

Asia Pacific Clinical Nutrition Society

Award for 2013

Professor Jim Mann CNZM, PhD, DM, FRACP, FFPHM, FRSNZ

Human Nutrition and Medicine, University of Otago, Dunedin, New Zealand



Jim was born in South Africa and educated there and in England. Graduating from Medicine from the University of Cape Town and Oxford, he had the opportunity of experiencing the contrasting patterns of disease in affluent and impoverished societies and was impressed by the extent to which inappropriate nutrition contributed to the major health issues in both.

From the earliest stage of his career, he was keen to combine a career in clinical medicine with the study of nutrition which had started when he worked for his PhD under the supervision of Professor Stewart Truswell. Most of his early professional life was spent in Oxford where he worked as a researcher, lecturer, junior doctor and later physician.

The opportunity which arose 25 years ago to move to the University of Otago, New Zealand, as a Professor of Human Nutrition and Medicine, was irresistible and he has filled these positions as well as working as a consultant physician (Endocrinology) in Dunedin Hospital ever since.

He is also the Director of the Edgar National Centre for Diabetes and Obesity Research and the World Health Organisation (WHO) Collaborating Centre for Human Nutrition. His research and clinical work have principally been in the fields of lipids and carbohydrates as they relate to coronary heart disease and diabetes and in the field of obesity. He is a principal investigator for the Riddet Institute, a national Centre of Research Excellence at Massey University, Palmerston North.

He has been author and coauthor of over 300 papers published in peer reviewed journals and written and edited several textbooks and popular books, most recently the "Essentials of Human Nutrition", the 4th Edition having been published by Oxford University Press in January 2012.

As Principal Investigator he was awarded the international Bristol-Myers Squibb/Mead Johnson Unrestricted Grant for Human Nutrition, was the third recipient of the University of Otago Distinguished Research Medal in 2002 and in 2004 he received the Sir Charles Hercus Medal of the Royal Society of New Zealand. He was appointed a Companion of the New Zealand Order of Merit for services to Medicine in 2003. He was also awarded the Distinguished Researcher Award from the Dunedin School of Medicine for 2005. He has been involved with national and international government and nongovernmental organisations (including WHO, IDF, IUNS, EASD and WCRF) in guideline development relating to diabetes, cardiovascular disease, cancer and nutrition.

His contributions to the nutritionally-related health problems of the peoples in the Asia Pacific region more than fulfill the criteria for the Asia Pacific Clinical Nutrition Society Award in 2013

Citation By
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President
Asia Pacific Clinical Nutrition Society

