descriptive statistics for sugar, jam, honey, sweets (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	49.30	70.79	51.70	45.82
SD	40.66	66.83	50.98	39.37
Minimum	0.00	22.29	0.00	0.00
5%	2.67	22.29	2.33	8.17
25%	14.71	35.71	14.01	19.43
50%	42.62	57.14	42.85	39.72
75%	82.14	81.00	70.45	53.43
95%	122.86	323.00	130.86	141.86
Maximum	199.00	323.00	322.94	192.14

A3.Table 5.82. Descriptive statistics for processed meats (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	31.58	23.27	18.38	19.74
SD	53.57	18.67	15.67	20.51
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00

25%	10.00	9.33	7.83	5.64
50%	21.00	23.41	14.76	16.90
75%	40.11	30.71	24.00	21.98
95%	64.29	73.10	50.91	56.57
Maximum	370.72	73.10	80.00	112.86

A3.Table 5.83. Descriptive statistics for herbs, garlic, olives (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	0.86	0.38	0.68	1.21
SD	3.25	0.82	2.46	4.19
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	0.07	0.00	0.07	0.01
75%	0.33	0.11	0.70	0.29
95%	2.86	2.86	2.00	10.29
Maximum	22.00	2.86	20.13	20.29

A3.Table 5.84. Descriptive statistics for fungi (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	4.10	3.17	3.47	3.83
SD	5.94	5.93	4.17	4.92
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.16	0.00	1.00	0.49
50%	2.00	1.00	2.00	1.99
75%	4.29	3.00	6.00	6.00
95%	12.86	25.71	10.00	12.86
Maximum	32.14	25.71	25.71	17.14

A3.Table 5.85. Descriptive statistics for others (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	8.63	5.11	6.77	7.63
SD	16.44	10.52	14.80	18.47
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.00	0.00	0.00	0.00
50%	2.92	0.00	0.00	0.00
75%	12.18	10.00	5.00	4.38
95%	30.82	44.98	30.82	42.86
Maximum	100.71	44.98	85.71	85.71

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A3.Table 5.86. Descriptive statistics for energy intake (kJ/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	11674.8	11177.7	9918.8	9793.0
SD	2917.2	2508.9	2940.5	2462.8
Minimum	6522.7	5701.3	5296.0	5414.2
5%	7099.2	5701.3	6177.0	6328.4
25%	9978.2	9653.2	7814.0	8258.3
50%	11271.5	10701.2	9247.5	9334.4
75%	13501.7	13247.0	10891.7	10582.5
95%	15696.3	16315.9	16007.7	15905.6
Maximum	22999.9	16315.9	20473.9	16073.6

A3.Table 5.87. Descriptive statistics for protein intake (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	97.26	95.07	78.94	80.78
SD	28.21	28.30	23.82	24.55
Minimum	46.42	56.85	42.64	38.69
5%	55.63	56.85	46.91	41.46
25%	79.58	75.66	61.28	66.56
50%	96.29	95.94	73.40	76.17
75%	112.43	112.72	92.17	95.27
95%	161.02	153.45	134.82	133.73
Maximum	189.19	153.45	143.50	144.24

A3.Table 5.88. Descriptive statistics for total fat intake (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	119.68	115.04	100.34	97.45
SD	38.26	27.45	34.47	31.49
Minimum	43.85	72.01	25.82	54.78
5%	70.61	72.01	56.30	61.63
25%	101.50	94.68	78.62	78.59
50%	116.40	104.94	93.70	88.46
75%	135.82	141.06	113.45	108.29
95%	176.93	168.17	159.79	168.82
Maximum	279.67	168.17	215.29	195.89

A3.Table 5.89. Descriptive statistics for total monounsaturated fat intake (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	40.98	39.06	33.71	32.88
SD	15.33	10.39	12.90	10.78
Minimum	15.67	24.47	6.18	17.93
5%	22.83	24.47	17.89	20.88

25%	31.47	30.88	25.33	26.79
50%	39.69	35.75	31.31	29.31
75%	44.42	48.77	38.12	34.99
95%	61.91	62.94	52.99	59.34
Maximum	115.44	62.94	87.60	64.01

A3.Table 5.90. Descriptive statistics for total polyunsaturated fat intake (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	17.83	16.30	15.18	14.21
SD	8.66	5.29	7.05	6.44
Minimum	5.23	7.83	3.02	4.16
5%	7.20	7.83	6.54	7.40
25%	11.96	12.95	10.42	11.91
50%	17.22	15.03	13.81	13.28
75%	20.63	20.49	17.96	15.46
95%	28.47	28.94	27.81	22.35
Maximum	51.90	28.94	41.43	49.26

A3.Table 5.91. Descriptive statistics for total carbohydrate intake (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	317.20	304.56	276.40	280.74
SD	87.83	80.80	95.85	75.42
Minimum	156.24	113.61	125.50	132.52
5%	171.67	113.61	149.44	187.69
25%	258.76	262.06	211.30	233.06
50%	302.66	304.34	262.64	271.61
75%	383.25	372.40	321.53	308.57
95%	442.82	447.89	466.54	445.38
Maximum	544.01	447.89	622.32	511.63

A3.Table 5.92. Descriptive statistics for sugar intake (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	117.25	123.23	109.63	111.98
SD	42.19	42.42	50.68	42.02
Minimum	42.84	41.19	34.49	39.44
5%	65.22	41.19	42.94	55.78
25%	87.74	101.41	73.12	87.03
50%	108.05	125.25	105.20	106.85
75%	148.05	151.86	135.81	124.36
95%	180.55	216.93	213.27	194.68
Maximum	254.24	216.93	278.00	259.11

A3.Table 5.93. Descriptive statistics for fibre intake (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	24.60	22.88	21.77	22.02
SD	8.69	7.88	8.70	7.67
Minimum	8.45	5.18	8.19	6.35
5%	9.13	5.18	12.40	12.14
25%	21.12	19.27	15.92	15.93
50%	24.30	21.54	19.56	20.90
75%	28.74	28.82	25.10	25.12
95%	40.18	40.63	41.39	37.40
Maximum	56.19	40.63	56.11	44.83

A3.Table 5.94. Descriptive statistics for alcohol intake (g/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	8.33	5.74	7.09	2.74
SD	6.50	4.41	19.64	4.13

Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	3.60	1.24	0.99	0.00
50%	6.96	5.60	2.98	1.22
75%	11.74	10.18	6.50	3.77
95%	19.58	12.26	17.12	10.11
Maximum	25.39	12.26	162.67	21.43

A3.Table 5.95. Descriptive statistics for carotene equivalent intake ($\mu\text{g}/\text{day}$) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	3639.7	2862.9	3307.8	3603.1
SD	2631.0	2066.0	2234.6	2758.0
Minimum	382.5	370.6	396.8	532.6
5%	732.9	370.6	881.0	708.8
25%	1739.0	1834.5	1514.7	1247.8
50%	3081.5	2235.7	2884.4	2952.7
75%	4485.9	4159.1	4627.9	5304.1
95%	9274.3	9329.0	8273.4	9073.6
Maximum	10154.9	9329.0	8812.2	10787.6

A3.Table 5.96. Descriptive statistics for retinol equivalents intake (RE/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	2512.56	1857.09	2052.86	2284.15
SD	1329.77	837.92	951.69	1457.00
Minimum	681.24	579.16	779.77	592.91
5%	1113.26	579.16	892.10	763.70
25%	1622.62	1212.84	1366.44	1251.13
50%	2202.07	1613.91	1777.67	1948.01
75%	3168.68	2585.46	2549.27	2770.88
95%	5629.87	3468.27	3681.96	5747.06
Maximum	7387.05	3468.27	6079.84	7622.73

A3.Table 5.97. Descriptive statistics for vitamin D intake ($\mu\text{g}/\text{day}$) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	9.46	10.06	7.80	7.71
SD	3.58	4.27	3.63	2.69
Minimum	0.67	3.30	0.20	1.15
5%	3.94	3.30	2.84	3.16
25%	7.15	6.78	5.06	5.82
50%	9.27	9.02	7.34	7.56
75%	11.63	12.12	10.45	9.50
95%	15.49	22.66	13.72	12.25
Maximum	17.56	22.66	17.06	14.25

A3.Table 5.98. Descriptive statistics for vitamin E intake (mg/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	12.15	10.87	10.49	10.02
SD	6.72	3.24	4.36	3.73
Minimum	3.99	6.30	4.90	2.15
5%	6.35	6.30	5.76	5.44
25%	9.03	8.78	7.66	8.00
50%	10.71	9.99	9.49	9.47
75%	13.02	11.58	12.01	11.19
95%	17.70	18.20	19.19	17.78
Maximum	42.41	18.20	30.49	23.32

A3.Table 5.99. Descriptive statistics for thiamin intake (mg/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+

N	47	19	70	50
Mean	1.70	1.57	1.48	1.47
SD	0.49	0.42	0.46	0.41
Minimum	0.74	0.89	0.72	0.76
5%	1.03	0.89	0.85	0.96
25%	1.38	1.22	1.13	1.20
50%	1.64	1.49	1.48	1.40
75%	1.92	2.03	1.70	1.63
95%	2.61	2.29	2.30	2.35
Maximum	3.09	2.29	3.26	2.54

A3.Table 5.100. Descriptive statistics for riboflavin intake (mg/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	2.35	2.10	2.06	2.12
SD	0.70	0.74	0.68	0.71
Minimum	1.12	0.81	0.82	0.66
5%	1.32	0.81	1.06	0.90
25%	1.91	1.63	1.54	1.72
50%	2.18	1.89	2.02	2.02
75%	2.72	2.64	2.48	2.53
95%	3.67	3.37	3.43	3.28
Maximum	4.27	3.37	3.92	4.02

A3.Table 5.101. Descriptive statistics for vitamin B6 intake (mg/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	1.54	1.43	1.42	1.34
SD	0.53	0.50	0.49	0.34
Minimum	0.63	0.47	0.71	0.69
5%	0.75	0.47	0.85	0.80
25%	1.19	1.20	1.04	1.08
50%	1.51	1.34	1.36	1.37

75%	1.84	1.83	1.69	1.56
95%	2.29	2.11	2.50	1.88
Maximum	3.35	2.11	3.04	2.08

A3.Table 5.102. Descriptive statistics for folacin intake ($\mu\text{g}/\text{day}$) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	237.42	194.48	211.96	221.57
SD	101.16	65.01	84.40	81.45
Minimum	77.81	69.58	83.63	51.90
5%	137.16	69.58	106.96	99.46
25%	181.68	162.59	146.20	161.66
50%	212.62	197.64	193.59	222.77
75%	261.13	231.31	256.33	263.62
95%	440.72	335.04	350.71	359.13
Maximum	669.58	335.04	546.46	384.79

A3.Table 5.103. Descriptive statistics for vitamin B12 intake ($\mu\text{g}/\text{day}$) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	2.99	2.98	3.07	2.99
SD	1.71	1.94	1.98	1.68
Minimum	0.16	0.78	0.39	0.77
5%	0.71	0.78	0.76	0.93
25%	1.86	1.68	1.78	1.88
50%	2.79	2.67	2.64	2.66
75%	3.51	4.33	3.73	3.55
95%	5.73	8.95	7.27	5.53
Maximum	9.13	8.95	11.25	9.84

A3.Table 5.104. Descriptive statistics for vitamin C intake (mg/day) by age group and gender.

gender.				
SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	122.80	91.96	127.48	122.03
SD	67.82	50.37	75.39	67.08
Minimum	19.36	7.00	29.85	8.65
5%	43.32	7.00	39.69	20.95
25%	71.22	62.36	70.17	68.41
50%	118.32	88.69	96.03	114.22
75%	152.18	103.89	173.88	177.19
95%	270.77	220.86	291.99	219.74
Maximum	340.01	220.86	333.59	320.73

A3.Table 5.105. Descriptive statistics for calcium intake (mg/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	1149.14	1113.86	1037.14	1033.49
SD	445.33	482.83	379.56	359.17
Minimum	386.09	345.78	468.49	412.96
5%	567.35	345.78	563.49	435.70
25%	897.33	787.15	770.08	841.43
50%	1084.63	1053.34	955.99	1003.08
75%	1375.03	1307.66	1231.93	1194.18
95%	2040.68	2326.85	1901.24	1779.96
Maximum	2807.60	2326.85	2187.55	2098.10

A3.Table 5.106. Descriptive statistics for phosphorus intake (mg/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	1763.33	1691.53	1488.80	1504.33
SD	511.84	535.72	460.75	433.66
Minimum	964.31	795.92	872.44	674.91

5%	1071.70	795.92	941.22	753.52
25%	1444.19	1211.36	1114.66	1257.80
50%	1731.37	1639.09	1403.48	1453.77
75%	1926.70	2029.14	1696.71	1786.44
95%	2781.19	2882.87	2493.54	2372.48
Maximum	3536.67	2882.87	2961.20	2555.91

A3.Table 5.107. Descriptive statistics for magnesium intake (mg/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	368.38	338.59	316.38	312.90
SD	107.79	96.64	108.78	84.36
Minimum	190.11	124.73	176.52	128.35
5%	210.09	124.73	194.65	175.39
25%	309.44	259.75	233.96	257.65
50%	351.69	353.83	302.94	308.85
75%	425.28	411.39	352.66	351.61
95%	524.66	490.11	514.40	465.80
Maximum	849.55	490.11	720.82	499.58

A3.Table 5.108. Descriptive statistics for iron intake (mg/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	20.17	18.62	16.49	16.91
SD	6.27	4.26	5.56	4.87
Minimum	8.88	11.88	8.25	8.72
5%	11.90	11.88	9.73	9.72
25%	14.79	14.87	12.89	12.77
50%	19.63	18.58	14.65	16.76
75%	23.65	22.62	19.08	19.42
95%	32.06	26.53	25.51	24.80
Maximum	34.37	26.53	41.24	30.45

A3.Table 5.109. Descriptive statistics for zinc intake (mg/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	12.52	12.00	10.04	10.07
SD	3.91	4.05	3.16	3.12
Minimum	5.24	5.99	5.71	4.71
5%	6.53	5.99	6.24	6.14
25%	9.88	8.29	7.78	7.82
50%	12.48	11.56	9.41	9.46
75%	14.72	15.05	11.19	11.39
95%	19.94	20.34	16.39	16.10
Maximum	25.57	20.34	21.45	18.62

A3.Table 5.110. Descriptive statistics for selenium intake (µg/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	41.06	41.45	31.29	35.02
SD	15.19	17.21	14.99	16.72
Minimum	9.17	16.00	2.55	10.72
5%	17.14	16.00	11.96	11.42
25%	30.89	29.25	19.83	23.75
50%	40.26	37.92	29.24	31.12
75%	52.36	52.00	39.07	45.25
95%	65.82	88.18	58.02	64.53
Maximum	86.65	88.18	72.76	95.32

A3.Table 5.111. Descriptive statistics for kalium intake (mg/day) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50

Mean	3794.89	3496.82	3366.14	3321.10
SD	1097.65	1034.61	1046.38	957.14
Minimum	1813.78	1356.54	1680.65	1128.91
5%	2109.29	1356.54	2059.40	1809.53
25%	3007.78	2909.86	2543.62	2602.12
50%	3818.32	3531.22	3096.43	3334.57
75%	4283.22	4398.81	3758.16	3839.72
95%	5882.09	4812.39	5729.51	4793.40
Maximum	8212.47	4812.39	7007.79	5851.40

A3.Table 5.112. Descriptive statistics for % energy intake from carbohydrates by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	43.43	43.21	44.45	45.93
SD	6.47	5.05	7.54	5.28
Minimum	33.59	31.88	31.85	33.97
5%	35.66	31.88	33.50	37.56
25%	38.74	40.10	40.28	42.15
50%	43.74	43.41	43.65	45.47
75%	47.08	45.13	47.25	49.49
95%	50.70	51.97	58.55	55.82
Maximum	72.75	51.97	73.68	57.52

A3.Table 5.113. Descriptive statistics for % energy intake from protein by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	14.21	14.40	13.68	14.02
SD	2.54	2.20	2.35	2.58
Minimum	7.67	10.56	7.94	10.18
5%	10.69	10.56	9.80	10.47
25%	12.71	12.44	12.27	12.16
50%	13.99	14.18	13.69	13.50
75%	15.82	16.09	15.19	15.20

95%	17.44	17.73	18.62	19.66
Maximum	23.75	17.73	19.72	20.64

A3.Table 5.114. Descriptive statistics for % energy intake from fat by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	37.75	38.40	37.51	36.74
SD	5.46	5.22	6.53	5.84
Minimum	15.38	28.75	12.68	24.54
5%	29.72	28.75	27.64	27.43
25%	35.16	34.77	34.40	32.35
50%	38.18	38.14	37.76	36.75
75%	41.19	42.17	41.29	40.33
95%	45.95	48.83	46.21	46.15
Maximum	46.75	48.83	52.12	51.72

A3.Table 5.115. Descriptive statistics for % energy intake from alcohol by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	2.24	19	70	50
Mean	2.12	1.62	1.95	0.79
SD	0.00	1.27	4.02	1.10
Minimum	0.00	0.00	0.00	0.00
5%	0.91	0.00	0.00	0.00
25%	1.74	0.26	0.27	0.00
50%	3.09	2.01	0.98	0.32
75%	6.39	2.27	2.18	1.15
95%	10.04	4.30	5.62	2.75
Maximum	4.30	31.36	5.42	

A3.Table 5.116. Descriptive statistics for refined carbohydrate intake (g/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	10.10	10.77	10.87	11.33
SD	3.09	2.06	3.29	2.75
Minimum	4.83	6.91	3.60	5.75
5%	6.60	6.91	6.03	7.71
25%	8.12	9.38	8.54	9.56
50%	9.89	11.26	10.59	10.74
75%	11.09	12.22	12.51	12.95
95%	14.06	14.51	16.36	16.29
Maximum	24.10	14.51	19.78	17.35

A3.Table 5.117. Descriptive statistics for fibre intake (g/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	2.11	2.03	2.22	2.27
SD	0.60	0.57	0.66	0.63
Minimum	1.02	0.91	0.82	0.98
5%	1.21	0.91	1.49	1.28
25%	1.64	1.55	1.79	1.87
50%	2.22	1.99	2.14	2.22
75%	2.42	2.52	2.48	2.68
95%	3.13	3.31	3.16	3.28
Maximum	3.81	3.31	5.57	3.94

A3.Table 5.118. Descriptive statistics for protein intake (g/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	8.36	8.47	8.05	8.24
SD	1.49	1.30	1.38	1.52
Minimum	4.51	6.21	4.67	5.99
5%	6.29	6.21	5.77	6.16
25%	7.48	7.31	7.22	7.15

50%	8.23	8.34	8.05	7.94
75%	9.31	9.46	8.94	8.94
95%	10.26	10.43	10.95	11.56
Maximum	13.97	10.43	11.60	12.14

A3.Table 5.119. Descriptive statistics for total fat intake (g/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	10.20	10.38	10.14	9.93
SD	1.48	1.41	1.77	1.58
Minimum	4.16	7.77	3.43	6.63
5%	8.03	7.77	7.47	7.41
25%	9.50	9.40	9.30	8.74
50%	10.32	10.31	10.20	9.93
75%	11.13	11.40	11.16	10.90
95%	12.42	13.20	12.49	12.47
Maximum	12.64	13.20	14.09	13.98

A3.Table 5.120. Descriptive statistics for total carbohydrate intake (g/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	27.14	27.01	27.78	28.71
SD	4.04	3.15	4.71	3.30
Minimum	20.99	19.93	19.91	21.23
5%	22.29	19.93	20.94	23.48
25%	24.21	25.06	25.17	26.35
50%	27.34	27.13	27.28	28.42
75%	29.43	28.21	29.53	30.93
95%	31.69	32.48	36.59	34.89
Maximum	45.47	32.48	46.05	35.95

A3.Table 5.121. Descriptive statistics for calcium intake (mg/MJ) by age group and

gender.				
SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	98.55	97.08	105.23	105.25
SD	27.26	27.53	23.76	26.58
Minimum	39.35	52.07	38.40	56.78
5%	61.52	52.07	68.08	64.19
25%	78.31	76.94	89.66	85.94
50%	96.51	97.11	106.90	103.21
75%	117.88	118.59	120.15	123.70
95%	141.65	142.61	147.92	147.95
Maximum	178.87	142.61	151.11	193.70

A3.Table 5.122. Descriptive statistics for phosphorus intake (mg/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	151.67	149.42	150.97	153.85
SD	24.66	22.89	21.89	28.43
Minimum	91.42	108.50	89.92	106.65
5%	112.67	108.50	117.23	116.63
25%	135.34	132.46	136.58	130.48
50%	152.91	144.34	149.47	150.57
75%	167.34	169.80	165.02	174.07
95%	201.19	186.01	190.36	216.32
Maximum	228.13	186.01	206.86	231.73

A3.Table 5.123. Descriptive statistics for magnesium intake (mg/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	31.59	29.98	31.85	32.18
SD	4.26	4.56	4.39	5.73
Minimum	23.19	21.88	22.96	19.74

5%	24.42	21.88	24.94	20.94
25%	29.19	26.92	28.11	28.98
50%	31.91	28.89	31.89	31.65
75%	34.49	33.66	35.14	36.63
95%	39.05	39.03	39.01	41.69
Maximum	41.36	39.03	43.35	44.66

A3.Table 5.124. Descriptive statistics for iron intake (mg/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	1.72	1.69	1.67	1.73
SD	0.31	0.27	0.30	0.30
Minimum	1.19	1.30	1.07	1.22
5%	1.28	1.30	1.20	1.35
25%	1.48	1.51	1.47	1.50
50%	1.73	1.63	1.63	1.67
75%	1.88	1.87	1.92	1.90
95%	2.37	2.24	2.15	2.25
Maximum	2.49	2.24	2.64	2.52

A3.Table 5.125. Descriptive statistics for zinc intake (mg/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	3.54	2.38	2.30	2.50
SD	6.02	1.25	1.32	1.86
Minimum	0.62	0.79	0.66	0.72
5%	0.86	0.79	0.86	0.74
25%	1.44	1.23	1.27	1.26
50%	2.50	2.40	2.09	1.86
75%	3.54	3.03	2.88	3.35
95%	7.81	4.76	4.54	5.93
Maximum	42.43	4.76	7.85	9.81

A3.Table 5.126. Descriptive statistics for selenium intake ($\mu\text{g}/\text{MJ}$) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	5.43	4.74	4.14	4.67
SD	4.67	1.80	1.73	1.81
Minimum	0.87	1.69	0.34	1.76
5%	2.35	1.69	1.57	2.28
25%	3.46	3.16	2.91	3.19
50%	4.61	4.84	3.83	4.44
75%	5.77	6.58	5.21	5.71
95%	9.50	8.07	7.32	8.34
Maximum	33.69	8.07	8.22	9.53

A3.Table 5.127. Descriptive statistics for carotene intake ($\mu\text{g}/\text{MJ}$) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	330.48	247.50	339.31	369.20
SD	274.75	168.37	214.55	281.07
Minimum	53.11	65.00	34.28	57.45
5%	58.64	65.00	93.06	65.10
25%	154.78	146.04	170.23	147.68
50%	280.21	199.63	294.97	311.41
75%	417.16	304.03	469.81	491.53
95%	958.07	817.31	792.62	968.60
Maximum	1322.71	817.31	871.70	1119.22

A3.Table 5.128. Descriptive statistics for vitamin A intake ($\mu\text{g RE}/\text{MJ}$) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50

Mean	220.13	161.32	213.45	231.86
SD	117.79	50.62	99.07	136.09
Minimum	91.10	101.58	54.25	90.27
5%	104.44	101.58	112.80	95.18
25%	137.63	118.39	149.32	142.84
50%	188.63	148.32	209.15	184.63
75%	262.79	199.46	249.23	276.83
95%	506.05	268.94	381.41	610.75
Maximum	685.03	268.94	658.21	641.49

A3.Table 5.129. Descriptive statistics for vitamin D intake ($\mu\text{g}/\text{MJ}$) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	0.81	0.92	0.80	0.80
SD	0.26	0.35	0.32	0.26
Minimum	0.06	0.27	0.03	0.21
5%	0.43	0.27	0.31	0.33
25%	0.66	0.70	0.55	0.61
50%	0.80	0.92	0.79	0.80
75%	0.96	1.06	0.95	1.00
95%	1.20	1.55	1.37	1.24
Maximum	1.42	1.55	1.60	1.42

A3.Table 5.130. Descriptive statistics for vitamin E intake (mg/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	1.04	0.98	1.06	1.03
SD	0.51	0.22	0.28	0.31
Minimum	0.56	0.56	0.57	0.40
5%	0.69	0.56	0.70	0.70
25%	0.79	0.80	0.87	0.84
50%	0.97	1.01	1.02	0.94
75%	1.10	1.15	1.20	1.12

95%	1.68	1.39	1.62	1.62
Maximum	3.99	1.39	1.99	2.00

A3.Table 5.131. Descriptive statistics for thiamin intake (mg/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	0.15	0.14	0.15	0.15
SD	0.02	0.02	0.03	0.03
Minimum	0.11	0.11	0.09	0.09
5%	0.12	0.11	0.11	0.11
25%	0.13	0.13	0.13	0.13
50%	0.14	0.14	0.15	0.15
75%	0.16	0.15	0.17	0.17
95%	0.19	0.19	0.20	0.19
Maximum	0.20	0.19	0.23	0.23

A3.Table 5.132. Descriptive statistics for riboflavin intake (mg/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	0.20	0.18	0.21	0.22
SD	0.05	0.04	0.05	0.06
Minimum	0.12	0.14	0.09	0.10
5%	0.15	0.14	0.14	0.14
25%	0.17	0.15	0.18	0.18
50%	0.20	0.18	0.21	0.21
75%	0.23	0.20	0.23	0.24
95%	0.29	0.28	0.29	0.34
Maximum	0.34	0.28	0.37	0.39

A3.Table 5.133. Descriptive statistics for vitamin B6 intake (mg/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	1.58	1.45	1.44	1.35
SD	0.54	0.51	0.49	0.34
Minimum	0.64	0.48	0.72	0.71
5%	0.79	0.48	0.86	0.80
25%	1.21	1.20	1.05	1.08
50%	1.53	1.36	1.34	1.34
75%	1.92	1.85	1.71	1.57
95%	2.36	2.17	2.50	1.88
Maximum	3.39	2.17	3.04	2.13

A3.Table 5.134. Descriptive statistics for vitamin B12 intake ($\mu\text{g}/\text{MJ}$) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	3.22	3.09	3.16	3.11
SD	1.79	1.95	2.00	1.71
Minimum	0.54	0.86	0.52	0.77
5%	0.94	0.86	0.76	0.93
25%	1.94	1.69	1.84	1.98
50%	2.95	2.85	2.71	2.80
75%	3.88	4.33	3.73	3.60
95%	6.61	9.04	7.56	6.09
Maximum	9.15	9.04	11.40	9.88

A3.Table 5.135. Descriptive statistics for folate intake ($\mu\text{g}/\text{MJ}$) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	20.57	17.25	21.85	22.74
SD	7.25	4.38	7.25	7.26
Minimum	11.47	10.26	6.80	9.59
5%	12.23	10.26	11.11	10.16

25%	15.25	14.61	16.93	16.53
50%	19.04	15.59	20.76	23.57
75%	22.81	20.77	25.82	27.75
95%	34.15	25.29	35.92	34.03
Maximum	43.14	25.29	38.46	39.14

A3.Table 5.136. Descriptive statistics for vitamin C intake (mg/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	10.68	8.11	13.19	12.69
SD	5.97	4.23	7.79	6.82
Minimum	2.97	1.23	2.37	1.26
5%	3.92	1.23	4.32	2.79
25%	6.02	5.30	7.42	7.51
50%	9.44	8.43	11.20	12.38
75%	12.36	9.24	16.05	17.47
95%	19.42	16.67	29.84	24.85
Maximum	31.02	16.67	42.69	29.25

A3.Table 5.137. Descriptive statistics for alcohol intake (g/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	0.77	0.56	0.67	0.27
SD	0.73	0.44	1.39	0.38
Minimum	0.00	0.00	0.00	0.00
5%	0.00	0.00	0.00	0.00
25%	0.32	0.09	0.09	0.00
50%	0.60	0.69	0.34	0.11
75%	1.06	0.78	0.75	0.40
95%	2.20	1.48	1.94	0.95
Maximum	3.46	1.48	10.81	1.87

A3.Table 5.138. Descriptive statistics for monounsaturated fat intake (g/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	3.47	3.52	3.38	3.34
SD	0.58	0.54	0.62	0.52
Minimum	1.49	2.52	0.82	2.20
5%	2.71	2.52	2.38	2.49
25%	3.14	3.04	3.06	2.94
50%	3.52	3.52	3.39	3.41
75%	3.76	3.89	3.83	3.71
95%	4.58	4.35	4.28	4.23
Maximum	5.02	4.35	4.50	4.30

A3.Table 5.139. Descriptive statistics for polyunsaturated fat intake (g/MJ) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	47	19	70	50
Mean	1.51	1.49	1.55	1.45
SD	0.57	0.42	0.62	0.46
Minimum	0.50	0.64	0.40	0.69
5%	0.78	0.64	0.76	0.86
25%	1.16	1.24	1.09	1.17
50%	1.54	1.43	1.52	1.33
75%	1.75	1.90	1.79	1.67
95%	2.07	2.12	2.50	2.15
Maximum	4.38	2.12	3.83	3.51

A3.Table 5.140. Percentage below two thirds of the US RDA by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
Calcium (mg)	4.3	10.5	1.4	10.0
Phosphorus (mg)	0.0	0.0	0.0	0.0
Iron (mg)	0.0	0.0	0.0	0.0

Zinc (mg)	12.8	10.5	20.0	18.0
Magnesium (mg)	6.4	15.8	7.1	8.0
Selenium (mg)	0.0	0.0	0.0	0.0
Vitamin A (ug RE)*	0.0	5.3	0.0	0.0
Thiamin (mg)	2.1	0.0	0.0	0.0
Riboflavin (mg)	0.0	5.3	0.0	2.0
Vitamin B6 (mg)	44.7	57.9	48.6	50.0
Vitamin B12 (ug)	29.8	42.1	31.4	28.0
Folate (ug)	76.6	89.5	80.0	78.0
Vitamin C (mg)	4.3	10.5	5.7	10.0
Vitamin D (ug)	4.3	5.3	7.1	8.0
Vitamin E (mg)	6.4	5.3	2.9	4.0
Number of subjects	47	19	70	50

* Vitamin A (ug Retinol equivalents) = retinol ug + carotene ug/6

** Niacin (mg Niacin equivalents) = nicotin ug + (0.16 x protein g)

ANTHROPOMETRY

A3.Table 5.141. Descriptive statistics for body mass index (kg/m²) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	25.39	24.85	24.02	23.86
SD	3.25	3.26	4.43	4.02
Minimum	19.76	17.43	16.51	16.36
5%	21.06	17.43	17.09	17.27
25%	23.18	23.12	21.28	21.36
50%	25.12	24.81	23.12	24.13
75%	27.18	27.09	26.37	26.53
95%	31.90	32.53	32.98	31.63
Maximum	35.82	32.53	36.88	34.13

A3.Table 5.142. Descriptive statistics for waist circumference (cm) by age group and

gender.				
SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	95.25	94.32	79.90	82.63
SD	8.99	10.05	11.20	10.13
Minimum	82.20	72.00	62.50	60.00
5%	83.03	72.05	63.99	64.05
25%	87.99	88.63	71.00	75.97
50%	93.03	94.90	79.00	82.98
75%	100.02	102.98	86.98	91.01
95%	114.02	113.96	98.97	99.96
Maximum	117.00	114.00	114.00	105.00

A3.Table 5.143. Descriptive statistics for hip circumference (cm) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	102.29	101.83	99.07	99.26
SD	7.20	8.14	9.70	9.05
Minimum	90.60	88.00	79.00	82.00
5%	92.31	88.05	84.04	85.05
25%	97.23	96.04	92.05	93.99
50%	101.10	100.00	98.00	99.50
75%	106.01	107.18	105.02	105.98
95%	117.00	118.96	115.57	115.95
Maximum	121.00	119.00	129.00	119.00

A3.Table 5.144. Descriptive statistics for waist/ hip ratio by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	0.93	0.93	0.81	0.83
SD	0.04	0.05	0.06	0.05
Minimum	0.85	0.80	0.69	0.70
5%	0.87	0.80	0.70	0.72

25%	0.90	0.89	0.76	0.79
50%	0.93	0.92	0.80	0.83
75%	0.96	0.96	0.84	0.86
95%	1.00	1.02	0.92	0.93
Maximum	1.05	1.02	1.01	0.95

A3.Table 5.145. Descriptive statistics for hip length (cm) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	53.05	53.52	51.14	50.60
SD	2.96	1.95	2.71	3.07
Minimum	47.00	50.00	44.000	44.00
5%	47.98	50.05	47.01	45.97
25%	51.02	52.01	49.02	48.96
50%	53.01	53.03	51.01	50.04
75%	55.00	55.01	53.05	52.01
95%	58.00	57.00	55.96	56.96
Maximum	60.00	57.50	57.50	58.50

A3.Table 5.146. Descriptive statistics for triceps circumference (cm) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	30.04	28.90	28.55	28.04
SD	2.68	3.08	3.83	3.89
Minimum	25.00	23.00	22.00	21.00
5%	27.00	23.05	22.51	21.05
25%	28.43	27.23	25.65	25.23
50%	30.01	29.00	28.45	27.98
75%	31.96	30.08	31.03	31.01
95%	35.97	34.96	35.03	34.96
Maximum	37.00	35.00	37.00	37.00

A3.Table 5.147. Descriptive statistics for arm muscle area (cm²) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	54.14	50.12	44.46	42.12
SD	10.11	11.04	12.36	11.04
Minimum	38.45	31.40	24.67	22.91
5%	38.96	31.40	27.34	25.40
25%	46.64	42.55	35.03	34.84
50%	51.72	49.79	44.15	40.47
75%	60.41	56.11	51.86	48.65
95%	74.57	77.66	70.60	62.23
Maximum	77.66	77.66	84.64	70.60

A3.Table 5.148. Descriptive statistics for triceps skinfold (mm) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	14.24	12.58	16.34	16.68
SD	4.26	4.29	3.89	4.68
Minimum	6.00	4.00	10.00	6.00
5%	7.89	4.45	10.26	9.45
25%	11.19	10.88	13.38	13.72
50%	14.25	12.38	16.00	16.43
75%	16.39	13.92	19.00	20.38
95%	22.73	22.55	23.23	23.52
Maximum	25.00	23.00	29.00	24.00

A3.Table 5.149. Descriptive statistics for subscapular skinfold (mm) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	16.61	13.79	14.45	14.64

SD	3.79	5.14	5.02	5.06
Minimum	10.00	4.00	5.00	6.00
5%	11.64	4.45	6.77	7.45
25%	13.61	10.25	10.00	10.45
50%	16.71	14.75	14.21	14.42
75%	19.15	17.13	18.00	18.15
95%	23.23	22.55	23.05	23.55
Maximum	28.00	23.00	26.00	26.00

A3.Table 5.150. Descriptive statistics for suprailiac skinfold (mm) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	14.57	11.90	14.93	15.07
SD	4.92	5.87	5.94	6.09
Minimum	5.00	4.00	3.00	4.00
5%	6.05	4.45	5.40	5.98
25%	10.75	6.38	10.17	11.05
50%	14.63	10.00	15.90	14.58
75%	17.88	16.75	19.50	19.25
95%	23.23	22.55	24.23	25.85
Maximum	24.00	23.00	28.00	28.00

A3.Table 5.151. Descriptive statistics for bicep skinfold (mm) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	7.88	7.58	9.38	10.39
SD	2.65	3.15	3.57	3.86
Minimum	3.00	4.00	3.00	4.00
5%	4.02	3.98	4.76	4.24
25%	5.84	5.42	6.75	7.84
50%	7.56	6.40	8.37	10.38
75%	9.95	9.75	11.93	13.06
95%	12.73	13.55	16.23	17.55

Maximum	14.00	14.00	19.00	19.00
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A3.Table 5.152. Descriptive statistics for loss of height (mm) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	100.18	108.16	86.21	98.81
SD	15.53	14.73	15.32	46.33
Minimum	72.00	80.00	58.00	58.00
5%	81.00	80.00	68.00	70.00
25%	88.00	100.00	78.00	80.00
50%	97.00	107.00	84.00	92.00
75%	113.00	116.00	90.50	102.00
95%	125.00	138.00	119.00	150.00
Maximum	144.00	138.00	145.00	419.00

A3.Table 5.153. Descriptive statistics for body mass index classification by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
BMI<20	1.96	10.53	14.67	18.64
20<=BMI<25	49.02	42.11	46.67	40.68
25<=BMI<30	41.18	42.11	30.67	32.20
BMI>=30	7.84	5.26	8.00	8.47
Total (N)	51	19	75	59

A3.Table 5.154. Descriptive statistics for waist-hip ratio classification by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
WHR<0.9	23.53	36.84	-	-
WHR>=0.9	76.47	63.16	-	-
WHR<0.8	-	-	51.32	28.81
WHR>=0.8	-	-	48.68	71.19

Total (n)	51	19	76	59
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A3.Table 5.155. Descriptive statistics for fat free mass (kg) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	75	59
Mean	53.63	50.80	35.78	32.39
SD	5.03	4.98	5.30	5.10
Minimum	42.18	43.52	25.98	22.77
5%	45.77	43.52	28.37	23.52
25%	50.71	46.84	31.81	28.33
50%	52.90	50.32	35.05	32.38
75%	57.11	53.41	40.07	36.84
95%	61.18	61.26	45.64	40.56
Maximum	68.98	61.26	51.32	41.01

A3.Table 5.156. Descriptive statistics for estimated total body fat (kg) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	75	59
Mean	23.31	23.54	26.70	27.26
SD	5.85	5.98	7.03	6.09
Minimum	15.02	10.48	15.01	16.03
5%	15.77	10.48	15.80	17.12
25%	18.96	19.90	21.53	22.73
50%	23.26	22.36	25.86	27.66
75%	26.24	28.49	30.67	31.66
95%	36.86	37.24	40.69	37.98
Maximum	39.02	37.24	47.88	42.75

A3.Table 5.157. Descriptive statistics for estimated % body fat by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+

N	51	19	75	59
Mean	29.90	31.21	42.22	45.41
SD	3.55	4.07	3.68	3.21
Minimum	22.45	19.40	31.96	34.99
5%	24.58	19.40	35.09	39.75
25%	27.28	29.70	40.43	43.33
50%	29.61	31.96	42.26	45.24
75%	31.82	34.19	44.71	47.75
95%	36.60	37.81	47.30	50.33
Maximum	38.83	37.81	50.45	52.13

BIOLOGICAL MEASUREMENTS

A3.Table 5.158. Descriptive statistics for systolic blood pressure (mmHg) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	152.20	153.37	152.76	156.85
SD	19.29	30.34	23.68	25.16
Minimum	115.00	105.00	110.00	95.00
5%	120.28	105.45	115.10	125.45
25%	139.72	129.88	135.00	139.97
50%	152.00	155.00	150.30	152.00
75%	163.75	179.75	172.50	169.96
95%	184.95	209.55	189.60	209.53
Maximum	200.00	210.00	205.00	240.00

A3.Table 5.159. Descriptive statistics for diastolic blood pressure (mmHg) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	84.53	80.00	81.47	81.15

SD	11.49	11.06	10.00	10.15
Minimum	60.00	60.00	60.00	60.00
5%	69.59	59.98	65.40	60.48
25%	75.19	70.38	74.67	75.13
50%	84.25	84.67	80.31	80.05
75%	90.41	89.88	89.73	85.28
95%	104.73	94.55	99.80	100.18
Maximum	110.00	95.00	105.00	105.00

A3.Table 5.160. Descriptive statistics for haemoglobin (g/dL) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	149.37	145.16	139.28	134.02
SD	14.44	15.96	9.04	13.39
Minimum	119.00	115.00	120.00	87.00
5%	125.05	115.45	124.30	111.45
25%	138.42	136.88	132.50	127.38
50%	147.25	145.00	139.75	134.38
75%	158.63	157.75	152.70	153.55
95%	173.23	168.03	152.70	153.55
Maximum	186.00	168.00	167.00	167.00

A3.Table 5.161. Descriptive statistics for LPK B-leukocyter (x10⁹/L) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	7.36	6.88	6.21	6.80
SD	2.25	1.16	1.59	3.04
Minimum	4.00	5.00	3.50	3.40
5%	4.38	5.05	4.09	4.25
25%	5.59	5.99	5.19	5.49
50%	7.00	6.63	6.05	6.03
75%	8.78	7.61	6.85	7.46
95%	10.52	8.80	9.17	10.23

Maximum	15.40	8.80	11.00	25.80
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A3.Table 5.162. Descriptive statistics for lymphocytes (%) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	34.90	33.26	35.24	32.90
SD	11.30	10.47	7.32	9.22
Minimum	17.00	18.00	17.00	13.00
5%	20.78	18.45	22.90	17.45
25%	27.38	25.88	30.25	28.75
50%	32.88	30.25	35.83	32.38
75%	39.31	40.75	39.33	37.38
95%	64.95	51.55	46.70	44.55
Maximum	70.00	52.00	56.00	76.00

A3.Table 5.163. Descriptive statistics for total lymphocyte count (per 1000) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	2.36	2.63	2.13	2.25
SD	1.65	1.55	1.41	2.48
Minimum	0.40	1.10	0.20	0.30
5%	0.59	1.15	0.44	0.45
25%	1.47	1.53	1.60	1.43
50%	2.18	2.00	2.01	1.94
75%	2.71	3.51	2.42	2.36
95%	5.02	6.56	3.76	3.66
Maximum	10.00	6.60	12.10	19.60

A3.Table 5.164. Descriptive statistics for TPK (x10⁹/L) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59

Mean	230.94	190.84	245.24	228.05
SD	84.19	37.15	63.62	59.98
Minimum	131.00	115.00	124.00	108.00
5%	152.05	115.45	150.30	139.45
25%	183.88	159.25	195.50	190.88
50%	218.00	186.00	246.50	226.00
75%	260.75	215.75	273.50	264.75
95%	304.95	260.55	351.70	359.55
Maximum	724.00	261.00	424.00	412.00

A3.Table 5.165. Descriptive statistics for plasma glucose (mmol/L) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	4.99	4.74	4.48	4.81
SD	1.59	1.40	0.83	1.17
Minimum	3.40	3.50	3.40	3.00
5%	3.91	3.55	3.66	3.50
25%	4.23	4.04	3.90	4.04
50%	4.58	4.48	4.28	4.56
75%	5.03	4.96	4.85	5.30
95%	9.60	9.96	5.87	7.36
Maximum	12.50	10.00	8.40	10.00

A3.Table 5.166. Descriptive statistics for serum cholesterol (mmol/L) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	6.29	5.97	6.95	6.60
SD	1.05	1.40	1.25	1.35
Minimum	3.70	3.50	3.90	4.00
5%	4.81	3.55	4.74	4.55
25%	5.58	4.89	6.10	5.63
50%	6.19	5.63	6.85	6.60
75%	7.01	7.01	7.75	7.33

95%	8.00	8.46	9.07	9.06
Maximum	8.60	8.50	10.00	11.00

A3.Table 5.167. Descriptive statistics for serum triglyceride (mmol/L) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	1.86	1.31	1.54	1.73
SD	1.27	0.55	1.25	0.95
Minimum	0.70	0.40	0.60	0.70
5%	0.71	0.45	0.74	0.71
25%	1.24	0.93	0.97	1.01
50%	1.51	1.37	1.30	1.47
75%	1.91	1.51	1.65	2.31
95%	4.80	2.46	2.67	4.06
Maximum	6.90	2.50	9.70	4.20

A3.Table 5.168. Descriptive statistics for plasma cobalamine (pmol/L) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	74	53
Mean	318.20	329.95	321.69	343.45
SD	181.93	214.11	122.92	186.70
Minimum	75.00	56.00	90.00	96.00
5%	106.05	56.45	138.20	108.15
25%	209.25	183.25	242.00	208.75
50%	279.75	296.00	324.50	273.25
75%	377.75	431.75	393.00	441.25
95%	792.95	976.55	518.80	810.85
Maximum	918.00	977.00	823.00	839.00

A3.Table 5.169. Descriptive statistics for P- folate (nmol/L) by age group and gender.

SWE	Men	Women
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	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	17.92	20.21	22.71	23.15
SD	10.95	15.32	16.12	17.26
Minimum	7.00	7.00	6.00	5.00
5%	7.78	7.45	8.43	6.48
25%	11.65	10.38	12.50	11.96
50%	14.80	13.67	17.25	16.75
75%	18.75	28.75	25.00	25.75
95%	38.95	57.55	59.94	60.22
Maximum	60.00	58.00	90.00	69.00

A3.Table 5.170. Descriptive statistics for B- folate (nmol/L) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	50	19	72	58
Mean	377.64	396.21	366.71	397.72
SD	153.19	201.12	166.80	186.91
Minimum	149.00	198.00	132.00	75.00
5%	202.00	198.45	170.10	182.40
25%	285.00	251.25	240.50	259.00
50%	329.50	326.00	317.50	361.50
75%	450.00	505.75	451.00	472.00
95%	664.00	922.55	704.90	867.60
Maximum	903.00	923.00	881.00	941.00

A3.Table 5.171. Descriptive statistics for serum creatinine ($\mu\text{mol/L}$) by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	51	19	76	59
Mean	100.18	108.16	86.21	93.73
SD	15.53	14.73	15.32	18.96
Minimum	72.00	80.00	58.00	58.00
5%	81.05	80.45	68.30	69.97
25%	88.38	99.88	78.17	80.38
50%	97.00	107.00	83.75	91.75

75%	112.75	115.75	90.50	101.63
95%	124.95	137.55	118.70	138.55
Maximum	144.00	138.00	145.00	155.00

A3.Table 5.172. Descriptive statistics for hand skin test by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	38	15	64	47
Mean	4.82	4.80	4.58	4.74
SD	0.90	0.94	0.89	0.85
Minimum	2.00	3.00	3.00	3.00
5%	2.95	3.25	2.82	3.28
25%	4.43	4.05	3.93	4.08
50%	4.93	4.80	4.74	4.78
75%	5.38	5.56	5.23	5.36
95%	6.23	6.31	6.04	6.24
Maximum	6.00	6.00	6.00	6.00

A3.Table 5.173. Descriptive statistics for arm skin test by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	38	15	61	47
Mean	2.16	2.80	2.39	2.62
SD	0.82	0.94	0.88	0.85
Minimum	1.00	1.00	1.00	1.00
5%	0.82	1.25	0.88	1.28
25%	1.65	2.19	1.76	1.96
50%	2.07	2.81	2.30	2.58
75%	2.48	3.28	3.01	3.20
95%	3.60	4.75	4.09	4.23
Maximum	5.00	5.00	5.00	5.00

SOCIAL & LIFESTYLE FACTORS

A3.Table 5.174. SAR 92A. "In the past year, how often have you gone to a senior centre?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
<= 3 times/year	82.7	71.4	76.2	85.9
<= 1 time/month	9.6	14.3	20.0	4.7
<= 1 time/week	7.7	14.3	2.5	9.4
>= 2 times/week	0.0	0.0	1.3	0.0
Number of subjects (n)	52	21	80	64

A3.Table 5.175. SAR 92B. "In the past year, how often have you gone to church?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
<= 3 times/year	90.4	85.7	78.7	68.7
<= 1 time/month	3.8	14.3	12.5	12.5
<= 1 time/week	3.8	0.0	7.5	18.8
>= 2 times/week	1.9	0.0	1.3	0.0
Number of subjects (n)	52	21	80	64

A3.Table 5.176. SAR 92C. "In the past year, how often have you gone to meetings of a group or club?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
<= 3 times/year	75.0	76.2	72.5	81.2
<= 1 time/month	15.4	4.8	12.5	4.7
>= 2 times/month	9.6	19.0	15.0	14.1
Number of subjects (n)	52	21	80	64

A3.Table 5.177. SAR 92D. "In the past year, how often have you been to the movies/theatre/concerts/seminars?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
<= 3 times/year	57.7	85.7	65.0	81.2
<= 1 time/month	34.6	4.8	26.3	12.5
>= 2 times/month	7.7	9.5	8.8	6.2
Number of subjects (n)	52	21	80	64

A3.Table 5.178. SAR 92E. "In the past year, how often have you gone to a sporting event as a spectator?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	71.2	90.5	97.5	100.0
>= 3 times/year	28.8	9.5	2.5	0.0
Number of subjects (n)	52	21	80	64

A3.Table 5.179. SAR 92F. "In the past year, how often have you participated in a leisure sport e.g. fishing, horseriding, kite flying, sailing?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	78.8	95.2	91.2	100.0
<= 3 times/year	7.7	0.0	5.0	0.0
>= 1 time/week	13.5	4.8	3.7	0.0
Number of subjects (n)	52	21	80	64

A3.Table 5.180. SAR 92G. "In the past year, how often have you played cards, bingo, billiards, chess, darts?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	44.2	47.6	46.2	62.5
<= 1 time/month	21.2	19.0	11.3	7.8
<= 1 time/week	9.6	14.3	13.8	4.7

>= 2 times/week	25.0	19.0	28.8	25.0
Number of subjects (n)	52	21	80	64

A3.Table 5.181. SAR 92H. "In the past year, how often have you taken care of house plants or done gardening?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
<= 1 time/month	26.9	28.6	11.3	23.4
<= 1 time/week	7.7	23.8	10.0	6.2
>= 2 times/week	65.4	47.6	78.7	70.3
Number of subjects (n)	52	21	80	64

A3.Table 5.182. SAR 92I. "In the past year, how often have you worked on a hobby e.g. sewing, woodwork?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	55.8	66.7	42.5	64.1
<= 1 time/month	11.5	0.0	11.3	4.7
<= 1 time/week	11.5	14.3	13.8	7.8
>= 2 times/week	21.2	19.0	32.5	23.4
Number of subjects (n)	52	21	80	64

A3.Table 5.183. SAR 92J. "In the past year, how often have you painted pictures or played a musical instrument?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	88.5	85.7	88.7	95.3
>= 3 times/year	11.5	14.3	11.3	4.7
Number of subjects (n)	52	21	80	64

A3.Table 5.184. SAR 92K. "In the past year, how often have you eaten out at a restaurant for a special occasion with friends or family?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	40.4	33.3	40.0	60.9
<= 10 times/year	48.1	52.4	47.5	32.8
>= 1 time/month	11.5	14.3	12.5	6.2
Number of subjects (n)	52	21	80	64

A3.Table 5.185. SAR 92I. "In the past year, how often have you baby-sat for grand children or other children?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	71.2	81.0	77.5	98.4
<= 1 time/month	17.3	14.3	7.5	1.6
<= 1 time/week	5.8	4.8	6.2	0.0
>= 2 times/week	5.8	-	8.8	0.0
Number of subjects (n)	52	21	80	64

A3.Table 5.186. SAR 92M. "In the past year, how often have you left home to go a short distance forovernight or longer, e.g. to stay with your child?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	28.8	38.1	26.3	34.4
<= 1 time/month	69.2	52.4	68.7	59.4
>= 2 times/month	1.9	9.5	5.0	6.2
Number of subjects (n)	52	21	80	64

A3.Table 5.187. SAR 92N. "In the past year, how often have you gone out of town (long distance) for a holiday?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	40.4	81.0	46.2	73.4
>= 3 times/year	59.6	19.0	53.7	26.6
Number of subjects (n)	52	21	80	64

A3.Table 5.188. SAR 92O. "In the past year, how often have you met up with friends at a coffee shop, pub?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	50.0	52.4	43.7	68.7
<= 10 times/year	23.1	14.3	35.0	26.6
<= 1 time/week	15.4	28.6	21.3	4.7
>= 2 times/week	11.5	4.8	0.0	0.0
Number of subjects (n)	52	21	80	64

A3.Table 5.189. SAR 92P. "In the past year, how often have you done volunteer work?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	86.5	90.5	80.0	84.4
>= 3 times/year	13.5	9.5	20.0	15.6
Number of subjects (n)	52	21	80	64

A3.Table 5.190. SAR 92Q. "In the past year, how often have you done farm work?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
<= 3 times/year	100.0	100.0	100.0	100.0
>= 2 times/month	0.0	0.0	0.0	0.0
Number of subjects (n)	52	21	80	64

A3.Table 5.191. SAR 92R. "In the past year, how often have you watched TV or listened to the radio?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	1.9	4.8	0.0	1.6
<= 1 time/week	5.8	4.8	1.3	1.6

2 - 4 times/week	3.8	0.0	0.0	1.6
>= 5 times/week	88.5	90.5	98.7	95.3
Number of subjects (n)	52	21	80	64

A3.Table 5.192. SAR92S. "In the past year, how often have you gone to a dance?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	80.8	95.2	91.2	96.9
<= 10 times/year	15.4	4.8	3.7	1.6
>= 1 time/month	3.8	0.0	5.0	1.6
Number of subjects (n)	52	21	80	64

A3.Table 5.193. SAR92T. "In the past year, how often have you looked after animals/pets?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	84.6	95.2	83.7	93.7
<= 1 time/week	3.8	0.0	3.7	3.1
>= 2 times/week	11.5	4.8	12.5	3.1
Number of subjects (n)	52	21	80	64

A3.Table 5.194. SAR 92U. "In the past year, how often have you spent reading?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	5.8	9.5	10.0	17.2
<= 1 time/week	5.8	14.3	8.8	7.8
>= 2 times/week	78.8	71.4	73.7	73.4
Not sure	9.6	4.8	7.5	1.6
Number of subjects (n)	52	21	80	64

A3.Table 5.195. SAR93. "Is there anyone in particular in whom you confide or talk to

about your problems?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	84.6	81.0	87.5	75.0
No	15.4	19.0	12.5	25.0
Number of subjects (n)	52	21	80	64

A3.Table 5.196. SAR94. "Do you have any living children?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	61.5	85.7	60.0	51.6
No	38.5	14.3	40.0	48.4
Number of subjects (n)	52	21	80	64

A3.Table 5.197. SAR95. "Do you have any living siblings by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	80.8	61.9	76.2	68.7
No	19.2	38.1	23.8	31.3
Number of subjects (n)	52	21	80	64

A3.Table 5.198. SAR96. "Are there any other relatives to whom you feel very close?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	55.8	57.1	68.7	59.4
No	44.2	42.9	31.3	40.6
Number of subjects (n)	52	21	80	64

A3.Table 5.199. SAR97A. "About how often do you receive visits from close family or friends, including neighbors and work mates?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Rarely	19.2	14.3	18.8	26.6
Monthly	28.8	19.0	22.5	23.4
Weekly	32.7	57.1	50.0	32.8
Daily	19.2	9.5	8.8	17.2
Number of subjects (n)	52	21	80	64

A3.Table 5.200. SAR97B. "How often do you visit close family or friends?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Rarely	26.9	28.6	18.8	37.5
Monthly	32.7	23.8	28.8	25.0
Weekly	36.5	42.9	47.5	31.3
Daily	3.8	4.8	5.0	6.2
Number of subjects (n)	52	21	80	64

A3.Table 5.201. SAR97C. "How often do you speak to family or friends on the telephone?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Rarely	5.8	4.8	2.5	4.7
Monthly	7.7	0.0	0.0	0.0
Weekly	26.9	14.3	26.3	18.8
Daily	59.6	81.0	71.2	76.6
Number of subjects (n)	52	21	80	64

A3.Table 5.202. SAR97D. "How often do you write letters to family or friends?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Rarely	73.8	71.4	70.0	67.2
Monthly	17.3	28.6	21.3	17.2
Weekly	9.6	0.0	8.8	15.6

Number of subjects (n)	52	21	80	64
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A3.Table 5.203. SAR98. "Would you stay with family or friends if you were sick, for a short while?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	19.2	33.3	26.3	25.0
No	80.8	66.7	73.7	75.0
Number of subjects (n)	52	21	80	64

A3.Table 5.204. SAR100. "Do you have friends or neighbors that would help you if you were sick, for a short while?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	61.5	38.1	60.0	60.9
No	38.5	61.9	40.0	39.1
Number of subjects (n)	52	21	80	64

A3.Table 5.205. SAR101. "Do you feel lonely?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Very often	1.9	4.8	8.8	7.8
Sometimes	19.2	14.3	21.3	18.8
Rarely	9.6	28.6	15.0	20.3
Never	69.2	52.4	55.0	53.1
Number of subjects (n)	52	21	80	64

A3.Table 5.206. SAR102. "Do you believe your children and grandchildren respect and acknowledge you?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Sometimes	5.8	9.5	5.0	4.7

Most of times	3.8	4.8	3.7	0.0
Always	51.9	76.2	51.2	46.9
Not sure	38.5	9.5	40.0	48.4
Number of subjects (n)	52	21	80	64

A3.Table 5.207. DC31A. "Do you live alone?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	30.8	57.1	63.75	85.94
No	69.2	42.9	36.25	14.06
Number of subjects (n)	52	21	80	64

A3.Table 5.208. DC31BP. "Does your spouse/partner live here?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	69.20	42.90	36.25	14.06
No	30.80	57.10	63.75	88.94
Number of subjects (n)	52	21	80	64

A3.Table 5.209. DC31BC. "How many children live here?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
None	98.1	100.0	100.0	100.0
>= 1 of my children	1.9	0.0	0.0	0.0
Number of subjects (n)	52	21	80	64

A3.Table 5.210. DC31BG. "How many of your grandchildren live here?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
None	100.0	100.0	100.0	100.0

1 lives here	0.0	0.0	0.0	0.0
2 live here	0.0	0.0	0.0	0.0
3 live here	0.0	0.0	0.0	0.0
Number of subjects (n)	52	21	80	64

A3.Table 5.211. DC31BGA. "How old is the youngest grandchild that lives here?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
< 6 years	0.0	0.0	0.0	0.0
6 - 12 years	0.0	0.0	0.0	0.0
12 - 18 years	0.0	0.0	0.0	0.0
None	100.0	100.0	100.0	100.0
Number of subjects (n)	52	21	80	64

A3.Table 5.212. DC31BO. "How many others live here?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
None	100.0	100.0	100.0	100.0
1 person	0.0	0.0	0.0	0.0
More than 1 person	0.0	0.0	0.0	0.0
Number of subjects (n)	52	21	80	64

A3.Table 5.213. SM90A. "Have you ever smoked regularly, at least one cigarette/cigar/pipe a day?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes, smoked regularly	32.7	38.1	28.8	7.8
Used to now stop	34.6	42.9	23.8	18.8
No, never smoked	25.0	19.0	45.0	71.9
Not sure	7.7	0.0	2.5	1.6
Number of subjects (n)	52	21	80	64

A3.Table 5.214. SM90B. "If yes, for how many years did you or do you smoke?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
0	28.8	19.0	45.0	75.0
2 years	0.0	0.0	1.3	1.6
3 years	1.9	0.0	0.0	1.6
5 years	0.0	0.0	1.3	0.0
10 years	1.9	0.0	2.5	1.6
15 years	0.0	0.0	2.5	0.0
18 years	0.0	0.0	1.3	0.0
20 years	1.9	0.0	6.2	0.0
More than 20 years	65.5	81.0	39.9	20.2
Number of subjects (n)	52	21	80	64

A3.Table 5.215. SL89A. "What time do you normally go to bed?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
6:00 PM	0.0	0.0	0.0	1.6
7:00 PM	0.0	0.0	1.3	1.6
Earlier than 8:00 PM	3.8	0.0	0.0	1.6
9:00 PM	13.5	4.8	10.0	26.6
10:00 PM	26.9	42.9	27.5	39.1
Later than 11:00 PM	53.8	52.4	60.0	29.7
Not sure	1.9	0.0	1.3	0.0
Number of subjects (n)	52	21	80	64

A3.Table 5.216. SL89B. "What time do you normally get up from bed?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Earlier than 5:00 AM	9.6	0.0	5.0	0.0
6:00 AM	19.2	19.0	7.5	14.1
7:00 AM	30.8	14.3	16.3	28.1
8:00 AM	28.8	38.1	43.7	37.5

9:00 AM	11.5	19.0	21.3	10.9
Later than 9:00 AM	0.0	9.5	6.2	9.4
Number of subjects (n)	52	21	80	64

A3.Table 5.217. SL89C. "On average, how many hours of sleep do you get each night?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
3 hours	0.0	0.0	1.3	0.0
4 hours	5.8	0.0	8.8	9.4
5 hours	7.7	19.0	16.3	12.5
6 hours	21.2	19.0	26.3	18.8
7 hours	34.6	23.8	28.8	32.8
8 hours	26.9	38.1	18.8	20.3
9 hours	0.0	0.0	0.0	3.1
10 hours	1.9	0.0	0.0	3.1
12 hours	1.9	0.0	0.0	0.0
Number of subjects (n)	52	21	80	64

A3.Table 5.218. SL89D. "Do you have a nap during the day?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	36.5	33.3	21.3	32.8
No	63.5	66.7	78.7	67.2
Number of subjects (n)	52	21	80	64

A3.Table 5.219. EX86SC. Exercise score by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
1	1.9	9.5	1.3	10.9
2	1.9	0.0	5.0	14.1
3	5.8	14.3	1.3	4.7
4	25.0	19.0	30.0	37.5
5	25.0	33.3	22.5	26.6

6	23.1	23.8	26.3	3.1
7	17.3	0.0	13.8	3.1
Number of subjects (n)	52	21	80	64

A3.Table 5.220. EX84. "About how often do you get out of your house/building in good weather?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
< 3 days/month	1.9	14.3	3.7	20.3
1 - 4 days/week	1.9	9.5	15.0	23.4
> 4 days/week	96.2	76.2	81.2	56.2
Number of subjects (n)	52	21	80	64

A3.Table 5.221. ADL 88A. "Are you able to walk between rooms?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	0.0	9.5	2.5	1.6
With difficulty, but without help		0.0	4.8	5.0
Without difficulty	100.0	85.7	92.5	82.8
Number of subjects (n)	52	21	80	64

A3.Table 5.222. ADL 88B. "Are you able to use the stairs?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	0.0	9.5	8.8	15.6
With difficulty, but without help		7.7	9.5	5.0
Without difficulty	92.3	81.0	86.2	64.1
Number of subjects (n)	52	21	80	64

A3.Table 5.223. ADL 88C. "Are you able to walk at least 400 metres?" by age group and gender.

SWE	Men (%)	Women (%)
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	70 - 79	80+	70 - 79	80+
Cannot do it, need help	1.9	9.5	11.3	23.4
With difficulty, but without help		3.8	9.5	3.7 6.2
Without difficulty	94.2	81.0	85.0	70.3
Number of subjects (n)	52	21	80	64

A3.Table 5.224. ADL 88D. "Are you able to get places out of walking distance, i.e. by bus, taxi, train?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	0.0	0.0	8.8	25.0
With difficulty, but without help		3.8	9.5	3.7 6.2
Without difficulty	96.2	90.5	87.5	68.7
Number of subjects (n)	52	21	80	64

A3.Table 5.225. ADL 88E. "Are you able to use the toilet?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	0.0	4.8	2.5	3.1
With difficulty, but without help		0.0	4.8	5.0 14.1
Without difficulty	100.0	90.5	92.5	82.8
Number of subjects (n)	52	21	80	64

A3.Table 5.226. ADL 88F. "Are you able to wash and bathe yourself?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	0.0	9.5	7.5	12.5
With difficulty, but without help		1.9	0.0	2.5 14.1
Without difficulty	98.1	90.5	90.0	73.4
Number of subjects (n)	52	21	80	64

A3.Table 5.227. ADL 88G. "Are you able to dress and undress?" by age group and

gender.				
SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	1.9	4.8	7.5	3.2
With difficulty, but without help		0.0	4.8	1.3 12.5
Without difficulty	98.1	90.5	91.2	84.4
Number of subjects (n)	52	21	80	64

A3.Table 5.228. ADL 88H. "Are you able to take care of your appearance?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	0.0	4.8	8.8	9.4
With difficulty, but without help		1.9	4.8	1.3 7.8
Without difficulty	98.1	90.5	90.0	82.8
Number of subjects (n)	52	21	80	64

A3.Table 5.229. ADL 88I. "Are you able to get in and out of bed?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	0.0	4.8	2.5	1.6
With difficulty, but without help		0.0	4.8	3.7 9.4
Without difficulty	100.0	90.5	93.7	89.1
Number of subjects (n)	52	21	80	64

A3.Table 5.230. ADL 88J. "Are you able to do your own cooking if you had to?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	1.9	14.3	3.7	9.4
With difficulty, but without help		0.0	4.8	5.0 10.9
Without difficulty	98.1	81.0	91.2	79.7
Number of subjects (n)	52	21	80	64

A3.Table 5.231. ADL 88K. "Are you able to feed yourself if you had to?" by age group and gender.

SWE	Men (%)		Women (%)		
	70 - 79	80+	70 - 79	80+	
Cannot do it, need help	0.0	4.8	3.7	0.0	
With difficulty, but without help		0.0	4.8	96.2	6.2
Without difficulty	100.0	90.5	0.0	93.7	
Number of subjects (n)	52	21	80	64	

A3.Table 5.232. ADL 88L. "Are you able to do light housework (e.g. wash dishes)?" by age group and gender.

SWE	Men (%)		Women (%)		
	70 - 79	80+	70 - 79	80+	
Cannot do it, need help	1.9	9.5	3.7	6.2	
With difficulty, but without help		0.0	4.8	6.2	18.8
Without difficulty	98.10	85.7	90.0	75.0	
Number of subjects (n)	52	21	80	64	

A3.Table 5.233. ADL 88M. "Are you able to do heavy housework (wash windows)?" by age group and gender.

SWE	Men (%)		Women (%)		
	70 - 79	80+	70 - 79	80+	
Cannot do it, need help	7.7	28.6	17.5	50.0	
With difficulty, but without help		3.8	4.8	2.5	9.4
Without difficulty	88.5	66.7	80.0	40.6	
Number of subjects (n)	52	21	80	64	

A3.Table 5.234. ADL 88N. "Are you able to take your own medicine if you had to?" by age group and gender.

SWE	Men (%)		Women (%)		
	70 - 79	80+	70 - 79	80+	
Cannot do it, need help	1.9	4.8	3.7	4.7	

With difficulty, but without help	0.0		4.8	96.2	4.7
Without difficulty	98.1	90.5	0.0	90.6	
Number of subjects (n)	52	21	80	64	

A3.Table 5.235. ADL 88O. "How often do you wet yourself?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	92.3	90.5	88.7	71.9
Occasionally	7.7	0.0	10.0	18.8
Frequently	0.0	9.5	1.3	9.4
Number of subjects (n)	52	21	80	64

A3.Table 5.236. ADL 88P. "How often do you soil yourself?" by age group and gender.

SWE	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	98.1	95.2	100.0	95.3
Occasionally	1.9	4.8	0.0	4.7
Frequently	0.0	0.0	0.0	0.0
Number of subjects (n)	52	21	80	64

A3.Table 5.237. Descriptive statistics for ADL score by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	52	21	80	64
Mean	61.23	57.29	59.06	55.16
SD	2.58	10.47	7.21	8.94
Minimum	48.00	22.00	33.00	30.00
5%	57.00	33.00	36.00	37.00
25%	62.00	58.00	61.00	49.50
50%	62.00	62.00	62.00	59.50
75%	62.00	62.00	62.00	62.00
95%	62.00	62.00	62.00	62.00

Maximum	62.00	62.00	62.00	62.00
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A3.Table 5.238. Descriptive statistics for social activity score by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	52	21	80	64
Mean	55.81	51.90	56.24	49.25
SD	11.13	13.72	12.92	10.66
Minimum	31.00	30.00	26.00	26.00
5%	35.00	32.00	32.00	31.00
25%	49.00	40.00	47.00	42.00
50%	56.50	53.00	54.00	49.00
75%	65.00	63.00	67.50	58.00
95%	74.00	72.00	75.00	65.00
Maximum	76.00	72.00	83.00	70.00

A3.Table 5.239. Descriptive statistics for social network score by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	52	21	80	64
Mean	32.67	33.24	33.11	31.22
SD	4.91	5.92	5.59	5.49
Minimum	22.00	20.00	16.00	19.00
5%	24.00	23.00	21.50	21.00
25%	29.00	31.00	30.00	28.00
50%	33.00	35.00	34.00	31.00
75%	37.00	37.00	38.00	36.00
95%	40.00	40.00	40.00	38.00
Maximum	42.00	41.00	42.00	44.00

A3.Table 5.240. Descriptive statistics for interview score by age group and gender.

SWE	Men		Women	
	70 - 79	80+	70 - 79	80+
N	52	21	80	64

Mean	10.87	10.00	10.50	9.31
SD	1.24	1.84	1.69	1.99
Minimum	8.00	7.00	6.00	5.00
5%	9.00	7.00	6.50	6.00
25%	10.00	9.00	10.00	8.00
50%	11.00	11.00	11.00	10.00
75%	12.00	12.00	12.00	11.00
95%	12.00	12.00	12.00	12.00
Maximum	13.00	12.00	13.00	12.00

