

A3.2 ANGLO-CELTS, MELBOURNE, AUSTRALIA

DEMOGRAPHY

A3.Table 2.1. Descriptive statistics for age by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	42.0	7.0
Mean	73.2	80.9	72.6	87.0
SD	2.7	1.5	2.8	5.0
Minimum	70.0	80.0	70.0	80.0
5%	70.0	80.0	70.0	80.0
25%	71.0	80.0	70.0	82.0
50%	73.0	80.0	72.0	86.0
75%	75.0	81.0	74.0	91.0
95%	78.0	84.0	78.0	94.0
Maximum	79.0	84.0	79.0	94.0

A3.Table 2.2. Q1. As a child did you live in rural or urban community by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Urban	45.2	71.4	62.5	83.3
Rural	33.3	0.0	25.0	0.0
Both urban and rural	21.4	28.6	12.5	16.7
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.3. Q2. As an adult did you live in rural or urban community by age

group and gender.				
ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Urban	81.0	85.7	82.5	83.3
Rural	2.4	0.0	2.5	0.0
Both urban and rural	16.7	14.3	15.0	16.7
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.4. Q4. "Are you currently doing any casual/part-time work?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	16.7	28.6	20.0	0.0
No	83.3	71.4	80.0	100.0
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.5. Q6. Marital status by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Single	0.0	0.0	0.0	14.3
Married	72.1	57.1	47.6	28.6
Divorced	4.7	0.0	7.1	0.0
Widowed	23.3	42.9	45.2	57.1
Total (N)	43.0	7.0	42.0	7.0

A3.Table 2.6. Q10. "What is the highest level of education you have completed?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
No school	0.0	0.0	0.0	0.0
Primary school	25.6	28.6	28.6	42.9
Some high school	39.5	28.6	35.7	42.9
Comp. high school	23.3	28.6	23.8	14.3
Diploma	9.3	14.3	11.9	0.0

Degree	2.3	0.0	0.0	0.0
Total (N)	43.0	7.0	42.0	7.0

A3.Table 2.7. Q11. "What kind of work did you do most of your working life?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Professional	14.0	0.0	9.5	0.0
Administration	14.0	14.3	2.4	0.0
Clerical	11.6	14.3	23.8	14.3
Salesman	4.7	28.6	21.4	14.3
Farmer	0.0	0.0	0.0	0.0
Miner	0.0	0.0	0.0	0.0
Transport	14.8	0.0	0.0	0.0
Tradesman	0.0	28.6	9.5	0.0
Service	0.0	0.0	0.0	0.0
Armed force	0.0	14.3	0.0	0.0
Domestic	0.0	0.0	33.3	71.4
Total(N)	43.0	7.0	42.0	7.0

A3.Table 2.8. Q13. "What is your gross income?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
None	7.0	14.3	2.4	28.6
< \$6,000	0.0	0.0	14.3	0.0
\$6,001 - \$12,000	37.2	42.9	42.9	71.4
\$12,001 - \$22,000	46.5	42.9	31.0	0.0
\$22,001 - \$40,000	4.7	0.0	9.5	0.0
\$40,001	4.7	0.0	0.0	0.0
Total (N)	43.0	7.0	42.0	7.0

HEALTH STATUS

A3.Table 2.9. Q8. "Do you worry more than usual about little things?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	23.8	14.3	40.0	33.3
No	76.2	85.7	60.0	66.7
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.10. Q9. "Have you lost interest in doing things you usually cared about or enjoyed?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	16.7	42.9	17.5	0.0
No	83.3	57.1	82.5	100.0
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.11. Q10. "Have you ever felt so sad or depressed you thought you wanted to die?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	11.9	0.0	20.0	16.7
No	88.1	100.0	80.0	83.4
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.12. Q11. "Do you feel tired most of the time?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	14.3	57.1	30.0	66.7
No	85.7	42.9	70.0	33.3
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.13. Q12. "Are you happy and content with your every day life?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	90.5	100.0	90.0	83.3
No	9.5	0.0	10.0	16.7
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.14. Q13. "Do you laugh easily?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	85.7	85.7	90.0	83.3
No	14.3	14.3	10.0	16.7
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.15. Q14. "Do you listen to music or sing your favorite tunes?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	85.7	71.4	85.0	100.0
No	14.3	28.6	15.0	0.0
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.16. QMA7. "What year is it (now)?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Correct	92.9	85.7	85.7	85.7
Incorrect	7.1	14.3	14.3	14.3
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.17. QMA8. "What month is it (now)?" by age group and gender.

ACA	Men (%)	Women (%)
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	70 - 79	80+	70 - 79	80+
Correct	88.1	85.7	85.7	85.7
Incorrect	11.9	14.3	14.3	14.3
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.18. QMA9. "What day or date of the month is it (now)?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Correct	88.1	71.4	85.7	71.4
Incorrect	11.9	28.6	14.3	28.6
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.19. QMA10. "What is your address?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Correct	92.9	85.7	83.3	85.7
Incorrect	7.1	14.3	16.7	14.3
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.20. Q15. "Do you forget where you left things more than you used to, or forget the names of close friends or relatives?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	71.4	71.4	72.5	66.7
No	28.6	28.6	27.5	33.4
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.21. Q16. "Is your health better, about the same, or not as good as it was three years ago?" by age group and gender.

ACA	Men (%)	Women (%)
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	70 - 79	80+	70 - 79	80+
Not as good	28.6	71.4	32.5	83.3
Same	66.7	14.3	65.0	16.7
Better	4.8	14.3	2.5	0.0
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.22. Q17. "Would you say your health is better, about the same, or not as good as most people of your age?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Not as good	7.1	28.6	2.5	0.0
Same	45.2	42.9	62.5	66.7
Better	47.6	28.6	35.0	33.3
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.23. Q18. "How good is your eyesight (with glasses if used)?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Blind or partially blind	9.5	0.0	2.5	16.7
Good or adequate	90.5	100.0	97.5	83.3
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.24. Q19. "How good is your hearing (with hearing aid if used)?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Deaf or partially deaf	21.4	42.9	17.5	0.0
Good or adequate	78.6	57.1	82.5	100.0
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.25. Q21. "Do you have problems moving your arms or legs, e.g. are you handicapped or paralysed due to a stroke, arthritis, osteoporosis?" by

age group and gender.				
ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	9.5	28.6	25.0	33.3
No	90.5	71.4	75.0	66.7
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.26. Q21A. "Do you have a missing arm or leg due to an accident, diabetes, etc.?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes, an arm missing	0.0	0.0	0.0	0.0
Yes, a leg missing	0.0	0.0	0.0	0.0
No	100.0	100.0	100.0	100.0
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.27. Q27. "About how many times did you see any type of doctor during the past 12 months?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
13 times	20.9	14.3	23.8	28.6
3-12 times	62.8	85.7	61.9	71.4
0 - 2 times	9.3	0.0	14.3	0.0
Not at all	7.0	0.0	0.0	0.0
Number of subjects (n)	43.0	7.0	42.0	7.0

A3.Table 2.28. Q28. "About how many days have you spent in hospital during the past 12 months?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
14 days	4.7	0.0	7.1	42.9
1-14 days	16.3	57.1	14.3	28.6
None	79.1	42.9	78.6	28.6
Number of subjects (n)	43.0	7.0	42.0	7.0

A3.Table 2.29. Q29. "About how many days during the past 12 months have you been sick in bed all or most of the day?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
14 days	2.3	28.6	0.0	0.0
1-14 days	18.6	57.1	23.8	28.6
None	76.7	0.0	76.2	71.4
Not sure	2.3	14.3	0.0	0.0
Number of subjects (n)	43.0	7.0	42.0	7.0

A3.Table 2.30. Q30. Self-assessment of health by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Poor	2.3	14.3	0.0	14.3
Fair	37.2	28.6	26.2	57.1
Good	55.8	42.9	69.0	28.6
Excellent	4.7	14.3	4.8	0.0
Number of subjects (n)	43.0	7.0	42.0	7.0

A3.Table 2.31. Q32. "Have you been told by a doctor/nurse that you have any of the following conditions?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Diabetes	9.3	14.3	9.5	28.6
Hypertensione	30.2	42.9	50.0	42.9
Angina (heart pain)	30.2	0.0	16.7	0.0
Heart attack	27.9	0.0	9.5	0.0
Circulation problem	20.9	28.6	31.0	0.0
Paralysed-stroke	9.3	28.6	4.8	28.6
Arthritis/rheumatism	41.9	57.1	61.9	57.1
Ulcer	20.9	28.6	4.8	0.0
Emphysema/Asthma	14.0	14.3	7.1	0.0
Glaucoma	19.0	14.3	4.8	0.0
Cataracts	16.7	42.9	33.3	42.9

Bowel cancer	7.0	0.0	2.4	0.0
Breast cancer	0.0	0.0	0.0	0.0
Uterus cancer	0.0	0.0	0.0	0.0
Skin cancer	20.9	28.6	14.3	14.3
Other cancer	7.0	0.0	4.8	0.0
Liver trouble	4.7	0.0	0.0	0.0
Gall bladder trouble	4.7	0.0	7.1	0.0
Kidney trouble	9.3	14.3	0.0	0.0
Anaemia	2.3	0.0	9.5	28.6
Parkinson's disease	0.0	0.0	0.0	0.0
Troubles in sleeping	16.3	0.0	31.0	42.9
Nerves/tense	9.3	14.3	9.5	28.6
Prostate problems	23.3	85.7	0.0	0.0
Osteoporosis	0.0	0.0	4.8	14.3
Broken hip	2.4	0.0	7.1	0.0
Other broken bones	38.1	14.3	26.2	0.0
Uric acid/gout	25.6	14.3	2.4	0.0
Urine tract infected	7.0	28.6	23.8	42.9
Constipation	4.7	14.3	21.4	28.6
Stomach/GI problem	20.0	28.6	26.2	28.6
Other condition	18.6	57.1	31.0	28.6
Number of subjects (n)	43.0	7.0	42.0	7.0

A3.Table 2.32. Q34. "Do your health problems stand in the way of you doing things you want to do?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
A great deal	11.6	14.3	0.0	14.3
A little	44.2	71.4	50.0	85.7
Not at all	32.6	14.3	40.5	0.0
Not have health problems	11.6	0.0	9.5	0.0
Number of subjects (n)	43.0	7.0	42.0	7.0

A3.Table 2.33. Q35A. "Are you currently taking any medication for treatment?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+

Yes	76.7	100.0	83.3	100.0
No	23.3	0.0	16.7	0.0
Number of subjects (n)	43.0	7.0	42.0	7.0

A3.Table 2.34. Q35B. "Do you currently take any of the following medications regularly?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Mx Arthritis	11.6	0.0	14.3	14.3
Mx pain killer	0.0	0.0	4.8	0.0
Aspirin	2.3	0.0	0.0	0.0
Mx hypertension	14.0	28.6	35.7	14.3
Mx diuretics	0.0	0.0	0.0	0.0
Mx heart	9.3	14.3	7.1	0.0
Mx chest pain	0.0	0.0	0.0	0.0
Mx anticoagulant	4.7	0.0	0.0	14.3
Mx circulation	2.3	0.0	0.0	0.0
Insulin injection	0.0	0.0	0.0	0.0
Mx diabetes	0.0	0.0	0.0	14.3
Mx ulcers	7.0	14.3	2.4	0.0
Mx seizures	0.0	0.0	0.0	0.0
Mx thyroid	0.0	0.0	0.0	0.0
Mx cortisone	0.0	0.0	0.0	0.0
Mx antibiotic	0.0	0.0	0.0	0.0
Mx tranquilizer	0.0	0.0	4.8	0.0
Mx sleeping	0.0	0.0	0.0	0.0
Mx hormones	0.0	0.0	4.8	0.0
Mx depression	0.0	0.0	0.0	0.0
Mx glaucoma	7.0	0.0	0.0	0.0
Mx muscle relax	2.3	0.0	0.0	0.0
Mx allergy	0.0	0.0	0.0	14.3
Mx constipated	0.0	0.0	0.0	0.0
Mx gout	9.3	14.3	2.4	0.0
Mx indigestion	0.0	14.3	0.0	0.0
Mx bronchitis	0.0	0.0	0.0	0.0
Mx kidneys	0.0	0.0	0.0	0.0
Mx potassium supplement	0.0	0.0	0.0	0.0
Mx lethargy/fatigue	0.0	0.0	2.4	0.0
Mx psoriasis	0.0	0.0	0.0	0.0
Mx fluid retention	0.0	0.0	0.0	14.3

Mx asthma	2.3	0.0	0.0	0.0
Mx shingles	0.0	0.0	0.0	0.0
Mx other	4.6	14.3	0.0	0.0
Number of subjects (n)	43.0	7.0	42.0	7.0

A3.Table 2.35. Q36. "Are you currently taking any dietary supplements?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	16.3	14.3	42.9	57.1
No	83.7	85.7	57.1	42.9
Number of subjects (n)	43.0	7.0	42.0	7.0

A3.Table 2.36. Q37. "How old were you when you had your first mentsrual period?" by age group.

ACA	Women (%)	
	70 - 79	80+
10	4.8	0.0
11	7.1	28.6
12	14.3	0.0
13	26.2	0.0
14	19.0	28.6
15	9.5	14.3
16	14.3	28.6
17	2.4	0.0
Number of subjects (n)	42.0	7.0

A3.Table 2.37. Q38. "At what age did menstruation stop?" by age group.

ACA	Women (%)	
	70 - 79	80+
21	2.4	0.0
34	2.4	0.0
41	2.4	0.0
42	2.4	14.3
43	7.1	0.0

44	2.4	14.3
45	4.8	0.0
46	2.4	0.0
47	7.1	0.0
48	11.9	0.0
49	2.4	0.0
50	19.0	28.6
51	4.8	14.3
52	11.9	0.0
53	4.8	0.0
54	2.4	0.0
56	4.8	0.0
57	2.4	0.0
58	2.4	14.3
Number of subjects (n)	42.0	7.0

DIETARY HABITS

A3.Table 2.38. Q33. "Do you enjoy your food as much as you used to?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Enjoy food	88.1	71.4	72.5	66.7
Food not interest me	4.8	0.0	2.5	0.0
No company at meals	4.8	0.0	5.0	0.0
Lost interest in cooking	2.4	0.0	5.0	0.0
Appetite is smaller	2.4	28.6	17.5	16.7
Food not taste as good	2.4	0.0	5.0	16.7
Food not smell as good	0.0	0.0	0.0	0.0
Problems with digestion	0.0	0.0	10.0	16.7
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.39. Q34. "Do you have problems with the following:?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Poorly fit dentures	16.7	28.6	10.0	16.7
Foods too acid	28.6	57.1	25.0	16.7
Difficulty chewing	7.1	28.6	5.0	0.0
Difficulty swallowing	0.0	28.6	5.0	0.0
Indigestion/heartburn	42.9	57.1	37.5	33.3
Sore mouth	4.8	0.0	12.5	0.0
Dry mouth	4.8	0.0	25.0	0.0
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.40. Q35. "Dental status?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
False teeth	61.9	85.7	65.0	66.7
Own teeth	31.0	14.3	27.5	33.3
Few teeth	7.1	0.0	7.5	0.0
No teeth, gums	0.0	0.0	0.0	0.0
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.41. Q36. "Who usually prepares most of your meals?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yourself	26.2	42.9	95.0	83.3
Spouse	73.8	57.1	5.0	0.0
Relative/friend/neighbour	0.0	0.0	0.0	0.0
Welfare/voluntary help	0.0	0.0	0.0	0.0
Privately employed help	0.0	0.0	0.0	16.7
Meals on wheels	0.0	0.0	0.0	0.0
Number of subjects (n)	42.0	7.0	40.0	6.0

A3.Table 2.42. Q67. "Which of the following best describes your appetite?" by age group and gender.

ACA	Men (%)	Women (%)
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	70 - 79	80+	70 - 79	80+
Poor to fair	18.6	28.6	14.3	42.9
Good	58.1	57.1	61.9	42.9
Very good	23.3	14.3	23.8	14.3
Number of subjects (n)	43.0	7.0	42.0	7.0

A3.Table 2.43. Q73. "How often do you eat with your family and freinds?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Eat alone	18.6	42.9	28.6	28.6
2-3 times a week	11.6	0.0	9.5	14.3
Daily	69.8	57.1	61.9	57.1
Number of subjects (n)	43.0	7.0	42.0	7.0

A3.Table 2.44. Q76. "How often do you eat away from home, excluding lunch meal at work?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
>1 time a week	20.9	0.0	14.3	0.0
1-2 times a month	16.3	14.3	26.2	14.3
< 1 time/month	51.2	71.4	45.2	28.6
Never	11.6	14.3	14.3	57.1
Number of subjects (n)	43.0	7.0	42.0	7.0

A3.Table 2.45. Q77. "In what type of place do you mostly eat?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Restaurant	53.5	57.1	50.0	14.3
'Fast Food' restaurant	4.7	0.0	2.4	0.0
Pub	9.3	14.3	16.7	0.0
Club e.g senior citizens	27.9	14.3	11.9	14.3
Friend's/relative's home	69.8	85.7	61.9	28.6

Number of subjects (n)	43.0	7.0	42.0	7.0
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A3.Table 2.46. Q79. "Do you mainly eat lean cuts of red meat (e.g. rump)?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
I do not eat red meat	4.7	0.0	2.4	14.3
Yes	76.7	71.4	71.4	71.4
No	18.6	28.6	26.2	14.3
Number of subjects (n)	43.0	7.0	42.0	7.0

A3.Table 2.47. Q80. "Do you eat the skin on chicken?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
I do not eat chicken	2.3	0.0	2.4	0.0
Yes	32.6	71.4	28.6	28.6
No	65.1	28.6	69.0	71.4
Number of subjects (n)	43.0	7.0	42.0	7.0

A3.Table 2.48. Q87. "If salt is added to the cooking, how salty are the foods?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
I never add salt	23.3	0.0	33.3	42.9
Lightly salted	58.1	85.7	59.5	42.9
Medium salted	16.3	14.3	7.1	14.3
Heavily salted	2.3	0.0	0.0	0.0
Salting is varied	0.0	0.0	0.0	0.0
Number of subjects (n)	43.0	7.0	42.0	7.0

A3.Table 2.49. Q89. "How often do you add salt or salty sauces, e.g. tomato sauce, to your meals after they are cooked or at the table?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Rarely	32.6	57.1	54.8	71.4
Sometimes	46.5	28.6	42.9	28.6
Often	14.0	14.3	2.4	0.0
Always	7.0	0.0	0.0	0.0
Number of subjects (n)	43.0	7.0	42.0	7.0

A3.Table 2.50. Q91. "Do you eat vegetables/ fruit grown in your backyard?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	72.1	85.7	61.9	28.6
No	27.9	14.3	38.1	71.4
Number of subjects (n)	43.0	7.0	42.0	6.0

FOOD INTAKES

A3.Table 2.51. Descriptive statistics for eggs and quiche (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	17.7	17.8	16.2	21.3
SD	16.1	17.98	18.1	18.0
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	6.66	1.6	4.9	7.1
50%	14.3	13.7	9.0	21.1
75%	28.0	28.65	19.2	28.6
95%	35.7	50.0	57.1	50.0
Maximum	85.7	50.0	71.4	50.0

A3.Table 2.52. Descriptive statistics for milk and milk products (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	266.8	374.5	277.8	243.0
SD	167.3	232.8	176.1	143.5
Minimum	26.39	225.4	11.4	45.7
5%	40.6	225.4	28.4	45.7
25%	129.3	240.0	112.7	167.1
50%	230.7	295.0	263.0	223.0
75%	360.3	382.9	403.3	337.1
95%	485.0	888.3	604.9	461.9
Maximum	896.6	888.3	649.3	461.9

A3.Table 2.53. Descriptive statistics for fish and fish dish (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	14.7	18.8	15.2	10.3
SD	11.5	27.4	11.2	12.2
Minimum	0.0	1.6	0.0	0.0
5%	0.0	1.6	3.0	0.0
25%	5.9	5.9	6.6	0.0
50%	13.8	7.9	9.8	6.9
75%	21.3	14.9	21.4	16.4
95%	37.1	80.0	32.2	31.4
Maximum	39.9	80.0	43.9	31.4

A3.Table 2.54. Descriptive statistics for shellfish and crustaceans (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0

Mean	0.5	0.0	0.3	0.2
SD	1.4	0.0	0.9	0.4
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	0.0	0.0	0.0
50%	0.0	0.0	0.0	0.0
75%	0.0	0.0	0.0	0.0
95%	4.1	0.0	2.1	1.0
Maximum	6.2	0.0	4.5	1.0

A3.Table 2.55. Descriptive statistics for lamb, veal and beef (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	82.9	75.2	62.3	101.3
SD	73.6	59.0	52.0	77.2
Minimum	14.8	6.6	5.0	14.8
5%	24.1	6.6	13.1	14.8
25%	31.9	13.1	31.6	23.8
50%	56.4	85.7	47.9	104.1
75%	109.6	121.3	69.0	155.0
95%	229.5	155.7	158.1	205.9
Maximum	408.0	155.7	250.0	205.9

A3.Table 2.56. Descriptive statistics for lamb, veal and beef mixed dish (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	32.0	17.8	33.1	13.2
SD	27.8	16.9	52.0	8.9
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	8.2	0.0	12.3	7.5
50%	25.0	22.1	22.3	14.0
75%	46.6	35.0	38.6	17.9

95%	91.2	41.4	61.4	25.7
Maximum	105.1	41.4	335.1	25.7

A3.Table 2.57. Descriptive statistics for pork and mixed dish (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	18.1	17.1	19.2	40.2
SD	21.6	18.9	27.9	64.8
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	2.6	3.3	1.6	4.9
50%	13.0	16.0	7.1	18.4
75%	22.3	20.0	29.1	29.6
95%	50.9	56.2	64.9	170.0
Maximum	109.2	56.2	145.1	170.0

A3.Table 2.58. Descriptive statistics for chicken and turkey (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	16.6	7.3	21.6	12.1
SD	16.5	4.4	27.6	4.4
Minimum	0.0	0.0	0.0	7.9
5%	0.0	0.0	2.6	7.9
25%	4.6	3.6	7.2	9.2
50%	13.8	9.2	11.5	10.7
75%	22.9	10.8	24.3	14.1
95%	48.6	11.8	60.0	20.0
Maximum	80.1	11.8	160.0	20.0

A3.Table 2.59. Descriptive statistics for chicken and turkey mixed dish (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	2.9	0.5	6.0	5.1
SD	6.1	1.2	16.0	9.5
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	0.0	0.0	0.0
50%	0.0	0.0	0.0	1.2
75%	3.3	0.0	4.6	4.3
95%	19.4	3.3	20.0	24.3
Maximum	28.6	3.3	94.3	24.3

A3.Table 2.60. Descriptive statistics for rabbit and game birds (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	0.7	0.3	0.4	0.7
SD	2.0	0.9	1.6	1.7
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	0.0	0.0	0.0
50%	0.0	0.0	0.0	0.0
75%	0.0	0.0	0.0	0.0
95%	4.3	2.3	2.3	4.3
Maximum	8.5	2.3	8.5	4.3

A3.Table 2.61. Descriptive statistics for organ meats (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	1.3	0.9	1.0	0.3
SD	6.3	2.3	1.9	0.8
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0

25%	0.0	0.0	0.0	0.0
50%	0.0	0.0	0.0	0.0
75%	0.0	0.0	0.5	0.0
95%	4.1	6.1	4.6	2.0
Maximum	41.0	6.1	6.1	2.0

A3.Table 2.62. Descriptive statistics for root vegetables (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	142.1	125.9	96.5	83.8
SD	123.7	76.8	52.9	73.7
Minimum	19.5	45.1	13.9	13.3
5%	31.4	45.1	20.6	13.3
25%	64.9	64.5	60.0	22.1
50%	112.3	112.8	93.6	76.6
75%	144.7	176.0	125.2	95.7
95%	384.1	270.0	182.9	218.4
Maximum	607.6	270.0	237.6	218.4

A3.Table 2.63. Descriptive statistics for green leafy vegetables (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	19.9	18.8	24.4	13.3
SD	23.1	10.1	25.9	18.2
Minimum	0.0	5.0	0.5	0.0
5%	0.0	5.0	1.8	0.0
25%	6.4	7.2	6.4	0.0
50%	12.7	21.4	16.9	9.1
75%	24.3	25.7	30.5	13.0
95%	42.3	32.9	67.5	48.6
Maximum	115.0	32.7	133.8	48.6

A3.Table 2.64. Descriptive statistics for marrow-like vegetables (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	43.4	27.6	57.1	50.2
SD	46.5	28.1	42.6	44.7
Minimum	0.0	2.0	0.0	12.7
5%	0.0	2.0	2.0	12.7
25%	8.6	4.1	22.0	25.7
50%	32.2	8.5	54.3	32.0
75%	62.4	60.0	78.2	64.1
95%	146.4	60.7	109.9	134.6
Maximum	201.3	60.7	208.4	134.6

A3.Table 2.65. Descriptive statistics for flower vegetables (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	28.7	28.7	31.5	38.5
SD	28.3	17.8	35.3	46.4
Minimum	0.0	6.9	0.0	4.3
5%	0.0	6.9	2.8	4.3
25%	7.3	17.7	9.5	7.1
50%	19.3	29.5	24.1	28.0
75%	42.5	33.8	39.9	33.8
95%	87.2	62.3	75.4	130.0
Maximum	103.8	62.3	177.7	130.0

A3.Table 2.66. Descriptive statistics for other vegetables (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	112.0	160.0	103.6	110.4

SD	106.0	96.2	74.1	121.4
Minimum	0.0	61.3	15.0	24.9
5%	25.3	61.3	19.2	24.9
25%	52.9	88.6	45.5	29.5
50%	87.3	122.1	79.5	73.4
75%	122.0	194.8	147.3	111.9
95%	326.2	349.0	239.8	349.0
Maximum	602.0	349.0	298.2	349.0

A3.Table 2.67. Descriptive statistics for vegetable mixed dish (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	2.5	1.8	6.8	2.9
SD	5.7	4.3	18.7	4.8
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	0.0	0.0	0.0
50%	0.0	0.0	0.0	0.0
75%	2.6	1.3	2.6	5.7
95%	11.4	11.4	30.0	11.4
Maximum	30.0	11.4	107.1	11.4

A3.Table 2.68. Descriptive statistics for legumes (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	18.9	22.4	21.9	28.2
SD	15.9	25.9	30.0	20.5
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	5.4	0.0	5.7	17.1
50%	17.3	12.9	12.9	24.9
75%	26.5	35.0	23.6	44.3
95%	48.3	70.2	64.1	58.2
Maximum	63.0	70.2	167.9	58.2

A3.Table 2.69. Descriptive statistics for bread (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	144.5	125.6	116.6	113.1
SD	111.3	50.2	94.6	73.5
Minimum	2.0	60.0	0.0	30.0
5%	30.0	60.0	34.3	30.0
25%	60.0	66.1	68.2	61.0
50%	108.0	120.0	94.3	111.4
75%	191.6	173.5	133.8	120.0
95%	309.5	192.2	270.0	244.6
Maximum	524.8	192.2	485.9	244.6

A3.Table 2.70. Descriptive statistics for pasta and noodles (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	13.4	32.4	16.4	1.4
SD	22.0	75.4	25.7	3.4
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	0.0	0.0	0.0
50%	0.0	0.0	4.1	0.0
75%	20.5	24.6	17.9	0.0
95%	57.4	202.2	61.8	8.2
Maximum	97.5	202.2	107.1	8.2

A3.Table 2.71. Descriptive statistics for rice and rice noodles (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0

Mean	10.5	45.6	14.7	4.3
SD	24.3	95.8	24.9	4.8
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	0.0	3.3	0.0
50%	3.3	6.6	6.6	3.3
75%	9.8	42.9	13.1	9.2
95%	63.7	260.0	63.7	9.8
Maximum	134.0	260.0	114.3	9.8

A3.Table 2.72. Descriptive statistics for cereals (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	41.5	23.6	51.0	75.1
SD	64.6	28.0	58.1	95.2
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	2.5	19.5	26.4
50%	22.5	15.0	32.1	40.5
75%	37.5	33.0	50.0	81.8
95%	150.0	81.8	210.0	261.1
Maximum	300.0	81.8	236.0	261.1

A3.Table 2.73. Descriptive statistics for cakes, biscuits, buns, pastries, etc. (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	43.3	76.2	50.3	45.6
SD	36.4	33.4	37.1	63.8
Minimum	0.0	43.3	0.0	1.3
5%	5.7	43.3	10.5	1.3
25%	15.0	51.2	24.5	6.1
50%	34.3	74.8	43.9	26.8
75%	54.4	83.6	58.4	40.6
95%	113.6	143.0	117.9	172.2

Maximum	167.3	143.0	182.8	172.2
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A3.Table 2.74. Descriptive statistics for desserts, puddings, custards (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	15.4	12.8	17.5	20.6
SD	27.0	20.7	26.4	23.2
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	0.0	0.0	0.0
50%	1.6	2.8	9.0	13.2
75%	20.0	15.2	22.3	40.0
95%	57.1	57.1	56.4	57.1
Maximum	140.0	57.1	140.0	57.1

A3.Table 2.75. Descriptive statistics for fruits (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	209.2	210.4	292.3	346.4
SD	157.5	73.1	216.4	249.0
Minimum	4.9	117.1	15.9	103.1
5%	21.5	117.1	26.9	103.1
25%	104.8	133.3	145.1	175.0
50%	174.6	235.6	247.3	270.5
75%	265.4	251.9	363.6	482.5
95%	486.8	324.9	650.0	776.4
Maximum	738.1	324.9	1061.8	776.4

A3.Table 2.76. Descriptive statistics for fruit juices (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0

Mean	106.2	52.7	75.8	202.5
SD	95.3	57.1	88.7	151.2
Minimum	0.0	0.0	0.0	14.8
5%	0.0	0.0	0.0	14.8
25%	0.0	0.0	0.0	150.0
50%	150.0	42.9	42.9	150.0
75%	150.0	85.7	107.1	300.0
95%	300.0	150.0	300.0	450.0
Maximum	314.8	150.0	304.9	450.0

A3.Table 2.77. Descriptive statistics for nuts, dips, snacks, etc (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	17.2	20.8	19.3	3.1
SD	11.6	32.4	21.4	3.2
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	6.5	1.6	3.3	0.0
50%	17.3	2.9	14.4	2.8
75%	28.0	53.8	23.4	5.7
95%	32.5	79.9	64.3	7.1
Maximum	48.2	79.9	87.0	7.1

A3.Table 2.78. Descriptive statistics for soft drinks and cordials (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	32.0	62.1	42.2	19.1
SD	79.3	164.4	137.8	46.7
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	0.0	0.0	0.0
50%	0.0	0.0	0.0	0.0
75%	20.0	0.0	6.6	0.0

95%	140.0	435.0	225.0	114.3
Maximum	428.6	435.0	800.0	114.3

A3.Table 2.79. Descriptive statistics for beer (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	263.7	169.4	23.9	0.0
SD	386.5	204.3	75.1	0.0
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	0.0	0.0	0.0
50%	85.7	128.6	0.0	0.0
75%	400.0	400.0	0.0	0.0
95%	1200.0	500.0	157.1	0.0
Maximum	1571.4	500.0	400.0	0.0

A3.Table 2.80. Descriptive statistics for wine (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	28.1	7.1	14.3	26.2
SD	66.3	18.9	38.0	64.2
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	0.0	0.0	0.0
50%	0.0	0.0	0.0	0.0
75%	21.4	0.0	0.0	0.0
95%	157.1	50.0	78.6	157.1
Maximum	314.3	50.0	157.1	157.1

A3.Table 2.81. Descriptive statistics for sherry spirit (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+

N	43.0	7.0	41.0	6.0
Mean	20.2	50.2	4.5	0.3
SD	49.8	79.3	16.1	0.8
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	0.0	0.0	0.0
50%	0.0	2.0	0.0	0.0
75%	6.4	90.0	0.0	0.0
95%	165.0	212.1	30.0	2.0
Maximum	180.0	212.1	90.0	2.0

A3.Table 2.82. Descriptive statistics for tea (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	614.4	485.7	644.9	716.7
SD	411.9	279.5	472.7	360.1
Minimum	0.0	200.0	0.0	200.0
5%	0.0	200.0	0.0	200.0
25%	200.0	200.0	206.6	400.0
50%	600.0	400.0	600.0	800.0
75%	800.0	600.0	1000.0	900.0
95%	1200.0	1000.0	1400.0	1200.0
Maximum	1800.0	1000.0	1600.0	1200.0

A3.Table 2.83. Descriptive statistics for coffee (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	307.3	179.6	285.4	5.9
SD	526.4	172.0	275.3	11.4
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	6.6	0.0	57.1	0.0
50%	200.0	200.0	200.0	0.0
75%	400.0	400.0	400.0	6.6
95%	800.0	400.0	1000.0	28.6

Maximum	3200.0	400.0	1000.0	28.6
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A3.Table 2.84. Descriptive statistics for water (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	286.4	257.1	395.3	566.7
SD	364.1	222.5	413.9	388.2
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	0.0	0.0	200.0
50%	200.0	200.0	200.0	700.0
75%	400.0	400.0	800.0	800.0
95%	1000.0	600.0	1200.0	1000.0
Maximum	1600.0	600.0	1200.0	1000.0

A3.Table 2.85. Descriptive statistics for butter and margarine (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	23.6	34.8	17.8	16.1
SD	13.2	13.4	12.0	5.6
Minimum	0.0	20.0	0.0	7.9
5%	5.0	20.0	5.0	7.9
25%	10.0	25.0	10.0	10.0
50%	20.0	35.0	15.0	19.3
75%	35.0	40.0	20.0	20.0
95%	40.0	60.0	45.0	20.0
Maximum	55.0	60.0	50.0	20.0

A3.Table 2.86. Descriptive statistics for oil (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0

Mean	5.1	2.9	5.3	2.5
SD	6.6	3.9	7.8	4.2
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	0.0	0.0	0.0
50%	5.0	0.0	5.0	0.0
75%	5.0	5.0	10.0	5.0
95%	20.0	10.0	20.0	10.0
Maximum	20.0	10.0	40.0	10.0

A3.Table 2.87. Descriptive statistics for sugar, jam, honey, sweets (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	46.0	53.95	31.9	14.0
SD	40.3	23.6	25.2	15.1
Minimum	0.0	18.9	0.0	0.0
5%	0.0	18.9	0.0	0.0
25%	15.6	27.1	10.9	0.0
50%	40.0	60.2	25.5	11.2
75%	73.9	71.0	44.6	21.3
95%	102.1	84.0	85.7	40.0
Maximum	182.9	84.0	97.9	40.0

A3.Table 2.88. Descriptive statistics for processed meats (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	10.4	24.2	9.6	6.8
SD	13.8	19.8	12.7	8.2
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	3.6	3.0	0.0	0.0
50%	5.9	18.8	4.9	3.3
75%	15.3	42.7	13.4	15.9

95%	29.0	48.8	36.0	18.2
Maximum	84.4	48.8	59.7	18.2

A3.Table 2.89. Descriptive statistics for herbs, garlic, olives (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	6.1	14.4	3.0	13.1
SD	11.0	24.0	5.2	26.7
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	2.0	0.0	0.0
50%	0.3	2.9	1.3	1.5
75%	10.0	17.1	2.8	8.6
95%	19.5	67.1	11.4	67.1
Maximum	60.3	67.1	25.7	67.1

A3.Table 2.90. Descriptive statistics for fungi (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	3.7	1.4	4.1	6.4
SD	5.4	2.3	11.5	14.0
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	0.0	0.0	0.0
50%	1.2	0.0	1.2	1.2
75%	5.0	4.6	4.6	1.2
95%	15.0	5.0	10.0	35.0
Maximum	25.0	5.0	70.0	35.0

A3.Table 2.91. Descriptive statistics for spreads (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+

N	43.0	7.0	41.0	6.0
Mean	7.7	5.2	5.4	10.1
SD	11.2	7.6	7.7	8.8
Minimum	0.0	0.0	0.0	0.7
5%	0.0	0.0	0.0	0.7
25%	0.0	0.0	0.7	1.3
50%	2.9	1.3	2.9	9.3
75%	11.4	11.4	7.9	20.0
95%	21.3	20.0	17.1	20.0
Maximum	45.7	20.0	40.0	20.0

A3.Table 2.92. Descriptive statistics for soups (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	88.5	96.0	83.8	77.3
SD	136.4	93.0	85.1	71.0
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	13.1	19.7	13.1	0.0
50%	39.3	78.7	57.1	85.7
75%	114.3	206.6	149.4	114.3
95%	219.7	235.1	241.7	178.0
Maximum	800.0	235.1	306.6	178.0

A3.Table 2.93. Descriptive statistics for take-away, savoury pastries (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	19.7	52.4	15.9	3.1
SD	39.2	60.9	20.7	5.2
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	11.2	0.0	0.0
50%	9.8	38.5	12.3	0.0
75%	23.6	72.8	25.7	5.9

95%	63.0	177.2	59.3	12.5
Maximum	246.2	177.2	99.6	12.5

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A3.Table 2.94. Descriptive statistics for water intake (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	2661.9	2415.3	2561.5	82598.3
SD	736.1	451.7	875.0	912.8
Minimum	1379.8	1677.8	688.2	1105.6
5%	1686.6	1677.8	1289.1	1105.6
25%	2105.5	1937.2	2005.1	1805.8
50%	2659.7	2486.3	2367.8	3144.9
75%	3163.3	2781.6	3221.8	3193.3
95%	3657.2	2922.6	3773.6	3195.1
Maximum	4847.4	2922.6	5226.5	3195.1

A3.Table 2.95. Descriptive statistics for energy intake (kJ/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	9836.7	11469.8	8600.5	8734.0
SD	2733.5	2178.3	2389.9	2925.0
Minimum	5741.2	9780.1	3357.6	4187.3
5%	6731.68	9780.07	5493.1	4187.3
25%	8138.0	9825.9	6921.4	6750.5
50%	9214.9	10364.7	7945.5	9118.6
75%	11090.3	12749.0	10608.6	11059.8
95%	15604.4	15769.4	11794.2	12169.0

Maximum	19749.9	15769.4	14899.8	12169.0
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A3.Table 2.96. Descriptive statistics for energy intake (Kcal) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	2373.6	2770.4	2073.3	2100.5
SD	661.2	527.1	576.0	704.9
Minimum	1374.7	2357.1	807.1	1007.6
5%	1624.1	2357.1	1321.3	1007.6
25%	1955.9	2372.0	1659.7	1619.5
50%	2224.9	2508.2	1913.1	2192.0
75%	2666.7	3082.2	2556.8	2660.9
95%	3756.3	3807.9	2843.6	2930.9
Maximum	4770.5	3807.9	3589.1	2930.9

A3.Table 2.97. Descriptive statistics for protein intake (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	103.0	109.3	98.1	108.4
SD	32.2	20.2	37.9	35.1
Minimum	61.0	93.2	48.3	47.3
5%	65.4	93.2	55.8	47.3
25%	81.0	96.0	71.1	99.9
50%	92.0	99.9	90.5	113.2
75%	122.2	132.3	114.5	122.2
95%	148.5	143.8	151.2	154.2
Maximum	224.4	143.8	239.8	154.2

A3.Table 2.98. Descriptive statistics for total fat intake (g/day) by age group and gender.

ACA	Men	Women
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	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	90.7	116.8	80.2	86.9
SD	31.2	35.5	26.4	34.5
Minimum	42.5	82.6	27.7	38.2
5%	54.2	82.6	48.0	38.2
25%	67.0	92.8	60.2	66.2
50%	84.0	112.6	75.5	88.4
75%	105.1	130.0	92.1	101.5
95%	161.2	189.2	130.4	138.6
Maximum	177.9	189.2	145.2	138.6

A3.Table 2.99. Descriptive statistics for total carbohydrate intake (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	259.4	295.7	232.8	215.6
SD	90.3	71.2	81.4	100.7
Minimum	98.6	211.1	83.6	85.5
5%	150.9	211.1	119.5	85.5
25%	197.0	223.4	185.2	117.7
50%	248.9	310.1	223.1	232.4
75%	293.6	379.3	274.2	309.3
95%	403.2	386.1	381.1	316.0
Maximum	593.0	386.1	485.7	316.0

A3.Table 2.100. Descriptive statistics for sugar intake (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	123.7	155.3	114.8	111.9
SD	54.6	59.6	46.1	61.7
Minimum	48.3	95.4	25.5	46.1
5%	61.6	95.4	58.4	46.1
25%	87.5	111.6	86.2	54.3

50%	113.1	130.8	103.5	100.5
75%	148.1	197.9	133.5	171.4
95%	217.5	268.0	209.8	198.8
Maximum	331.4	268.0	221.7	198.8

A3.Table 2.101. Descriptive statistics for starch intake (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	135.2	140.2	116.5	101.6
SD	60.6	37.2	49.2	52.5
Minimum	39.9	83.1	58.2	39.9
5%	53.0	83.1	61.3	39.9
25%	99.9	111.6	85.9	59.2
50%	125.0	151.4	110.7	97.1
75%	165.6	180.9	131.1	133.3
95%	258.9	181.3	188.3	183.3
Maximum	332.5	181.3	291.2	183.3

A3.Table 2.102. Descriptive statistics for fibre intake (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	28.1	25.8	30.9	30.1
SD	11.2	5.6	15.9	12.8
Minimum	9.7	19.4	7.7	16.2
5%	12.8	19.4	13.1	16.2
25%	20.1	22.3	21.3	19.6
50%	28.1	23.9	28.6	28.8
75%	33.8	32.6	34.6	36.3
95%	47.2	34.6	69.0	51.2
Maximum	60.9	34.6	86.6	51.2

A3.Table 2.103. Descriptive statistics for cholesterol intake (mg/day) by age group and

gender.				
ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	342.8	397.6	333.3	410.8
SD	147.2	131.1	305.1	141.3
Minimum	92.7	259.4	123.8	212.9
5%	167.2	259.4	149.5	212.9
25%	230.5	264.8	201.2	324.5
50%	306.7	405.6	266.8	395.6
75%	432.2	546.5	374.6	536.0
95%	601.4	586.2	574.0	600.0
Maximum	809.5	586.2	2070.3	600.0

A3.Table 2.104. Descriptive statistics for sodium intake (mg/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	3274.9	3959.9	2959.8	2955.9
SD	1095.8	1014.4	1127.9	1194.8
Minimum	1481.6	1980.8	1082.8	1140.3
5%	1827.4	1980.8	1438.7	1140.3
25%	2476.0	3351.2	2200.4	2214.3
50%	3122.9	4276.3	2682.6	2967.7
75%	3917.9	4852.5	3600.7	4021.4
95%	5342.2	4889.6	5121.3	4424.3
Maximum	6846.3	4889.6	5297.6	4424.3

A3.Table 2.105. Descriptive statistics for potassium intake (mg/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	3741.1	3707.2	3689.5	3830.4
SD	1087.4	694.0	1084.9	1093.3
Minimum	2117.4	2692.7	1905.1	2346.7

5%	2461.1	2692.7	2242.0	2346.7
25%	2948.7	3064.7	2899.5	3045.2
50%	3629.5	3868.3	3519.4	3733.3
75%	4016.3	4385.4	4310.6	4955.0
95%	5532.3	4499.9	5347.6	5168.6
Maximum	7151.5	4499.9	6794.4	5168.6

A3.Table 2.106. Descriptive statistics for calcium intake (mg/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	855.8	1128.8	905.9	976.7
SD	393.7	316.5	405.8	581.7
Minimum	284.2	914.3	211.4	421.8
5%	442.8	914.3	290.3	421.8
25%	573.6	946.6	606.0	484.3
50%	761.7	1018.5	866.8	889.6
75%	939.5	1159.6	1139.6	1190.9
95%	1713.0	1823.1	1536.8	1984.2
Maximum	1925.8	1823.1	2002.2	1984.2

A3.Table 2.107. Descriptive statistics for phosphorus intake (mg/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	1589.7	1792.4	1598.4	1717.6
SD	512.2	347.3	582.0	482.9
Minimum	890.1	1421.4	712.0	911.0
5%	996.0	1421.4	837.3	911.0
25%	1238.9	1553.4	1114.5	1521.8
50%	1460.3	1765.4	1516.4	1799.9
75%	1827.1	2002.4	1941.6	2118.1
95%	2538.4	2450.6	2851.2	2154.9
Maximum	3014.0	2450.6	3087.1	2154.9

A3.Table 2.108. Descriptive statistics for magnesium intake (mg/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	346.8	336.5	354.5	341.3
SD	104.4	56.0	145.9	103.4
Minimum	172.0	263.2	158.0	237.9
5%	202.6	263.2	207.3	237.9
25%	278.3	298.6	257.7	270.7
50%	334.0	329.8	337.8	312.5
75%	404.4	393.7	399.1	401.2
95%	521.0	424.1	635.6	512.8
Maximum	647.0	424.1	893.8	512.8

A3.Table 2.109. Descriptive statistics for iron intake (mg/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	14.0	14.6	14.5	14.0
SD	5.1	2.6	7.0	3.7
Minimum	7.1	10.3	6.4	9.6
5%	8.3	10.3	7.6	9.6
25%	10.8	11.5	9.6	9.9
50%	13.8	15.7	13.2	14.1
75%	15.3	16.6	16.0	17.9
95%	23.7	17.3	27.9	18.3
Maximum	31.8	17.3	38.9	18.3

A3.Table 2.110. Descriptive statistics for zinc intake (mg/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0

Mean	13.9	16.5	13.0	15.0
SD	5.1	6.8	5.1	4.8
Minimum	6.9	12.1	6.3	7.0
5%	8.8	12.1	6.9	7.0
25%	10.1	12.7	9.8	12.2
50%	12.7	14.7	11.7	16.1
75%	17.1	16.5	15.6	17.7
95%	22.9	31.6	23.9	20.7
Maximum	33.3	31.6	29.6	20.7

A3.Table 2.11. Descriptive statistics for retinol equivalent intake (RE/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	1210.0	1382.7	1114.8	1210.2
SD	584.0	516.4	359.9	710.3
Minimum	355.5	521.6	326.5	540.4
5%	536.7	521.6	612.7	540.4
25%	790.2	946.8	859.6	624.2
50%	1105.0	1448.9	1100.5	1029.2
75%	1459.5	1916.6	1366.3	1599.4
95%	2089.7	1993.1	1677.1	2438.6
Maximum	3518.2	1993.1	1970.5	2438.6

A3.Table 2.112. Descriptive statistics for retinol intake (RE/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	449.8	644.1	384.3	491.6
SD	215.6	221.2	155.9	284.6
Minimum	143.6	396.4	48.9	231.4
5%	170.6	396.4	151.3	231.4
25%	281.7	430.2	276.0	280.5
50%	436.1	639.9	381.6	436.9
75%	522.4	856.5	486.5	555.6

95%	877.1	1000.1	673.0	1008.5
Maximum	1173.8	1000.1	714.5	1008.5

A3.Table 2.113. Descriptive statistics for beta-carotene equivalent intake (U/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	4550.1	4414.2	4373.3	4289.2
SD	2903.4	2970.3	1888.1	3690.7
Minimum	521.9	730.7	1041.8	1632.2
5%	1276.2	730.7	1702.5	1632.2
25%	2718.9	1822.4	3068.5	1853.8
50%	3752.5	4348.2	4385.7	3016.9
75%	5609.4	6364.1	5925.5	4770.1
95%	8794.9	9356.8	7305.0	11445.3
Maximum	17542.6	9356.8	9136.7	11445.3

A3.Table 2.114. Descriptive statistics for thiamin intake (mg/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	2.3	2.2	2.0	3.1
SD	2.1	1.2	1.4	2.0
Minimum	0.7	0.9	0.7	1.1
5%	0.8	0.9	0.9	1.1
25%	1.1	1.3	1.1	1.4
50%	1.4	2.0	1.6	2.3
75%	2.3	3.3	2.4	5.4
95%	6.3	4.4	4.3	5.8
Maximum	9.5	4.4	8.5	5.8

A3.Table 2.115. Descriptive statistics for riboflavin intake (mg/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	3.1	3.1	2.9	3.7
SD	2.5	1.3	2.3	2.1
Minimum	1.1	1.5	0.8	1.7
5%	1.2	1.5	1.1	1.7
25%	1.6	2.2	1.4	2.2
50%	2.2	2.9	2.6	2.9
75%	2.9	3.9	3.6	6.2
95%	7.9	5.5	5.6	6.6
Maximum	11.7	5.5	11.9	6.6

A3.Table 2.116. Descriptive statistics for vitamin B3 intake (mg/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	49.2	46.1	44.0	54.2
SD	23.6	9.3	19.0	21.8
Minimum	23.5	34.7	19.4	24.8
5%	29.4	34.7	24.6	24.8
25%	33.2	36.3	28.8	41.5
50%	41.5	48.6	37.7	50.8
75%	54.7	52.0	51.0	72.7
95%	95.9	60.1	79.5	84.8
Maximum	146.9	60.1	103.3	84.8

A3.Table 2.117. Descriptive statistics for niacin intake (mg/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	29.0	25.9	25.3	32.3
SD	16.6	9.3	12.9	16.8
Minimum	12.3	17.4	10.7	16.1
5%	14.9	17.4	12.2	16.1

25%	19.0	18.8	16.0	17.0
50%	22.1	22.5	21.4	27.6
75%	30.1	34.1	31.0	50.4
95%	70.3	43.2	43.4	54.9
Maximum	81.9	43.2	75.4	54.9

A3.Table 2.118. Descriptive statistics for vitamin C intake (mg/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	170.8	154.7	170.9	248.8
SD	86.6	63.2	74.1	107.5
Minimum	39.1	45.8	55.1	115.6
5%	55.7	45.8	68.4	115.6
25%	109.9	96.0	110.1	122.9
50%	154.5	160.4	159.9	282.1
75%	231.5	207.5	239.1	324.6
95%	301.2	215.1	288.2	365.4
Maximum	381.3	215.1	332.9	365.4

A3.Table 2.119. Descriptive statistics for alcohol intake (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	14.2	13.6	3.0	2.2
SD	19.8	13.9	6.0	5.1
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	1.1	0.6	0.0	0.0
50%	6.3	9.7	0.0	0.0
75%	16.4	29.1	3.5	0.6
95%	62.9	33.2	17.1	12.6
Maximum	76.9	33.2	25.1	12.6

A3.Table 2.120. Descriptive statistics for total saturated fat intake (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	37.2	52.4	33.1	41.1
SD	15.7	14.7	13.6	20.9
Minimum	15.5	36.2	8.9	14.7
5%	18.4	36.2	17.5	14.7
25%	26.1	41.0	22.9	30.4
50%	35.2	53.3	30.8	37.0
75%	41.7	55.5	38.5	52.4
95%	73.0	81.2	61.4	75.0
Maximum	77.1	81.2	67.0	75.0

A3.Table 2.121. Descriptive statistics for total monounsaturated fat intake (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	30.4	39.1	26.6	28.1
SD	10.4	12.1	9.7	10.6
Minimum	14.8	27.2	9.0	12.1
5%	18.6	27.2	16.0	12.1
25%	22.7	29.4	19.4	20.6
50%	28.2	37.0	25.6	29.3
75%	35.7	43.1	30.5	36.6
95%	49.2	63.7	42.6	40.9
Maximum	60.5	63.7	53.5	40.9

A3.Table 2.122. Descriptive statistics for total polyunsaturated fat intake (g/day) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	15.2	16.7	13.3	9.9

SD	6.5	7.8	5.6	2.9
Minimum	4.9	10.6	4.6	6.4
5%	6.4	10.6	6.3	6.4
25%	10.0	10.7	9.4	7.7
50%	13.3	13.7	12.6	9.5
75%	19.2	22.3	15.5	12.6
95%	27.9	32.1	25.0	13.6
Maximum	30.8	32.0	26.1	13.6

A3.Table 2.123. Descriptive statistics for % energy intake from carbohydrates by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	43.7	42.6	44.7	40.4
SD	8.1	5.7	7.6	11.2
Minimum	20.2	34.3	25.8	21.1
5%	30.1	34.3	29.9	21.1
25%	37.0	37.9	41.2	35.8
50%	44.8	41.7	44.1	42.2
75%	49.5	49.2	49.9	46.7
95%	54.3	49.9	57.2	54.3
Maximum	56.5	49.9	58.3	54.3

A3.Table 2.124. Descriptive statistics for % energy intake from protein by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	17.5	16.0	18.8	21.1
SD	3.1	2.8	3.7	5.1
Minimum	12.4	12.5	13.2	15.2
5%	14.4	12.5	14.0	15.2
25%	15.2	14.9	16.4	18.8
50%	17.2	15.3	18.0	19.6
75%	18.2	16.8	20.9	23.2
95%	23.9	21.5	25.7	30.2

Maximum	28.2	21.5	30.3	30.2
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A3.Table 2.125. Descriptive statistics for % energy intake from fat by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	34.2	37.4	35.0	37.2
SD	6.0	4.5	6.9	7.3
Minimum	21.8	31.4	21.0	25.6
5%	26.3	31.4	24.9	25.6
25%	30.4	33.3	31.5	33.8
50%	33.8	37.3	34.6	38.3
75%	37.9	41.3	38.7	42.7
95%	45.5	44.7	44.4	44.5
Maximum	50.9	44.7	52.9	44.5

A3.Table 2.126. Descriptive statistics for % energy intake from alcohol by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	37.0	6.0	17.0	2.0
Mean	4.9	4.5	2.9	2.8
SD	5.6	4.1	3.4	3.8
Minimum	0.1	0.1	0.1	0.1
5%	0.2	0.1	0.1	0.1
25%	0.8	0.7	0.2	0.1
50%	2.7	3.9	1.8	2.8
75%	6.6	8.6	2.3	5.4
95%	18.9	9.8	10.6	5.4
Maximum	20.1	9.8	10.6	5.4

A3.Table 2.127. Descriptive statistics for sugar intake (g/MJ) by age group and gender.

ACA	Men	Women
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	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	12.7	13.2	13.3	12.6
SD	4.0	2.5	3.5	4.7
Minimum	5.7	9.7	6.3	6.8
5%	6.5	9.7	7.7	6.8
25%	8.9	11.4	11.1	8.9
50%	12.9	12.6	13.5	12.5
75%	15.9	15.5	15.4	14.1
95%	18.6	17.0	18.6	20.5
Maximum	22.3	17.0	22.4	20.5

A3.Table 2.128. Descriptive statistics for starch intake (g/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	13.7	12.5	13.5	11.5
SD	4.3	3.7	3.5	3.7
Minimum	4.9	7.5	9.2	5.9
5%	8.0	7.5	9.3	5.9
25%	11.5	8.1	11.1	9.6
50%	12.9	13.4	12.7	11.3
75%	16.5	15.4	15.7	14.1
95%	21.0	17.5	19.3	16.6
Maximum	22.5	17.5	25.6	16.6

A3.Table 2.129. Descriptive statistics for fibre intake (g/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	2.9	2.3	3.6	3.6
SD	0.9	0.4	1.5	1.6
Minimum	1.1	1.5	1.4	2.3
5%	1.5	1.5	1.8	2.3
25%	2.2	2.0	2.6	2.4
50%	2.8	2.3	3.2	3.0

75%	3.6	2.7	4.2	5.3
95%	4.6	2.8	6.3	5.9
Maximum	4.8	2.8	8.9	5.9

A3.Table 2.130. Descriptive statistics for protein intake (g/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	10.5	9.7	11.4	12.7
SD	1.9	1.7	2.2	3.1
Minimum	7.5	7.5	7.9	9.1
5%	8.7	7.5	8.4	9.1
25%	9.28	9.0	9.9	11.3
50%	10.4	9.3	10.9	11.8
75%	11.0	10.2	12.6	13.9
95%	14.4	12.9	15.5	18.1
Maximum	17.0	12.9	18.2	18.1

A3.Table 2.131. Descriptive statistics for total fat intake (g/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	9.2	10.1	9.4	9.9
SD	1.6	1.2	1.9	2.0
Minimum	5.9	8.4	5.6	6.8
5%	7.0	8.4	6.7	6.8
25%	8.1	9.0	8.5	9.0
50%	9.1	10.0	9.3	10.3
75%	10.2	11.1	10.4	11.4
95%	12.3	12.0	11.9	11.9
Maximum	13.6	12.0	14.2	11.9

A3.Table 2.132. Descriptive statistics for carbohydrate intake (g/MJ) by age group

and gender.				
ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	26.3	25.7	26.9	24.3
SD	4.8	3.5	4.6	6.8
Minimum	12.1	20.7	15.6	12.7
5%	18.2	20.7	18.1	12.7
25%	22.4	22.8	24.9	21.5
50%	27.0	25.2	26.6	25.4
75%	29.8	29.8	30.0	28.1
95%	32.7	30.2	34.4	32.6
Maximum	34.1	30.2	35.2	32.6

A3.Table 2.133. Descriptive statistics for sodium intake (mg/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	335.2	345.3	341.3	335.9
SD	83.0	72.4	74.2	75.1
Minimum	205.9	201.6	163.8	228.4
5%	221.6	201.6	245.7	228.4
25%	280.4	310.1	289.4	272.3
50%	327.2	371.1	341.7	355.2
75%	366.1	392.9	391.4	363.6
95%	471.9	418.3	478.2	440.5
Maximum	666.9	418.3	500.9	440.5

A3.Table 2.134. Descriptive statistics for potassium intake (mg/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	386.4	324.5	434.5	454.9
SD	80.4	37.7	78.0	85.2
Minimum	241.2	274.0	299.2	323.7

5%	280.9	274.0	310.0	323.7
25%	340.7	285.4	385.2	413.0
50%	364.2	319.5	426.7	449.6
75%	428.7	356.6	478.1	533.1
95%	500.8	378.4	573.6	560.4
Maximum	654.0	378.4	667.7	560.4

A3.Table 2.135. Descriptive statistics for calcium intake (mg/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	85.4	97.7	105.2	106.4
SD	25.9	10.7	39.8	32.7
Minimum	42.2	79.9	37.9	71.7
5%	50.9	79.9	51.8	71.7
25%	70.3	93.5	74.5	83.0
50%	85.6	96.3	101.2	98.7
75%	98.1	102.1	120.2	122.8
95%	135.2	115.6	194.6	163.1
Maximum	165.5	115.6	202.0	163.1

A3.Table 2.136. Descriptive statistics for phosphorus intake (mg/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	161.3	156.6	185.2	201.2
SD	24.4	12.9	37.7	24.1
Minimum	115.2	140.2	107.7	177.1
5%	127.9	140.2	139.1	177.1
25%	146.7	144.7	155.6	178.2
50%	157.1	155.4	185.5	200.7
75%	178.0	172.7	207.2	218.5
95%	206.2	173.0	236.9	231.6
Maximum	228.5	173.0	292.1	231.6

A3.Table 2.137. Descriptive statistics for magnesium intake (mg/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	35.7	29.6	41.5	41.7
SD	7.3	4.0	12.6	14.0
Minimum	22.8	25.0	23.9	28.9
5%	27.0	25.0	28.6	28.9
25%	30.8	26.8	33.6	32.0
50%	33.8	29.2	38.9	35.8
75%	38.5	31.8	44.3	52.9
95%	49.6	36.6	60.3	64.7
Maximum	58.4	36.7	91.6	64.7

A3.Table 2.138. Descriptive statistics for iron intake (mg/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	1.4	1.3	1.7	1.7
SD	0.3	0.2	0.5	0.5
Minimum	0.7	1.0	1.0	1.2
5%	1.0	1.0	1.1	1.2
25%	1.2	1.1	1.3	1.2
50%	1.4	1.3	1.5	1.8
75%	1.7	1.5	1.9	2.0
95%	1.9	1.7	2.6	2.3
Maximum	2.2	1.7	3.0	2.3

A3.Table 2.139. Descriptive statistics for zinc intake (mg/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0

Mean	1.4	1.4	1.5	1.8
SD	0.4	0.3	0.4	0.4
Minimum	0.8	1.0	1.0	1.3
5%	1.0	1.0	1.1	1.3
25%	1.2	1.2	1.3	1.4
50%	1.4	1.4	1.5	1.8
75%	1.5	1.6	1.7	1.9
95%	2.1	2.0	2.3	2.4
Maximum	2.5	2.0	2.5	2.4

A3.Table 2.140. Descriptive statistics for retinol intake (mg RE/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	45.2	55.0	45.0	55.2
SD	16.0	10.1	15.8	18.0
Minimum	16.9	40.5	8.0	28.9
5%	25.2	40.5	22.9	28.9
25%	32.5	43.8	35.1	47.5
50%	44.8	57.1	43.7	53.5
75%	51.6	63.4	56.2	65.0
95%	71.7	67.2	66.0	82.9
Maximum	89.3	67.2	83.7	82.9

A3.Table 2.141. Descriptive statistics for carotene intake ($\mu\text{g}/\text{MJ}$) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	469.4	399.3	530.2	466.0
SD	282.6	301.7	246.1	295.1
Minimum	61.8	74.7	144.9	241.8
5%	152.5	74.7	235.1	241.8
25%	316.7	169.9	377.4	286.4
50%	451.9	375.6	460.1	370.6
75%	499.4	547.7	693.0	492.0

95%	916.5	952.3	907.7	1034.9
Maximum	1722.9	952.3	1306.2	1034.9

A3.Table 2.142. Descriptive statistics for vitamin A intake ($\mu\text{g}/\text{MJ}$) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	123.6	121.8	133.6	133.2
SD	50.7	48.9	42.3	45.0
Minimum	47.5	53.3	49.4	92.5
5%	61.0	53.3	85.1	92.5
25%	85.4	91.3	102.0	111.2
50%	125.9	120.0	126.7	121.9
75%	145.0	150.3	156.9	131.4
95%	186.1	202.8	217.1	220.5
Maximum	345.5	202.8	256.0	220.5

A3.Table 2.143. Descriptive statistics for thiamin intake (mg/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	0.2	0.2	0.2	0.4
SD	0.2	0.1	0.2	0.3
Minimum	0.1	0.1	0.1	0.1
5%	0.1	0.1	0.1	0.1
25%	0.1	0.1	0.2	0.2
50%	0.1	0.2	0.2	0.3
75%	0.3	0.3	0.3	0.5
95%	0.7	0.5	0.6	0.8
Maximum	1.2	0.5	0.7	0.8

A3.Table 2.144. Descriptive statistics for riboflavin intake (mg/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	0.3	0.3	0.3	0.5
SD	0.3	0.1	0.2	0.3
Minimum	0.1	0.2	0.1	0.2
5%	0.2	0.2	0.1	0.2
25%	0.2	0.2	0.2	0.3
50%	0.2	0.2	0.3	0.4
75%	0.3	0.3	0.4	0.6
95%	0.9	0.6	0.9	0.9
Maximum	1.4	0.6	0.9	0.9

A3.Table 2.145. Descriptive statistics for niacin intake (mg/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	3.0	2.3	2.9	4.0
SD	1.8	1.0	1.2	2.1
Minimum	1.6	1.4	1.8	1.4
5%	1.7	1.4	1.8	1.4
25%	2.0	1.7	2.2	2.4
50%	2.5	1.8	2.6	3.8
75%	3.1	2.9	3.2	5.0
95%	6.3	4.4	5.3	7.5
Maximum	10.0	4.4	6.9	7.5

A3.Table 2.146. Descriptive statistics for vitamin B3 intake (mg/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	5.1	4.1	5.1	6.5
SD	2.1	1.1	1.5	2.6
Minimum	3.0	3.1	3.3	3.4
5%	3.4	3.1	3.4	3.4

25%	3.8	3.2	4.2	4.8
50%	4.2	3.5	4.8	6.2
75%	5.4	4.9	5.5	7.7
95%	9.5	6.2	8.0	10.8
Maximum	12.0	6.2	9.7	10.8

A3.Table 2.147. Descriptive statistics for vitamin C intake (mg/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	18.0	13.4	20.6	29.8
SD	9.1	5.3	9.1	10.7
Minimum	4.1	4.7	7.3	10.1
5%	5.9	4.7	10.3	10.1
25%	9.2	9.8	14.2	27.6
50%	18.4	13.2	18.0	32.6
75%	25.1	17.4	25.3	37.7
95%	33.5	21.1	36.1	38.0
Maximum	39.8	21.0	43.7	38.0

A3.Table 2.148. Descriptive statistics for alcohol intake (g/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	37.0	6.0	17.0	2.0
Mean	1.7	1.6	1.0	1.0
SD	1.9	1.4	1.2	1.3
Minimum	0.0	0.0	0.0	0.1
5%	0.1	0.0	0.0	0.1
25%	0.3	0.3	0.1	0.1
50%	0.9	1.3	0.6	1.0
75%	2.3	3.0	0.8	1.9
95%	6.5	3.4	3.6	1.9
Maximum	7.0	3.4	3.6	1.9

A3.Table 2.149. Descriptive statistics for cholesterol intake (mg/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	35.6	34.8	37.0	48.7
SD	14.4	10.8	21.6	13.7
Minimum	12.4	26.3	17.1	33.5
5%	18.9	26.3	20.0	33.5
25%	24.9	26.4	26.3	34.6
50%	31.1	29.6	33.3	49.7
75%	50.0	46.0	42.6	54.8
95%	62.6	53.5	49.7	70.3
Maximum	67.0	53.5	157.5	70.3

A3.Table 2.150. Descriptive statistics for saturated fat intake (g/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	3.7	4.5	3.8	4.5
SD	1.0	0.6	1.0	1.1
Minimum	2.1	3.7	1.7	3.1
5%	2.6	3.7	2.6	3.1
25%	3.1	4.2	3.2	3.5
50%	3.5	4.4	3.8	4.7
75%	4.3	5.2	4.3	4.9
95%	5.6	5.4	5.8	6.2
Maximum	6.3	5.4	5.9	6.2

A3.Table 2.151. Descriptive statistics for monounsaturated fat intake (g/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	3.1	3.4	3.1	3.3

SD	0.6	0.5	0.8	0.8
Minimum	1.9	2.8	1.6	2.1
5%	2.3	2.8	2.0	2.1
25%	2.6	2.8	2.7	2.8
50%	3.0	3.4	3.1	3.1
75%	3.5	3.7	3.4	4.0
95%	4.0	4.0	4.2	4.3
Maximum	4.9	4.0	5.8	4.3

A3.Table 2.152. Descriptive statistics for polyunsaturated fat intake (g/MJ) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	43.0	7.0	41.0	6.0
Mean	1.6	1.4	1.6	1.3
SD	0.6	0.4	0.7	0.5
Minimum	0.5	1.0	0.6	0.6
5%	0.8	1.0	0.8	0.6
25%	1.1	1.0	1.1	0.8
50%	1.5	1.3	1.4	1.3
75%	2.0	1.8	1.9	1.6
95%	2.5	2.0	2.9	1.8
Maximum	3.0	2.0	3.6	1.8

A3.Table 2.153. Percentage within safe/ adequate range for sodium by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
<1100mg (<48 mmol)	0.0	0.0	2.4	0.0
1100-3300 mg (48-143 mmol)	58.1	14.3	63.4	66.7
>3300mg (>143 mmol)	41.9	85.7	34.1	33.3
Total (N)	43	7	41	6

A3.Table 2.154. Percentage within safe/ adequate range for potassium by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
<1875mg (<48 mmol)	0.0	0.0	0.0	0.0
1875-5625 mg (48-144 mmol)	95.3	100.0	95.1	100.0
>5625 mg (>144 mmol)	4.7	0.0	4.9	0.0
Total (N)	43	7	41	6

A3.Table 2.155. Percentage below two thirds of the US RDA by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
Calcium	14.0	0.0	19.5	33.3
Phosphorus	0.0	0.0	0.0	0.0
Iron	0.0	0.0	2.4	0.0
Zinc	23.3	0.0	31.7	16.7
Cholesterol	46.5	28.6	68.3	16.7
Magnesium	11.6	0.0	4.9	0.0
Vitamin A	14.0	14.3	2.4	0.0
Thiamin	7.0	0.0	0.0	0.0
Riboflavin	0.0	0.0	2.4	0.0
Niacin	0.0	0.0	0.0	0.0
Vitamin C	2.3	0.0	0.0	0.0
Total	43	7	41	6

ANTHROPOMETRY

A3.Table 2.156. Descriptive statistics for stature (cm) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	169.92	164.28	159.11	154.87
SD	7.25	2.53	6.29	6.43
Minimum	154.80	160.00	148.00	148.60
5%	155.40	160.00	148.50	148.60

25%	166.40	164.00	156.00	151.00
50%	170.00	165.60	158.00	153.80
75%	174.00	165.60	162.75	155.00
95%	181.20	166.20	168.80	167.00
Maximum	189.00	166.20	181.20	167.00

A3.Table 2.157. Descriptive statistics for weight (kg) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	74.83	68.24	66.85	61.12
SD	9.84	5.55	8.81	8.76
Minimum	56.60	59.30	44.60	47.80
5%	59.60	59.30	54.50	47.80
25%	66.30	68.20	61.25	53.50
50%	76.80	68.50	67.40	64.20
75%	82.90	71.00	71.35	67.00
95%	88.00	74.20	82.00	70.00
Maximum	98.80	74.20	85.50	70.00

A3.Table 2.158. Descriptive statistics for body mass index (kg/m²) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	25.96	25.32	26.38	25.43
SD	3.44	2.22	3.07	3.00
Minimum	19.40	22.10	19.60	21.60
5%	20.70	22.10	21.40	21.60
25%	23.60	24.80	24.15	23.00
50%	25.80	24.90	26.55	25.45
75%	28.10	27.10	28.95	27.90
95%	32.70	27.70	30.80	29.20
Maximum	33.30	27.70	31.30	29.20

A3.Table 2.159. Descriptive statistics for mid-arm circumference (cm) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	30.42	28.22	31.21	27.25
SD	4.27	1.74	4.29	2.48
Minimum	24.00	26.00	26.00	23.50
5%	25.00	26.00	26.00	23.50
25%	27.65	27.20	28.70	25.00
50%	30.00	28.20	30.00	28.00
75%	32.00	29.20	33.00	29.00
95%	35.75	30.50	37.00	30.00
Maximum	49.80	30.50	48.00	30.00

A3.Table 2.160. Descriptive statistics for waist circumference (cm) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	94.91	89.00	97.59	96.35
SD	10.03	8.67	7.74	8.31
Minimum	77.50	77.00	78.00	86.30
5%	79.00	77.00	85.00	86.30
25%	87.50	83.30	94.00	86.80
50%	94.85	91.70	97.50	97.50
75%	102.90	95.00	102.00	105.00
95%	109.75	98.00	110.00	105.00
Maximum	118.00	98.00	112.00	105.00

A3.Table 2.161. Descriptive statistics for hip circumference (cm) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	98.89	96.04	100.66	97.00

SD	6.72	2.59	6.46	6.16
Minimum	88.00	93.00	82.00	88.00
5%	88.90	93.00	88.00	88.00
25%	94.00	94.00	97.00	93.00
50%	99.00	96.70	100.00	97.00
75%	102.75	97.00	107.00	103.00
95%	109.15	99.50	110.00	104.00
Maximum	120.00	99.50	110.00	104.00

A3.Table 2.162. Descriptive statistics for waist/ hip ratio by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	0.96	0.93	0.97	0.99
SD	0.05	0.08	0.04	0.06
Minimum	0.84	0.83	0.86	0.93
5%	0.87	0.83	0.90	0.93
25%	0.92	0.86	0.94	0.94
50%	0.97	0.95	0.97	0.99
75%	1.00	0.98	1.00	1.01
95%	1.03	1.01	1.05	1.11
Maximum	1.06	1.01	1.05	1.11

A3.Table 2.163. Descriptive statistics for mid-arm muscle area (cm²) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	57.59	49.32	51.12	41.87
SD	18.78	7.23	16.00	8.42
Minimum	37.80	40.50	30.40	31.80
5%	41.50	40.50	34.60	31.80
25%	47.50	45.40	42.30	34.80
50%	56.65	49.50	48.60	40.75
75%	64.45	51.30	59.50	50.90
95%	68.05	59.90	67.50	52.20
Maximum	159.60	59.90	123.40	52.20

A3.Table 2.164. Descriptive statistics for triceps skinfold (mm) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	11.99	10.80	19.47	14.07
SD	4.64	1.74	4.95	4.59
Minimum	4.40	9.00	9.20	9.80
5%	5.00	9.00	11.00	9.80
25%	9.00	9.80	16.40	11.20
50%	11.90	10.60	20.20	12.90
75%	14.30	11.00	22.00	15.00
95%	21.60	13.60	28.00	22.60
Maximum	22.40	13.60	30.00	22.60

A3.Table 2.165. Descriptive statistics for % fat mass by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	30.45	31.81	44.21	47.44
SD	4.11	2.70	2.53	2.68
Minimum	22.21	27.57	38.84	42.63
5%	22.89	27.57	39.65	42.63
25%	27.82	31.30	42.70	46.91
50%	30.67	32.05	44.59	47.84
75%	32.82	33.57	45.78	48.97
95%	37.45	34.58	49.05	50.49
Maximum	38.13	34.58	50.21	50.49

A3.Table 2.166. Descriptive statistics for fat mass (kg) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	23.08	21.82	29.63	29.02

SD	5.65	3.43	4.68	4.74
Minimum	12.88	16.35	19.09	22.42
5%	14.65	16.35	22.33	22.42
25%	18.45	21.44	26.04	25.32
50%	23.19	21.86	30.43	29.12
75%	27.27	24.56	33.04	32.81
95%	32.19	24.91	36.99	35.34
Maximum	36.61	24.91	37.81	35.34

A3.Table 2.167. Descriptive statistics for fat free mass (kg) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	51.75	46.42	37.23	32.09
SD	5.04	2.27	4.70	4.73
Minimum	40.44	42.95	25.51	25.38
5%	43.34	42.95	30.99	25.38
25%	48.08	46.34	33.70	28.18
50%	52.43	46.45	36.94	32.95
75%	54.00	47.06	39.42	34.66
95%	61.59	49.29	47.69	38.44
Maximum	62.19	49.29	48.37	38.44

A3.Table 2.168. Descriptive statistics for umbilical circumference (cm) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	94.91	89.00	97.59	96.35
SD	10.03	8.67	7.74	8.31
Minimum	77.50	77.00	78.00	86.30
5%	79.00	77.00	85.00	86.30
25%	87.50	83.30	94.00	86.80
50%	94.85	91.70	97.50	97.50
75%	102.90	95.00	102.00	105.00
95%	109.75	98.00	110.00	105.00
Maximum	118.00	98.00	112.00	105.00

A3.Table 2.169. Descriptive statistics for suprailiac circumference (cm) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	96.32	94.20	98.96	96.26
SD	8.90	5.37	5.67	7.20
Minimum	78.20	89.70	92.00	87.00
5%	81.50	89.70	93.00	87.00
25%	90.00	91.10	94.50	90.30
50%	98.00	92.55	98.00	99.00
75%	102.50	97.30	102.00	102.00
95%	112.00	102.00	110.00	103.00
Maximum	119.00	102.00	111.00	103.00

A3.Table 2.170. Descriptive statistics for bicep skinfold (mm) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	6.26	6.16	10.40	8.53
SD	3.26	2.71	3.68	3.68
Minimum	2.60	3.80	4.00	4.40
5%	2.80	3.80	4.20	4.40
25%	4.00	4.60	8.00	5.80
50%	5.70	5.00	10.40	8.40
75%	7.20	6.80	13.40	9.20
95%	14.70	10.60	15.60	15.00
Maximum	15.80	10.60	19.60	15.00

A3.Table 2.171. Descriptive statistics for subscapular skinfold (mm) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+

N	41	5	36	6
Mean	16.81	14.04	18.05	14.17
SD	5.30	1.81	4.87	6.54
Minimum	7.40	11.00	8.80	6.60
5%	8.00	11.00	10.00	6.60
25%	14.00	13.80	13.20	7.40
50%	16.45	14.80	17.80	14.00
75%	20.30	15.20	22.00	21.00
95%	26.50	15.40	28.00	22.00
Maximum	31.60	15.40	30.00	22.00

A3.Table 2.172. Descriptive statistics for suprailiac skinfold (mm) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	16.01	11.40	18.42	13.23
SD	11.46	3.65	6.44	5.44
Minimum	5.00	7.00	8.00	6.60
5%	6.40	7.00	9.20	6.60
25%	11.55	8.20	13.00	8.20
50%	13.60	12.80	19.00	13.80
75%	17.10	13.40	22.00	17.00
95%	29.00	15.60	30.00	20.00
Maximum	79.00	15.60	34.80	20.00

A3.Table 2.173. Descriptive statistics for electrical impedance (resistance) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	490.45	497.40	551.22	569.40
SD	49.22	31.13	80.17	96.02
Minimum	396.00	467.00	452.00	473.00
5%	396.00	467.00	465.00	473.00
25%	461.00	473.00	490.00	515.00
50%	495.50	489.00	530.00	560.00

75%	517.00	517.00	565.00	573.00
95%	609.00	541.00	729.00	726.00
Maximum	634.00	541.00	744.00	726.00

A3.Table 2.174. Descriptive statistics for electrical impedance (reactance) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	54.92	56.20	56.55	55.80
SD	12.57	9.60	14.10	12.50
Minimum	36.00	46.00	32.00	39.00
5%	36.00	46.00	33.00	39.00
25%	48.00	48.00	49.00	46.00
50%	52.00	56.00	55.00	62.00
75%	60.00	62.00	60.00	66.00
95%	84.00	69.00	91.00	66.00
Maximum	91.00	69.00	95.00	66.00

A3.Table 2.175. Descriptive statistics for % impedance fat mass by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	22.31	21.50	30.36	28.42
SD	5.42	4.01	4.18	7.75
Minimum	11.60	18.40	18.20	17.10
5%	13.00	18.40	22.00	17.10
25%	18.60	19.00	27.85	23.50
50%	23.00	20.00	30.70	33.40
75%	25.80	21.80	33.20	34.00
95%	32.00	28.30	36.80	34.10
Maximum	38.00	28.30	40.60	34.10

A3.Table 2.176. Descriptive statistics for impedance fat mass (kg) by age group and

gender.				
ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	17.08	14.72	20.39	16.76
SD	5.78	3.55	4.00	5.08
Minimum	8.00	11.00	10.00	11.40
5%	8.00	11.00	14.40	11.40
25%	12.60	12.60	18.15	12.50
50%	16.90	13.70	19.95	16.00
75%	20.20	16.20	22.65	21.00
95%	25.90	20.10	28.60	22.90
Maximum	37.50	20.10	29.00	22.90

A3.Table 2.177. Descriptive statistics for % impedacnce fat free mass by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	78.78	78.50	71.24	79.70
SD	7.18	4.01	7.98	15.24
Minimum	62.00	71.70	59.40	65.90
5%	70.60	71.70	63.20	65.90
25%	74.60	78.20	67.00	66.00
50%	77.50	80.00	69.50	76.50
75%	81.60	81.00	72.70	100.00
95%	88.40	81.60	100.00	100.00
Maximum	100.00	81.60	100.00	100.00

A3.Table 2.178. Descriptive statistics for impedacnce fat free mass (kg) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	58.08	53.46	46.73	42.50
SD	6.31	4.00	8.90	8.62
Minimum	43.00	48.00	18.00	31.80

5%	46.10	48.00	34.50	31.80
25%	52.80	50.90	41.85	40.00
50%	60.10	54.50	47.60	41.00
75%	62.10	55.90	51.30	44.10
95%	68.70	58.00	64.70	55.60
Maximum	69.90	58.00	69.00	55.60

A3.Table 2.179. Descriptive statistics for % total body water by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	0.57	0.58	0.51	0.54
SD	0.05	0.04	0.02	0.05
Minimum	0.50	0.50	0.50	0.50
5%	0.50	0.50	0.50	0.50
25%	0.50	0.60	0.50	0.50
50%	0.60	0.60	0.50	0.50
75%	0.60	0.60	0.50	0.60
95%	0.60	0.60	0.60	0.60
Maximum	0.70	0.60	0.60	0.60

A3.Table 2.180. Descriptive statistics for hip length (cm) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	53.22	52.50	51.16	46.38
SD	3.41	0.00	3.06	3.90
Minimum	46.00	52.50	44.00	41.00
5%	46.00	52.50	44.00	41.00
25%	52.00	52.50	49.20	43.50
50%	53.75	52.50	52.00	47.50
75%	56.00	52.50	53.70	49.25
95%	57.20	52.50	56.00	49.50
Maximum	57.20	52.50	56.00	49.50

A3.Table 2.181. Descriptive statistics for maximum height (cm) by age group and

gender.				
ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	164.00	.	169.67	164.00
SD	.	.	4.53	.
Minimum	164.00	.	161.00	164.00
5%	164.00	.	161.00	164.00
25%	164.00	.	166.00	164.00
50%	164.00	.	171.00	164.00
75%	164.00	.	173.00	164.00
95%	164.00	.	175.00	164.00
Maximum	164.00	.	175.00	164.00

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A3.Table 2.182. Descriptive statistics for serum sodium (mmol/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5
Mean	140.7	141.6	141.1	140.0
SD	2.0	1.1	2.4	2.9
Minimum	137.0	140.0	136.0	135.0
5%	137.0	140.0	137.0	135.0
25%	139.0	141.0	140.0	140.0
50%	141.0	142.0	141.0	141.0
75%	142.0	142.0	143.0	142.0
95%	144.0	143.0	145.0	142.0
Maximum	145.0	143.0	146.0	142.0

A3.Table 2.183. Descriptive statistics for serum potassium (mmol/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	4.4	4.6	4.3	4.1
SD	0.4	0.3	0.3	0.3
Minimum	3.7	4.1	3.5	3.8
5%	3.8	4.1	3.8	3.8
25%	4.3	4.6	4.1	3.8
50%	4.4	4.6	4.3	4.1
75%	4.7	4.7	4.5	4.1
95%	5.0	4.8	4.8	4.6
Maximum	5.2	4.8	5.2	4.6

A3.Table 2.184. Descriptive statistics for serum chloride (mmol/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	104.5	102.6	103.8	103.6
SD	3.0	1.7	2.7	3.4
Minimum	99.0	100.0	98.0	98.0
5%	100.0	100.0	98.0	98.0
25%	103.0	102.0	102.0	103.0
50%	104.0	103.0	104.0	105.0
75%	107.0	104.0	106.0	106.0
95%	109.0	104.0	108.0	106.0
Maximum	110.0	104.0	108.0	106.00

A3.Table 2.185. Descriptive statistics for serum creatinine ($\mu\text{mol/L}$) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	106.0	102.0	83.5	86.4
SD	33.8	26.6	13.5	17.0
Minimum	67.0	77.0	57.0	59.0
5%	78.5	77.0	61.0	59.0

25%	86.5	92.0	75.0	83.0
50%	101.0	93.0	85.0	90.0
75%	113.5	101.0	93.0	98.0
95%	149.0	147.0	105.0	102.0
Maximum	278.0	147.0	109.0	102.0

A3.Table 2.186. Descriptive statistics for plasma glucose (mmol/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	5.1	4.7	5.2	5.8
SD	0.8	0.4	1.1	2.4
Minimum	3.4	4.1	3.8	4.3
5%	3.8	4.1	3.9	4.3
25%	4.6	4.5	4.5	4.6
50%	4.9	4.8	5.0	4.7
75%	5.6	4.9	5.3	5.6
95%	6.4	5.1	7.8	10.0
Maximum	7.3	5.1	10.1	10.0

A3.Table 2.187. Descriptive statistics for serum bicarbonate (mmol/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	8.0	4.0	6.0	2.0
Mean	26.9	27.3	26.5	23.5
SD	2.0	0.5	2.7	0.7
Minimum	24.0	27.0	23.0	23.0
5%	24.0	27.0	23.0	23.0
25%	25.5	27.0	25.0	23.0
50%	26.5	27.0	26.0	23.5
75%	28.5	27.5	28.0	24.0
95%	30.0	28.0	31.0	24.0
Maximum	30.0	28.0	31.0	24.0

A3.Table 2.188. Descriptive statistics for serum urea (mmol/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	6.4	7.7	5.0	5.7
SD	3.5	1.2	1.5	2.1
Minimum	4.0	6.1	3.7	4.2
5%	4.0	6.1	3.7	4.2
25%	4.4	6.9	4.0	4.2
50%	5.4	7.8	4.2	5.7
75%	6.4	8.5	5.6	7.1
95%	16.7	9.1	7.6	7.1
Maximum	16.7	9.1	7.6	7.1

A3.Table 2.189. Descriptive statistics for alkaline phosphatase (ALP) (U/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	12.0	4.0	9.0	2.0
Mean	79.4	118.0	85.8	107.0
SD	18.1	20.7	17.8	53.7
Minimum	48.0	93.0	62.0	69.0
5%	48.0	93.0	62.0	69.0
25%	68.0	102.5	75.0	69.0
50%	83.5	118.5	81.0	107.0
75%	87.5	133.5	93.0	145.0
95%	105.0	142.0	116.0	145.0
Maximum	105.0	142.0	116.0	145.0

A3.Table 2.190. Descriptive statistics for γ -glutamyl transpeptidase (GGP) (U/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	31.1	31.5	13.0	11.0

SD	13.8	19.6	3.2	1.4
Minimum	13.0	18.0	8.0	10.0
5%	13.0	18.0	8.0	10.0
25%	21.0	18.5	13.0	10.0
50%	30.0	24.0	13.0	11.0
75%	37.0	44.5	14.0	12.0
95%	57.0	60.0	17.0	12.0
Maximum	57.0	60.0	17.0	12.0

A3.Table 2.191. Descriptive statistics for aspartate amino transferase (AST) (U/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	25.1	23.6	23.1	21.0
SD	10.8	7.8	12.9	9.1
Minimum	6.0	15.0	10.0	7.0
5%	9.5	15.0	13.0	7.0
25%	20.0	20.0	18.0	19.0
50%	23.0	22.0	21.0	23.0
75%	28.5	25.0	25.0	24.0
95%	49.5	36.0	35.0	32.0
Maximum	59.0	36.0	94.0	32.0

A3.Table 2.192. Descriptive statistics for serum uric acid ($\mu\text{mol/L}$) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	380.5	318.8	310.4	182.0
SD	85.1	32.1	68.9	15.6
Minimum	270.0	284.0	196.0	171.0
5%	270.0	284.0	196.0	171.0
25%	305.0	296.5	265.0	171.0
50%	388.0	315.0	291.0	182.0
75%	423.0	341.0	384.0	193.0
95%	578.0	361.0	390.0	193.0

Maximum	578.0	361.0	390.0	193.0
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A3.Table 2.193. Descriptive statistics for serum bilirubin ($\mu\text{mol/L}$) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	14.1	16.4	12.1	13.8
SD	6.0	7.5	4.4	4.3
Minimum	7.0	9.0	7.0	9.0
5%	8.0	9.0	7.0	9.0
25%	11.5	14.0	9.0	10.5
50%	13.0	15.0	11.0	13.5
75%	15.0	15.0	13.0	17.0
95%	23.0	29.0	24.0	19.0
Maximum	42.0	29.0	27.0	19.0

A3.Table 2.194. Descriptive statistics for serum calcium (mmol/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	2.3	2.3	2.4	2.4
SD	0.1	0.1	0.1	0.1
Minimum	2.2	2.3	2.2	2.3
5%	2.2	2.3	2.2	2.3
25%	2.3	2.3	2.3	2.4
50%	2.3	2.3	2.4	2.4
75%	2.4	2.4	2.4	2.4
95%	2.5	2.5	2.6	2.4
Maximum	2.6	2.5	2.7	2.4

A3.Table 2.195. Descriptive statistics for serum phosphorous (mmol/L) by age group and gender.

ACA	Men	Women
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	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	1.0	0.9	1.1	1.1
SD	0.2	0.2	0.2	0.1
Minimum	0.7	0.5	0.8	0.9
5%	0.7	0.5	0.8	0.9
25%	0.9	0.8	1.1	1.0
50%	1.0	0.9	1.1	1.0
75%	1.1	1.0	1.2	1.1
95%	1.3	1.2	1.5	1.2
Maximum	1.5	1.2	1.5	1.2

A3.Table 2.196. Descriptive statistics for serum total protein (g/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	75.1	76.4	73.8	74.6
SD	5.1	4.2	4.7	3.7
Minimum	67.0	71.0	64.0	71.0
5%	67.0	71.0	64.0	71.0
25%	71.0	74.0	70.0	72.0
50%	75.0	76.0	75.0	73.0
75%	78.0	80.0	77.0	78.0
95%	87.0	81.0	82.0	79.0
Maximum	88.0	81.0	82.0	79.0

A3.Table 2.197. Descriptive statistics for serum albumin (g/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	42.8	43.0	43.3	43.8
SD	3.5	2.6	3.2	1.8
Minimum	37.0	39.0	34.0	42.0
5%	38.0	39.0	36.0	42.0
25%	40.0	42.0	42.0	42.0

50%	42.0	44.0	44.0	44.0
75%	45.0	45.0	45.0	45.0
95%	49.0	45.0	47.0	46.0
Maximum	51.0	45.0	48.0	46.0

A3.Table 2.198. Descriptive statistics for glycated haemoglobin (%) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	6.0	4.7	5.8	6.6
SD	1.5	0.4	1.2	3.1
Minimum	3.9	4.4	3.5	4.5
5%	4.6	4.4	4.2	4.5
25%	5.0	4.4	5.1	4.5
50%	5.6	4.6	5.6	5.1
75%	6.5	5.0	6.5	10.1
95%	8.7	5.2	8.1	10.1
Maximum	11.7	5.2	8.6	10.1

A3.Table 2.199. Descriptive statistics for serum cholesterol (mmol/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	5.8	6.0	6.7	6.3
SD	1.0	1.2	1.0	2.3
Minimum	3.6	5.0	4.8	3.8
5%	4.3	5.0	5.1	3.8
25%	5.2	5.3	5.8	3.9
50%	5.7	5.4	6.8	7.1
75%	6.8	6.5	7.3	7.8
95%	7.5	7.8	8.4	8.7
Maximum	7.6	7.8	9.6	8.7

A3.Table 2.200. Descriptive statistics for serum triglyceride (mmol/L) by age group

and gender.				
ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	1.4	1.1	1.5	1.6
SD	0.6	0.3	0.9	0.8
Minimum	0.6	0.9	0.6	0.8
5%	0.7	0.9	0.6	0.8
25%	0.9	0.9	0.9	1.3
50%	1.2	1.0	1.2	1.4
75%	1.9	1.4	1.9	1.7
95%	2.3	1.5	2.7	3.0
Maximum	2.6	1.5	5.2	3.0

A3.Table 2.201. Descriptive statistics for serum HDL cholesterol (mmol/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	1.3	1.5	1.6	1.6
SD	0.3	0.8	0.4	0.4
Minimum	0.8	0.8	1.0	1.1
5%	0.8	0.8	1.1	1.1
25%	1.1	1.1	1.3	1.5
50%	1.2	1.4	1.5	1.7
75%	1.4	1.5	1.8	1.9
95%	1.9	2.9	2.3	2.0
Maximum	2.3	2.9	2.6	2.0

A3.Table 2.202. Descriptive statistics for serum LDL cholesterol (mmol/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	3.9	4.0	4.4	3.9
SD	0.9	1.2	0.8	2.1
Minimum	1.9	3.2	3.0	1.6

5%	2.5	3.2	3.0	1.6
25%	3.3	3.4	3.8	1.8
50%	3.9	3.6	4.6	4.7
75%	4.5	3.7	4.9	5.3
95%	5.6	6.0	5.8	6.1
Maximum	5.8	6.0	6.9	6.1

A3.Table 2.203. Descriptive statistics for LDL/HDL by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	3.3	3.2	3.0	2.5
SD	1.2	1.5	0.9	1.4
Minimum	1.1	1.1	1.4	1.0
5%	1.7	1.1	1.6	1.0
25%	2.5	2.4	2.3	1.1
50%	2.9	3.3	2.8	2.8
75%	4.1	4.3	3.9	3.1
95%	5.3	4.8	4.6	4.3
Maximum	6.9	4.8	4.6	4.3

A3.Table 2.204. Descriptive statistics for serum fructosamine (mmol/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	2.1	1.9	2.1	1.8
SD	0.3	0.2	0.5	0.0
Minimum	1.7	1.8	1.6	1.8
5%	1.7	1.8	1.7	1.8
25%	1.8	1.8	1.8	1.8
50%	2.1	1.8	2.0	1.8
75%	2.2	2.1	2.3	1.8
95%	2.6	2.1	3.3	1.8
Maximum	2.7	2.1	3.8	1.8

A3.Table 2.205. Descriptive statistics for serum iron ($\mu\text{mol/L}$) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	19.9	19.4	18.8	20.0
SD	6.2	4.0	6.8	7.0
Minimum	6.0	15.0	4.0	9.0
5%	12.5	15.0	6.0	9.0
25%	15.5	18.0	15.0	18.0
50%	18.0	19.0	18.0	22.0
75%	23.0	19.0	21.0	24.0
95%	31.0	26.0	35.0	27.0
Maximum	35.0	26.0	39.0	27.0

A3.Table 2.206. Descriptive statistics for total iron binding ($\mu\text{mol/L}$) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	60.0	55.6	64.2	63.3
SD	12.5	8.1	12.8	10.4
Minimum	40.0	47.0	43.0	49.0
5%	42.5	47.0	47.0	49.0
25%	51.5	49.0	57.0	55.5
50%	58.0	54.0	61.5	66.5
75%	67.5	63.0	65.0	71.0
95%	80.0	65.0	90.0	71.0
Maximum	98.0	65.0	112.0	71.0

A3.Table 2.207. Descriptive statistics for iron saturation (%) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	34.0	34.8	30.0	37.3
SD	11.0	4.3	11.9	12.7

Minimum	14.0	30.0	6.0	25.0
5%	17.5	30.0	14.0	25.0
25%	25.5	31.0	23.0	29.5
50%	32.0	35.0	27.5	34.5
75%	41.0	38.0	33.0	45.0
95%	53.5	40.0	62.0	55.0
Maximum	57.0	40.0	70.0	55.0

A3.Table 2.208. Descriptive statistics for serum ferritin ($\mu\text{g/L}$) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	206.5	167.8	134.8	171.6
SD	139.8	103.8	82.5	100.7
Minimum	29.0	69.0	25.0	26.0
5%	32.5	69.0	28.0	26.0
25%	99.0	133.0	75.0	131.0
50%	157.5	137.0	114.0	195.0
75%	296.5	156.0	175.0	209.0
95%	483.0	344.0	311.0	297.0
Maximum	589.0	344.0	339.0	297.0

A3.Table 2.209. Descriptive statistics for Lp(a) (serum lipoprotein (a)) (mg/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	186.7	262.4	203.2	138.2
SD	142.1	194.5	161.5	88.5
Minimum	36.0	32.0	46.0	48.0
5%	39.0	32.0	51.0	48.0
25%	74.0	207.0	89.0	89.0
50%	120.0	239.0	138.5	111.0
75%	274.0	264.0	250.0	166.0
95%	463.0	570.0	558.0	277.0
Maximum	490.0	570.0	614.0	277.0

A3.Table 2.210. Descriptive statistics for serum dihydroepiandrosterone (DHEA) ($\mu\text{mol/L}$) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	4.3	2.5	3.2	2.4
SD	2.3	1.3	3.3	1.0
Minimum	1.5	0.8	1.0	1.7
5%	1.5	0.8	1.0	1.7
25%	2.7	1.5	1.5	1.7
50%	3.6	2.9	1.9	2.0
75%	5.6	3.6	3.6	3.5
95%	8.8	3.6	13.8	3.5
Maximum	8.8	3.6	13.8	3.5

A3.Table 2.211. Descriptive statistics for vitamin D by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	67.8	.	67.2	60.0
SD	14.2	.	18.4	17.7
Minimum	49.0	.	42.0	44.0
5%	49.0	.	42.0	44.0
25%	57.5	.	52.0	44.0
50%	66.0	.	66.0	57.0
75%	78.0	.	79.0	79.0
95%	99.0	.	106.0	79.0
Maximum	99.0	.	106.0	79.0

A3.Table 2.212. Descriptive statistics for haemoglobin (g/dL) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	6.0

Mean	57.5	122.7	54.2	53.4
SD	63.5	61.1	60.0	61.9
Minimum	11.3	14.7	11.5	9.8
5%	13.6	14.7	12.6	9.8
25%	15.0	135.0	14.0	14.2
50%	15.9	150.0	14.6	15.3
75%	141.0	157.0	139.0	125.0
95%	161.0	157.0	150.0	141.0
Maximum	172.0	157.0	150.0	141.0

A3.Table 2.213. Descriptive statistics for white blood cells ($\times 10^9/L$) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	6.4	6.0	5.8	6.1
SD	1.4	0.8	1.6	1.1
Minimum	3.9	4.9	3.1	4.6
5%	4.3	4.9	3.2	4.6
25%	5.6	5.5	4.6	5.2
50%	6.3	6.2	5.6	6.2
75%	7.0	6.4	6.4	6.6
95%	8.3	6.9	9.6	7.8
Maximum	11.6	6.9	9.9	7.8

A3.Table 2.214. Descriptive statistics for platelets ($\times 10^9/L$) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	6.0
Mean	237.2	229.6	267.7	216.2
SD	64.4	76.9	57.8	71.6
Minimum	121.0	147.0	151.0	146.0
5%	169.0	147.0	183.0	146.0
25%	202.0	190.0	218.0	165.0
50%	216.0	227.0	272.0	202.5
75%	254.0	231.0	311.0	233.0
95%	372.0	353.0	368.0	348.0

Maximum	422.0	353.0	400.0	348.0
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A3.Table 2.215. Descriptive statistics for haematocrit (%) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	44.7	45.0	41.9	40.0
SD	3.8	2.9	2.8	6.3
Minimum	34.8	41.1	34.1	28.6
5%	38.1	41.1	37.3	28.6
25%	43.2	43.9	40.9	37.9
50%	45.4	44.2	42.4	41.6
75%	47.5	47.7	43.5	44.2
95%	49.5	47.9	46.7	46.2
Maximum	51.5	47.9	48.0	46.2

A3.Table 2.216. Descriptive statistics for red blood cells (x10¹²/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	4.9	4.9	4.6	4.4
SD	0.5	0.3	0.3	0.9
Minimum	3.6	4.3	3.8	2.9
5%	4.0	4.3	3.9	2.9
25%	4.6	4.9	4.4	4.0
50%	4.9	4.9	4.6	4.5
75%	5.2	5.0	4.8	4.9
95%	5.6	5.2	5.1	5.6
Maximum	6.2	5.2	5.2	5.6

A3.Table 2.217. Descriptive statistics for mean corpuscular volume (fL) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+

N	41.0	5.0	38.0	5.0
Mean	91.9	92.7	91.3	91.7
SD	4.9	5.2	3.7	6.7
Minimum	73.0	84.5	84.3	83.0
5%	85.3	84.5	84.4	83.0
25%	89.0	91.0	89.0	87.0
50%	92.7	95.0	91.0	91.5
75%	95.0	95.0	93.1	97.2
95%	98.0	98.0	98.0	100.00
Maximum	100.0	98.0	101.0	100.0

A3.Table 2.218. Descriptive statistics for mean corpuscular haemoglobin (pg) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	31.0	30.8	30.8	31.0
SD	2.0	1.4	1.5	2.1
Minimum	22.9	28.3	27.9	28.4
5%	28.5	28.3	28.7	28.4
25%	29.9	30.8	29.9	28.9
50%	31.4	31.3	30.5	31.1
75%	32.2	31.4	31.8	33.1
95%	33.6	32.0	34.3	33.3
Maximum	35.1	32.0	34.3	33.3

A3.Table 2.219. Descriptive statistics for mean corpuscular haemoglobin concentration (g/dL) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	33.7	33.2	33.7	33.8
SD	1.0	0.5	0.8	0.7
Minimum	31.3	32.8	32.2	33.0
5%	32.1	32.8	32.3	33.0
25%	33.2	32.8	33.1	33.3
50%	33.5	32.9	33.7	33.8

75%	34.6	33.5	34.4	34.3
95%	35.2	33.9	35.1	34.8
Maximum	35.4	33.9	35.6	34.8

A3.Table 2.220. Descriptive statistics for RBC (red blood cell) distribution width (%) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	40.6	41.2	36.3	40.1
SD	13.0	15.3	14.5	11.9
Minimum	12.2	14.3	12.0	16.6
5%	12.9	14.3	12.4	16.6
25%	42.8	43.3	13.5	41.2
50%	44.9	48.6	43.2	43.8
75%	46.9	49.5	44.7	46.5
95%	49.5	50.4	50.7	48.9
Maximum	66.5	50.4	56.2	48.9

A3.Table 2.221. Descriptive statistics for mean platelet volume (fL) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	10.1	10.0	9.8	10.0
SD	1.2	2.6	1.2	1.3
Minimum	7.6	6.5	7.6	8.3
5%	8.2	6.5	7.8	8.3
25%	9.4	8.3	8.9	9.3
50%	10.3	10.8	10.0	9.8
75%	10.9	11.8	10.9	10.4
95%	11.5	12.7	11.7	12.3
Maximum	12.7	12.7	11.8	12.3

A3.Table 2.222. Descriptive statistics for neutrophils (x10⁹/L) by age group and

gender.				
ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	4.2	4.3	3.7	4.4
SD	1.2	1.1	1.3	0.9
Minimum	2.4	3.1	1.7	3.3
5%	2.7	3.1	1.8	3.3
25%	3.4	3.4	3.0	4.0
50%	4.2	4.3	3.5	4.2
75%	4.8	4.9	4.2	4.9
95%	6.1	5.8	6.3	5.8
Maximum	8.7	5.8	7.5	5.8

A3.Table 2.223. Descriptive statistics for total lymphocyte count (mm³/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	1610.7	1276.0	1676.6	1361.7
SD	431.2	222.8	817.1	424.6
Minimum	650.0	1070.0	720.0	830.0
5%	1020.0	1070.0	810.0	830.0
25%	1320.0	1150.0	1190.0	1000.0
50%	1620.0	1200.0	1565.0	1400.0
75%	1810.0	1320.0	1860.0	1510.0
95%	2400.0	1640.0	3000.0	2030.0
Maximum	2830.0	1640.0	5680.0	2030.0

A3.Table 2.224. Descriptive statistics for monocytes (x10⁹/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	0.4	0.4	0.3	0.3
SD	0.2	0.2	0.1	0.1

Minimum	0.2	0.2	0.1	0.1
5%	0.2	0.2	0.2	0.1
25%	0.3	0.2	0.2	0.1
50%	0.3	0.3	0.3	0.3
75%	0.5	0.5	0.4	0.3
95%	0.6	0.7	0.6	0.4
Maximum	1.0	0.7	0.6	0.4

A3.Table 2.225. Descriptive statistics for eosinophils (x10⁹/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	0.2	0.2	0.1	0.1
SD	0.1	0.1	0.1	0.1
Minimum	0.0	0.1	0.0	0.0
5%	0.1	0.1	0.1	0.0
25%	0.1	0.1	0.1	0.0
50%	0.1	0.1	0.1	0.1
75%	0.2	0.3	0.1	0.1
95%	0.3	0.4	0.3	0.2
Maximum	0.5	0.4	0.3	0.2

A3.Table 2.226. Descriptive statistics for basophils (x10⁹/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	0.1	0.0	0.1	0.0
SD	0.0	0.0	0.0	0.0
Minimum	0.0	0.0	0.0	0.0
5%	0.0	0.0	0.0	0.0
25%	0.0	0.0	0.0	0.0
50%	0.1	0.0	0.1	0.0
75%	0.1	0.1	0.1	0.0
95%	0.1	0.1	0.1	0.0
Maximum	0.1	0.1	0.1	0.0

A3.Table 2.227. Descriptive statistics for serum vitamin B12 (pmol/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	252.9	245.0	296.8	304.8
SD	90.4	90.4	124.8	223.2
Minimum	146.0	156.0	109.0	108.0
5%	162.5	156.0	127.0	108.0
25%	196.0	195.0	221.5	185.0
50%	234.0	217.0	274.0	227.5
75%	294.5	267.0	339.5	352.0
95%	373.5	390.0	632.0	729.0
Maximum	644.0	390.0	670.0	729.0

A3.Table 2.228. Descriptive statistics for serum folate (nmol/L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	38.0	5.0
Mean	14.9	11.6	16.7	20.2
SD	10.2	4.3	6.0	13.0
Minimum	5.2	5.5	9.4	12.3
5%	7.3	5.5	9.4	12.3
25%	10.3	10.2	12.1	12.4
50%	13.1	11.3	14.9	13.7
75%	15.6	14.5	21.4	24.0
95%	24.2	16.6	29.0	45.0
Maximum	71.0	16.6	30.4	45.0

A3.Table 2.229. Descriptive statistics for systolic blood pressure (mmHg) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+

N	41.0	5.0	38.0	5.0
Mean	147.4	147.0	149.9	137.8
SD	21.9	16.4	21.8	26.9
Minimum	110.0	125.0	110.0	90.0
5%	112.5	125.0	115.0	90.0
25%	130.0	140.0	130.0	130.0
50%	146.5	150.0	150.0	143.5
75%	160.0	150.0	170.0	150.0
95%	180.0	170.0	180.0	170.0
Maximum	215.0	170.0	190.0	170.0

A3.Table 2.230. Descriptive statistics for diastolic blood pressure (mmHg) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41.0	5.0	36.0	6.0
Mean	83.1	79.0	83.9	71.2
SD	8.8	8.9	9.3	11.3
Minimum	59.0	70.0	60.0	50.0
5%	67.5	70.0	70.0	50.0
25%	80.0	70.0	80.0	70.0
50%	82.5	80.0	82.5	73.5
75%	90.0	85.0	90.0	80.0
95%	97.5	90.0	100.0	80.0
Maximum	100.0	90.0	100.0	80.0

A3.Table 2.231. Descriptive statistics for total body water (L) by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	42.5	39.4	33.8	31.1
SD	4.4	2.3	4.7	6.2
Minimum	32.0	37.0	25.0	23.2
5%	33.6	37.0	26.3	23.2
25%	39.0	37.1	30.0	29.9
50%	44.0	39.8	34.0	30.0

75%	45.1	40.8	37.0	32.2
95%	50.2	42.3	43.2	40.6
Maximum	51.0	42.3	47.0	40.6

A3.Table 2.232. Descriptive statistics for arm skin rater 1 by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	2.28	2.5	1.8	2.8
SD	0.69	0.0	0.5	0.4
Minimum	1.00	2.5	1.0	2.5
5%	1.00	2.5	1.5	2.5
25%	2.00	2.5	1.5	2.5
50%	2.00	2.5	2.0	2.7
75%	3.00	2.5	2.0	3.2
95%	3.00	2.5	3.0	3.5
Maximum	4.00	2.5	3.0	3.5

A3.Table 2.233. Descriptive statistics for arm skin rater 2 by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	2.15	2.50	2.02	3.13
SD	0.65	.	0.52	0.48
Minimum	1.00	2.50	1.00	2.50
5%	1.50	2.50	1.50	2.50
25%	2.00	2.50	1.50	2.75
50%	2.00	2.50	2.00	3.25
75%	2.50	2.50	2.50	3.50
95%	3.00	2.50	2.50	3.50
Maximum	4.00	2.50	3.00	3.50

A3.Table 2.234. Descriptive statistics for hand skin rater 1 by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+

N	41	5	36	6
Mean	5.24	6.00	4.98	5.63
SD	0.80	.	0.98	0.48
Minimum	3.50	6.00	3.00	5.00
5%	4.00	6.00	3.00	5.00
25%	4.50	6.00	4.50	5.25
50%	5.50	6.00	5.25	5.75
75%	6.00	6.00	6.00	6.00
95%	6.00	6.00	6.00	6.00
Maximum	6.00	6.00	6.00	6.00

A3.Table 2.235. Descriptive statistics for hand skin rater 2 by age group and gender.

ACA	Men		Women	
	70 - 79	80+	70 - 79	80+
N	41	5	36	6
Mean	5.20	6.00	4.77	5.50
SD	0.81	.	0.95	0.41
Minimum	3.50	6.00	3.50	5.00
5%	4.00	6.00	3.50	5.00
25%	4.50	6.00	4.00	5.25
50%	5.50	6.00	4.75	5.50
75%	6.00	6.00	5.50	5.75
95%	6.00	6.00	6.00	6.00
Maximum	6.00	6.00	6.00	6.00

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A3.Table 2.236. Q5A. "Do you live with a grandchild?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	2.4	0.0	2.5	0.0
No	97.6	100.0	97.5	100.0
Number of subjects (n)	42	7	40	6

A3.Table 2.237. Q5B. "How old is the youngest grandchild that lives with you?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
< 6 years	2.4	0.0	0.0	0.0
6 - 12 years	0.0	0.0	0.0	0.0
12 - 18 years	0.0	0.0	0.0	0.0
None	97.6	100.0	100.0	100.0
Number of subjects (n)	42	7	40	6

A3.Table 2.238. Q8. "How many people live in this household, including yourself?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
None	2.3	0.0	0.0	0.0
1	16.3	42.9	35.7	28.6
2	76.7	57.1	61.9	42.9
3	2.3	0.0	2.4	0.0
4	0.0	0.0	0.0	14.3
5	2.3	0.0	0.0	0.0
Total (n)	43	7	42	7

A3.Table 2.239. Q9. "With whom do you live?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Partner	69.8	57.1	50.0	28.6
Children	11.6	0.0	11.9	14.3
Parents	4.7	0.0	0.0	0.0
Sisters/brothers	4.7	0.0	2.4	0.0
Others relatives	4.7	0.0	2.4	0.0
Friends	7.0	0.0	2.4	0.0
Boarders	4.7	0.0	0.0	14.3
Total (n)	43	7	42	7

A3.Table 2.240. Exercise score by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
1	0.0	0.0	0.0	0.0
2	7.2	14.3	9.5	28.6
3	2.4	28.6	2.4	14.3
4	11.9	28.6	19.0	42.9
5	28.6	28.6	33.3	14.3
6	45.2	0.0	28.6	0.0
7	4.8	0.0	7.1	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.241. Q22. "Do you use any of the following aids?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Use cane	0.0	42.9	7.5	50.0
Use walker	0.0	0.0	2.5	16.7
Use wheelchair	0.0	0.0	0.0	0.0
Use leg brace	0.0	0.0	0.0	0.0
Use back brace	0.0	0.0	0.0	0.0
Use hearing aid	23.8	57.1	7.5	16.7
Have pacemaker	0.0	0.0	0.0	0.0
Have colostomy	2.4	0.0	0.0	0.0
Have catheter	0.0	0.0	2.5	0.0
Use glasses	88.1	100.0	92.5	83.3
Use artificial limb	0.0	0.0	0.0	16.7
Number of subjects (n)	42	7	40	6

A3.Table 2.242. Q23A. "Do you have difficulty walking between rooms?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	0.0	0.0	0.0	0.0
With difficulty, no help	0.0	14.3	5.0	0.0

Without difficulty	100.0	85.7	95.0	100.0
Number of subjects (n)	42	7	40	6

A3.Table 2.243. Q23B. "Do you have difficulty using the stairs?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	2.4	0.0	2.5	16.7
With difficulty, no help	14.3	42.9	20.0	66.7
Without difficulty	83.3	57.1	77.5	16.7
Number of subjects (n)	42	7	40	6

A3.Table 2.244. Q23C. "Do you have difficulty walking at least 400 metres?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	0.0	0.0	5.0	33.3
With difficulty, no help	14.3	42.9	10.0	16.7
Without difficulty	85.7	57.1	85.0	50.0
Number of subjects (n)	42	7	40	6

A3.Table 2.245. Q23D. "Do you have difficulty getting to places out of walking distance, i.e. by bus, taxi?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	4.8	0.0	5.0	16.7
With difficulty, no help	7.1	28.6	10.0	33.3
Without difficulty	88.1	71.4	85.0	50.0
Number of subjects (n)	42	7	40	6

A3.Table 2.246. Q23E. "Do you have difficulty using the toilet?" by age group and gender.

ACA	Men (%)	Women (%)
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	70 - 79	80+	70 - 79	80+
Cannot do it, need help	0.0	0.0	0.0	0.0
With difficulty, no help	2.4	0.0	2.5	0.0
Without difficulty	97.6	100.0	97.5	100.0
Number of subjects (n)	42	7	40	6

A3.Table 2.247. Q23F. "Do you have difficulty washing and bathing yourself?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	0.0	0.0	0.0	0.0
With difficulty, no help	0.0	0.0	2.5	0.0
Without difficulty	100.0	100.0	97.5	100.0
Number of subjects (n)	42	7	40	6

A3.Table 2.248. Q23G. "Do you have difficulty dressing and undressing?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	0.0	0.0	0.0	0.0
With difficulty, no help	0.0	0.0	2.5	0.0
Without difficulty	100.0	100.0	97.5	100.0
Number of subjects (n)	42	7	40	6

A3.Table 2.249. Q23H. "Do you have difficulty taking care of your appearance?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	0.0	0.0	0.0	0.0
With difficulty, no help	0.0	0.0	2.5	0.0
Without difficulty	100.0	100.0	97.5	100.0
Number of subjects (n)	42	7	40	6

A3.Table 2.250. Q23I. "Do you have difficulty getting in and out of bed?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	2.4	0.0	0.0	0.0
With difficulty, no help	0.0	0.0	2.5	0.0
Without difficulty	97.6	100.0	97.5	100.0
Number of subjects (n)	42	7	40	6

A3.Table 2.251. Q23J. "Do you have difficulty doing your own cooking (if you had to)?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	0.0	28.6	0.0	0.0
With difficulty, no help	2.4	0.0	2.5	0.0
Without difficulty	97.6	71.4	97.5	100.0
Number of subjects (n)	42	7	40	6

A3.Table 2.252. Q23K. "Do you have difficulty feeding yourself?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	0.0	0.0	0.0	0.0
With difficulty, no help	0.0	0.0	2.5	0.0
Without difficulty	100.0	100.0	97.5	100.0
Number of subjects (n)	42	7	40	6

A3.Table 2.253. Q23L. "Do you have difficulty doing light housework?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	0.0	0.0	0.0	16.7
With difficulty, no help	2.4	0.0	2.5	16.7
Without difficulty	97.6	100.0	97.5	66.7

Number of subjects (n)	42	7	40	6
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A3.Table 2.254. Q23M. "Do you have difficulty doing heavy housework?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Cannot do it, need help	7.1	42.9	2.5	33.4
With difficulty, no help	9.5	28.6	22.5	33.3
Without difficulty	83.3	28.6	75.0	33.3
Number of subjects (n)	42	7	40	6

A3.Table 2.255. Q24. "Are there occasions when you do not get to the toilet on time to pass water?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	81.0	28.6	55.0	33.3
Occasionally	16.7	71.4	35.0	66.7
Frequently	2.4	0.0	10.0	0.0
Number of subjects (n)	42	7	40	6

A3.Table 2.256. Q25. "Are there occasions when you do not get to the toilet on time to empty your bowel?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	97.6	71.4	85.0	100.0
Occasionally	2.4	28.6	10.0	0.0
Frequently	0.0	0.0	5.0	0.0
Number of subjects (n)	42	7	40	6

A3.Table 2.257. Q26. "Who is your main helper?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+

Spouse/partner	73.8	57.1	47.5	33.3
Your child/ren	7.1	14.3	27.5	0.0
Friend/relative	2.4	0.0	5.0	0.0
Neighbour	7.1	14.3	0.0	16.7
Welfare/voluntary help	0.0	14.3	0.0	0.0
Paid help	0.0	0.0	2.5	33.3
No help	9.5	0.0	17.5	16.7
Number of subjects (n)	42	7	40	6

A3.Table 2.258. Q27. "What time do you normally go to bed at night?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
8.00 PM	2.4	28.6	5.0	16.7
9.00 PM	23.8	14.3	20.0	0.0
10.00 PM	35.7	28.6	30.0	50.0
Later than 11.00 PM	26.2	28.6	45.0	16.7
Number of subjects (n)	42	7	40	6

A3.Table 2.259. Q28. "About how often do you get out of your house/building in good weather?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	0.0	0.0	0.0	0.0
Less than once a month	0.0	0.0	0.0	0.0
2 or 3 days a month	0.0	14.3	0.0	16.7
Once a week	0.0	0.0	5.0	16.7
2-4 days a week	11.9	14.3	20.0	0.0
5 days a week or more	88.1	71.4	75.0	66.7
Number of subjects (n)	42	7	40	6

A3.Table 2.260. Q38. "Do you do any shopping for food?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	81.0	71.4	97.5	66.7

No	19.0	28.6	2.5	33.3
Number of subjects (n)	42	7	40	6

A3.Table 2.261. Q38A. "Why do you not shop for food?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Someone else goes	19.0	28.6	2.5	0.0
Too weak to go	0.0	0.0	0.0	16.7
Shops too far away	0.0	0.0	0.0	16.7
I do shop for food	81.0	71.4	97.5	66.7
Number of subjects (n)	42	7	40	6

A3.Table 2.262. Q38B. "Who goes shopping for food for you?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Spouse	19.0	28.6	2.5	0.0
Child	0.0	0.0	0.0	0.0
Grandchild	0.0	0.0	0.0	0.0
Friend/relative	0.0	0.0	0.0	16.7
Neighbour	0.0	0.0	0.0	16.7
Paid help	0.0	0.0	0.0	0.0
I go shopping	81.0	71.4	97.5	66.7
Number of subjects (n)	42	7	40	6

A3.Table 2.263. Q39. House facilities by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Have stove	97.6	100.0	100.0	83.3
Have oven	100.0	100.0	100.0	83.3
Have fridge	100.0	100.0	100.0	83.3
Have TV	100.0	100.0	100.0	100.0
Have radio	100.0	100.0	100.0	100.0
Have telephone	100.0	100.0	100.0	100.0
Have toilet	100.0	100.0	100.0	100.0

Have hot water	100.0	100.0	100.0	100.0
Have microwave	47.6	42.9	47.5	16.7
Have freezer	73.8	42.9	55.0	33.3
Number of subjects (n)	43	7	42	7

A3.Table 2.264. Q49. "Have you ever smoked regularly, at least one cigarette a day?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	81.4	100.0	19.0	0.0
No	18.6	0.0	81.0	100.0
Number of subjects (n)	43	7	42	7

A3.Table 2.265. Q50. "Have you ever drunk alcohol regularly (i.e. at least once a month)?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	90.7	85.7	45.2	28.6
No	9.3	14.3	54.8	71.4
Number of subjects (n)	43	7	42	7

A3.Table 2.266. Q6. "Do you have difficulty with sleep?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	26.2	0.0	45.0	50.0
No	73.8	100.0	55.0	50.0
Number of subjects (n)	42	7	40	6

A3.Table 2.267. Q7. "Do you find you are sleeping too much?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+

Yes	2.4	28.6	0.0	0.0
No	97.6	71.4	100.0	100.0
Number of subjects (n)	42	7	40	6

A3.Table 2.268. Q51. "How many hours on average do you sleep per day?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
None	4.7	-	9.5	28.6
1 hour	2.3	-	-	-
4 hours	2.3	-	2.4	-
5 hours	7.0	-	11.9	14.3
6 hours	9.3	14.3	11.9	-
7 hours	25.6	28.6	33.3	-
8 hours	39.5	28.6	21.4	28.6
9 hours	4.7	-	7.1	-
10 hours	2.3	-	-	28.6
11 hours	2.3	14.3	-	-
12 hours	-	14.3	2.4	-
Number of subjects (n)	43	7	42	7

A3.Table 2.269. Q52. "Do you have the habit of napping a few times a week?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	55.8	57.1	33.3	42.9
No	44.2	42.9	64.3	57.1
Unknown	-	-	2.4	-
Number of subjects (n)	43	7	42	76

A3.Table 2.270. Q54A. "In the past year, how often have you been to the movies/theatre/concerts/seminars?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	44.2	42.9	19.0	57.2

<= 3 times/year	27.9	28.6	35.7	28.6
<= 1 time/month	25.6	28.6	38.1	14.3
<= 1 time/week	2.3	0.0	7.2	0.0
>= times/week	0.0	0.0	0.0	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.271. Q54B. "In the past year, how often have you gone to a sporting event as a spectator?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	64.3	100.0	0.0	0.0
<= 3 times/year	16.7	0.0	0.0	0.0
<= 1 time/month	11.9	0.0	0.0	0.0
<= 1 time/week	7.1	0.0	0.0	0.0
>= 2 times/week	0.0	0.0	0.0	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.272. Q54C. "In the past year, how often have you participated in a leisure sport e.g. fishing, horseriding, kite flying, sailing?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Total (N)	43	7	42	7
Total (N)	43	7	42	7
Never	60.4	57.1	97.6	100.0
<= 3 times/year	14.0	28.6	0.0	0.0
<= 1 time/month	11.6	0.0	2.4	0.0
<= 1 time/week	2.3	14.3	0.0	0.0
>= 2 times/week	11.6	0.0	0.0	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.273. Q54D. "In the past year, how often have you participated in a sport for fitness e.g. tennis, jogging, team sports, gym, aerobics?" by age group and gender.

ACA	Men (%)	Women (%)
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	70 - 79	80+	70 - 79	80+
Never	74.4	71.4	61.9	100.0
<= 3 times/year	2.3	0.0	2.4	0.0
<= 1 time/month	2.3	0.0	7.1	0.0
<= 1 time/week	11.7	0.0	9.5	0.0
>= 2 times/week	9.3	28.6	19.1	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.274. Q54E. "In the past year, how often have you played cards, bingo, billiards, chess, darts?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	57.3	42.9	52.4	57.2
<= 3 times/year	4.7	28.6	7.1	0.0
<= 1 time/month	20.9	28.6	23.8	14.3
<= 1 time/week	7.0	0.0	11.9	28.6
>= 2 times/week	4.7	0.0	4.8	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.275. Q54F. "In the past year, how often have you taken care of house plants or done gardening?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	9.3	0.0	16.7	42.9
<= 3 times/year	0.0	0.0	4.8	0.0
<= 1 time/month	4.6	0.0	4.8	0.0
<= 1 time/week	30.3	57.2	23.8	14.3
>= 2 times/week	55.8	42.9	50.0	42.9
Number of subjects (n)	43	7	42	7

A3.Table 2.276. Q54G. "In the past year, how often have you worked on a hobby e.g. sewing, woodwork?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	55.8	42.9	23.8	57.2

<= 3 times/year	9.3	14.3	2.4	14.3
<= 1 time/month	7.0	14.3	11.9	0.0
<= 1 time/week	9.4	14.3	33.4	14.3
>= 2 times/week	18.6	14.3	28.6	14.3
Number of subjects (n)	43	7	42	7

A3.Table 2.277. Q54H. "In the past year, how often have you painted pictures or played a musical instrument?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	95.3	71.4	92.9	71.4
<= 3 times/year	0.0	0.0	0.0	0.0
<= 1 time/month	2.3	14.3	2.4	14.3
<= 1 time/week	0.0	0.0	2.4	0.0
>= 2 times/week	2.3	14.3	2.4	14.3
Number of subjects (n)	43	7	42	7

A3.Table 2.278. Q54I. "In the past year, how often have you watched TV or listened to the radio?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	4.6	14.3	0.0	14.3
<= 3 times/year	0.0	0.0	0.0	0.0
<= 1 time/month	0.0	0.0	0.0	0.0
<= 1 time/week	2.3	0.0	2.4	0.0
>= 2 times/week	93.0	85.7	97.6	85.7
Number of subjects (n)	43	7	42	7

A3.Table 2.279. Q54J. "In the past year, how often have you looked after animals/pets?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	60.5	57.1	54.8	100.0
<= 3 times/year	4.7	28.6	4.8	0.0
<= 1 time/month	4.6	0.0	2.4	0.0

<= 1 time/week	2.3	0.0	0.0	0.0
>= 2 times/week	27.9	14.3	38.1	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.280. Q54K. "In the past year, how often have you read books, newspapers, magazines?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	9.3	42.9	4.8	14.3
<= 3 times/year	0.0	0.0	0.0	0.0
<= 1 time/month	2.3	0.0	2.4	0.0
<= 1 time/week	2.3	0.0	2.4	0.0
>= 2 times/week	86.0	57.2	90.5	85.7
Number of subjects (n)	43	7	42	7

A3.Table 2.281. Q55A. "In the past year, how often have you gone to a senior centre or attended a senior citizen's group?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	93.0	100.0	78.6	57.2
<= 3 times/year	0.0	0.0	4.8	0.0
<= 1 time/month	0.0	0.0	2.4	28.6
<= 1 time/week	4.7	0.0	11.9	14.3
>= 2 times/week	2.3	0.0	2.4	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.282. Q55B. "In the past year, how often have you attended a church congregation?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	51.1	28.6	33.3	42.9
<= 3 times/year	20.9	57.1	23.8	0.0
<= 1 time/month	2.3	0.0	2.4	0.0
<= 1 time/week	20.9	0.0	38.1	57.2
>= 2 times/week	4.6	14.3	2.4	0.0

Number of subjects (n)	43	7	42	7
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A3.Table 2.283. Q55C. "In the past year, how often have you gone to meetings of a group or club?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	30.2	57.1	33.3	85.7
<= 3 times/year	11.6	0.0	7.1	0.0
<= 1 time/month	25.6	42.9	35.7	14.3
<= 1 time/week	25.6	0.0	16.7	0.0
>= 2 times/week	7.0	0.0	7.2	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.284. Q55D. "In the past year, how often have you eaten out at a restaurant for a special occasion with friends or family?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	18.6	14.3	7.1	42.9
<= 3 times/year	25.6	14.3	26.2	28.6
<= 1 time/month	48.9	71.5	59.5	14.3
<= 1 time/week	7.0	0.0	7.1	14.3
>= 2 times/week	0.0	0.0	0.0	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.285. Q55E. "In the past year, how often have you met up with friends at a coffee shop, pub?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	62.8	57.1	45.3	100.0
<= 3 times/year	23.3	42.9	11.9	0.0
<= 1 time/month	9.3	0.0	33.3	0.0
<= 1 time/week	4.7	0.0	9.6	0.0
>= 2 times/week	0.0	0.0	0.0	0.0

Number of subjects (n)	43	7	42	7
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A3.Table 2.286. Q55F. "In the past year, how often have you gone dancing at a night club, disco, ballroom, etc.?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	81.4	85.7	88.1	100.0
<= 3 times/year	18.6	14.3	7.1	0.0
<= 1 time/month	0.0	0.0	2.4	0.0
<= 1 time/week	0.0	0.0	0.0	0.0
>= 2 times/week	0.0	0.0	2.4	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.287. Q55G. "In the past year, how often have you visited friends at home?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	9.3	14.3	16.7	42.9
<= 3 times/year	7.0	0.0	14.3	14.3
<= 1 time/month	51.1	71.4	40.5	42.9
<= 1 time/week	30.3	14.3	23.8	0.0
>= 2 times/week	2.3	0.0	4.8	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.288. Q55H. "In the past year, how often have you baby-sat for children?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	53.5	85.7	52.4	100.0
<= 3 times/year	20.9	0.0	9.5	0.0
<= 1 time/month	11.6	14.3	26.2	0.0
<= 1 time/week	11.7	0.0	7.2	0.0
>= 2 times/week	2.3	0.0	4.8	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.289. Q55I. "In the past year, how often have you left home to go for a short stay at a friend's house?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	58.1	85.7	64.3	57.2
<= 3 times/year	32.6	14.3	26.2	42.9
<= 1 time/month	9.3	0.0	7.2	0.0
<= 1 time/week	0.0	0.0	2.4	0.0
>= 2 times/week	0.0	0.0	0.0	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.290. Q55J. "In the past year, how often have you gone out of town for a holiday?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	16.3	14.3	21.4	71.4
<= 3 times/year	69.8	85.7	66.7	28.6
<= 1 time/month	13.9	0.0	11.9	0.0
<= 1 time/week	0.0	0.0	0.0	0.0
>= 2 times/week	0.0	0.0	0.0	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.291. Q55K. "In the past year, how often have you done volunteer work?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Never	44.2	71.4	52.4	85.7
<= 3 times/year	14.0	14.3	9.5	0.0
<= 1 time/month	11.6	0.0	9.6	0.0
<= 1 time/week	13.9	0.0	21.4	14.3
>= 2 times/week	16.3	14.3	7.2	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.292. Q56. "Is there anyone in particular in whom you confide or talk to about your problems?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	67.4	14.3	73.8	85.7
No	32.5	85.7	26.2	14.3
Number of subjects (n)	43	7	42	7

A3.Table 2.293. Q57. "Do you have any living brothers or sisters?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	79.1	71.4	88.1	42.9
No	13.9	28.6	7.1	42.9
I am the only child	7.0	0.0	4.8	14.3
Number of subjects (n)	43	7	42	7

A3.Table 2.294. Q58. "Are there any other relatives to whom you feel very close?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	72.1	71.4	85.7	85.7
No	27.9	28.6	14.3	14.3
Number of subjects (n)	43	7	42	7

A3.Table 2.295. Q59. "About how often do you receive visits from close family or friends, including neighbors and work mates?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Rarely	11.6	14.3	16.7	0.0
Monthly	18.6	42.9	21.4	14.3
Fortnightly	11.6	14.3	14.3	0.0
Weekly	44.2	28.6	35.7	71.4

Daily	14.0	0.0	11.9	14.3
Number of subjects (n)	43	7	42	7

A3.Table 2.296. Q60. "How often do you visit close family or friends, including neighbors and work mates?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Rarely	4.7	28.6	14.3	28.6
Monthly	27.9	28.6	21.4	14.3
Fortnightly	14.0	28.6	11.9	28.6
Weekly	48.8	14.3	42.9	28.6
Daily	4.7	0.0	9.5	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.297. Q61. "How often do you speak to family or friends, including neighbors and work mates on the telephone?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Rarely	7.0	28.6	4.8	0.0
Monthly	11.6	0.0	2.4	0.0
Fortnightly	4.7	0.0	4.8	14.3
Weekly	55.8	57.1	45.2	57.1
Daily	20.9	14.3	42.9	28.6
Number of subjects (n)	43	7	42	7

A3.Table 2.298. Q62. "How often do you write letters to family or friends?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Rarely	69.8	85.7	54.8	57.1
Monthly	23.3	14.3	31.0	14.3
Fortnightly	7.0	0.0	4.8	28.6
Weekly	0.0	0.0	9.5	0.0
Daily	0.0	0.0	0.0	0.0

Number of subjects (n)	43	7	42	7
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A3.Table 2.299. Q63. "If you live alone and need help during a sickness would you stay with family or friends for a short while?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
I don't live alone	72.1	57.1	54.8	71.4
Yes	16.3	28.6	26.2	14.3
No	11.6	14.3	19.0	14.3
Number of subjects (n)	43	7	42	7

A3.Table 2.300. Q64. "Do you have family or friends, including neighbors or work mates, that would help you if you needed it, e.g. for a sickness?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Yes	97.7	100.0	100.0	100.0
No	2.3	0.0	0.0	0.0
Number of subjects (n)	43	7	42	7

A3.Table 2.301. Q65. "Do you feel lonely?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Always	0.0	0.0	0.0	0.0
Often	4.7	28.6	2.4	0.0
Sometimes	16.3	14.3	31.0	28.6
Never/rarely	79.1	57.1	66.7	71.4
Number of subjects (n)	43	7	42	7

A3.Table 2.302. Q66. "Do you believe your family and friends, including neighbors and work mates, respect and acknowledge you?" by age group and gender.

ACA	Men (%)		Women (%)	
	70 - 79	80+	70 - 79	80+
Always	76.7	42.9	71.4	85.7
Often	20.9	57.1	14.3	14.3
Sometimes	2.3	0.0	11.9	0.0
Never/rarely	0.0	0.0	2.4	0.0
Number of subjects (n)	43	7	42	7

