Book Review

Nutrition Promotion: Theories and methods, systems and settings

Edited by Tony Worsley
Published by ALLEN & UNWIN and Oxford University Press, 2008
ISBN: 978-1-741-75241-0
ISBN: 978-1-845-93463-7

It is increasingly uncommon to have a scholarly book in a multidisciplinary realm like that of nutrition promotion, its science, social contexts and settings, and its educational and behavioural dimensions, which is single author. Tony Worsley has achieved this with excellence. It is noteworthy that he has recently co-edited a multi-author textbook on Public Health Nutrition, also published by Allen and Unwin.

The present volume draws on an extensive career in the behavioural and nutritional sciences with a particular interest in food choice and health-seeking characteristics. It has methodological depth, provides much support for the conclusions and recommendations drawn, and contains numerous illustrations of relevant evidence and its applications. At times, as is the nature of any field which is scientifically active and indeed controversial, constructs are offered where the basis is both evidential and deductive. But the reader is able, by and large, to discern the differences in derivations of the ultimate conclusions. This is typified by the approach to settings for nutrition promotion (communities, schools, worksites, hospital and health service programs, the retail sector and the media); Relevant studies are reviewed and critically integrated into a policy framework. The book therefore has great utility for teachers, community and health workers and policy makers, and even individuals if they were in a position to find the book and read the gems of interest to themselves.

Perhaps the over-riding sense one has of the book is its optimism about what might be achieved through nutrition promotion, in an era when there seems to be gloom about trends in nutritional status.

By Mark L Wahlqvist

Future Events

April 1-4, 2009
3rd International Congress on Prediabetes and the Metabolic Syndrome, Nice, France
http://www.kenes.com/prediabetes/mailshots/ms2.htm?ref2=db1

April 7-8, 2009
Frontiers in Adipose Tissue Biology, Meeting hosted by the Nutrition Society Scottish Section, Royal Society of Edinburgh
www.nutritionssociety.org

April 18-19, 2009
Unite for Sight: Achieving Global Goals Through Innovation, Yale University, Connecticut, USA
http://www.uniteforsight.org/conference

April 23-25 2009
American Overseas Dietetic Association Conference 2009 (AODA 2009), Crowne Plaza Mutiara, Kuala Lumpur, Malaysia
www.EatrightOverseas.org

May 12-15, 2009
2nd Micronutrient Forum: Micronutrients, Health, and Development: Evidence–based Programs
Beijing, China
www.micronutrientforum.org

May 24-29, 2009
Africa Forum 2009: Successful practices in integrated HIV/AIDS and food and nutrition security (FNS) programming, Malawi, Africa
www.projectconcern.org

June 4-7, 2009
7th International Conference on Diet and Activity Methods - ICDAM7
http://www.icdam.org

June 8-12, 2009
www.foodandfunction.com

June 17-19, 2009
Dietary Management of (Inflammatory) Disease (Dates and title to be confirmed), Queen’s University, Belfast, Northern Ireland
www.nutritionssociety.org

June 29-July 2, 2009
Over and Undernutrition: Challenges and Approaches The Nutrition Society Annual Summer Meeting, University of Surrey, UK
www.nutritionssociety.org

August 12-16, 2009
10th CAPGAN Conference on Diarrhoea and Malnutrition, Blantyre, Malawi
www.capgan.org

September 7–18, 2009
International Course in Nutritional Epidemiology, London, England
http://www1.imperial.ac.uk/medicine/teaching/shortcourses/se_epidemiology/nutritionalepidemiology/

September 27–30, 2009
World Congress On Oils and Fats & 28th ISF Congress, Sydney Convention & Exhibition Centre, Sydney, Australia
http://www.isfsydney2009.com
October 4-9, 2009
19th International Congress of Nutrition 2009, Nutrition Security for All BITEC, Bangkok, Thailand
http://www.icn2009.com

October 11-24, 2009
Production and use of food composition data in nutrition (9th edition), Wageningen, The Netherlands
http://www.vlaggraduateschool.nl/eduvlco.html

October 18-21, 2009
7th Euro Fed Lipid Congress "Lipids, Fats and Oils: From Knowledge to Application", Graz, Austria
http://www.eurofedlipid.org/meetings/graz/index.htm

November 12-14, 2009
1st Congress of Fatty Liver and Metabolic Syndrome, Budapest, Hungary
http://www.akcongress.com/

December 10-12, 2009
4th Shanghai International Congress & Exhibition on Nutrition, Fitness and Health (NFH 2009), Shanghai, China
http://nfh.sstec.com.cn

Important Deadlines:
20th April 2009
Notification of Abstract Selection
4th July 2009
Deadline for Early-Bird Registration
20th September 2009
Deadline for Regular Registration